

FOLIO SYRUP

Ivy Leaf Extract Syrup 7mg/ml

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What Folio Syrup is used for

Folio Syrup contains the active ingredient ivy leaf extract. It is a traditional herbal medicinal product used to relieve throat irritation, cough, and reducing phlegm.

How Folio Syrup works

The mechanism of action of the dried leaves of ivy, *Hedera Helix* is not known.

Before you use Folio Syrup

- When you must not use it

If you are allergic (hypersensitive) to the ivy leaf and other ingredients of the syrup.

- Before you start to use it

Contact your doctor or pharmacist if you have any doubts.

- Taking other medicines

Studies investigating the effects of Folio Syrup on other medicines have not been performed. Please tell your doctor or pharmacist if you are taking/using or have recently taken/used any other medicines, including medicines obtained without a prescription.

Pregnancy and Breast-feeding

Ask your doctor or pharmacist for advice before taking any medicine. The safety of this product during pregnancy and breast-feeding has not been established, therefore the use of this product during pregnancy and breast-feeding is only allowed if the potential benefit justifies the potential risk.

How to use Folio Syrup

Folio Syrup is for oral use only. Always use Folio Syrup exactly as directed by your doctor or pharmacist only. Do not exceed the stated dose. You should check with your doctor or pharmacist if you are not sure. Shake the bottle well each time before use.

- How much to use it

Adolescents, Adults, Elderly:

5 ml 3 times daily

Children between 6-11 years:

2.5 ml three times daily

Children between 2-5 years:

1.5 ml 3 times daily

The use in children under 2 years of age is contraindicated.

- When to use it

This medicine should be taken after meal. Shake the bottle well each time before use.

- How long to use it

Use as directed by your doctor or pharmacist.

- If you forget to use it

- If you forget a dose, take it as soon as you remember it.
- However, if it is nearly time for the next dose, skip the missed dose.
- Do not take a double dose to make up for a forgotten dose.

- If you use too much (Overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

While you are using Folio Syrup

- Things you must do

Persistent cough in children between 2-4 years of age requires medical diagnosis from doctor before treatment with Folio Syrup.

You must consult to your doctor or pharmacist when dyspnoea, fever, or purulent sputum occurs.

Contact your doctor or pharmacist if your symptoms worsen or they persist longer than one week during the use of Folio Syrup. If you do become pregnant whilst taking Folio Syrup, tell your doctor.

- Things you must not do

Do not take Folio Syrup without medical advice if you are using opiate antitussives such as codeine or dextromethorphan.

Do not give Folio Syrup to anyone else, even if their symptoms seem similar or they have the same condition as you. Your doctor has prescribed Folio Syrup for you and your condition.

- Things to be careful of

Caution should be taken for patients with gastritis or gastric ulcer.

This is a traditional medicine. This medicine should generally be taken after consulting your doctor.

Side Effects

Like all medicines, Folio Syrup can have side effects, although not everybody gets them. The following side effects may happen with this medicine:

- Gastro intestinal reactions such as nausea, vomiting and diarrhea.
- Allergic reactions including urticaria, skin rash and dyspnea.

If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

Consult your doctor or pharmacist if you are in doubt or for any further information.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website npa.moh.gov.my (Public→Reporting Medical Problems/ Side Effects/ AEFI/ Vaccine Safety)

Storage and Disposal of Folio Syrup

- Storage

Do not use after the expiry date stated on the pack. The expiry date refers to the last day of that month.

Do not store above 30°C. Store in the original package and in a dry place. Protect from light.

Keep out of the reach and sight of children.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

- What it looks like

Brownish green colour syrup with peppermint flavour.

- Ingredients

- Active ingredient

Ivy Leaf Extract (*Hedera helix*)

- Inactive ingredients

Propylene Glycol, Xanthan Gum,
Citric Acid Hydrous, Sodium Citrate,
Sucralose, Methylparaben,
Propylparaben, Peppermint flavour.

- MAL number:

Manufacturer and Product Registration Holder

Malaysian Pharmaceutical Industries
Sdn. Bhd.

Plot 14, Lebuhraya Kampung Jawa,
11900 Bayan Lepas, Penang, Malaysia.

Date of Revision

10/07/2017