

# CLOBESOL OINTMENT 0.05% w/w

Clobetasol Propionate 0.05% w/w

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## What Clobesol Ointment 0.05% w/w is used for

It is used in short courses for the treatment of more resistant dermatoses such as psoriasis, eczemas, lichen planus, discoid lupus erythematosus and other conditions which do not respond satisfactorily to less active steroids.

## How Clobesol Ointment 0.05% w/w works

Clobesol Ointment is a type of topical steroids. "Topical" means it is put on the skin. It works by reducing redness and itchiness of certain skin problems.

## Before you use Clobesol Ointment 0.05% w/w

### - When you must not use it

If you are planning to use it for the treatment of:-

- untreated cutaneous infections caused by fungi or bacteria,
- viral skin infections like herpes simplex and chicken pox.
- Using it around the anus (back passage) or genitals (private parts)
- Using it on the face where the skin thins easily
- Using it on a child under one year of age
- Letting it get into the eyes as glaucoma (increased pressure in the eyes) might occur.
- Using it for long periods of time. You should discuss with your

doctor if no improvement is seen after 4 weeks of treatment.

### - Before you start to use it

You must tell your doctor if:

- You are allergic (hypersensitive) to Clobetasol Propionate or any of the other ingredients of Clobesol Ointment 0.05% w/w.
- You have acne or a condition called rosacea (severe flushing of the skin on and around the nose) or perioral dermatitis (spotty red rash around the mouth).
- You have a skin condition called Psoriasis.
- you are pregnant, trying to become pregnant or breast-feeding.

Skin should be cleansed before fresh dressing is applied to prevent bacterial infections since moist and warm skin conditions may cause bacterial build up.

### Pregnancy and breast-feeding

Safety of its use during pregnancy and breastfeeding have not been established. Women who are pregnant and breastfeeding should consult a doctor before use.

If used during breastfeeding, the ointment should not be applied to the breasts to avoid accidental ingestion by the infant.

Administration of Clobesol Ointment during pregnancy and lactation should only be considered if the expected benefit to the mother outweighs the risk to the infants.

### - Taking other medicines

Always inform your doctor and pharmacist if you are taking any other medicines, including herbal tonics, supplements and medicines that you buy without prescription.

## How to use Clobesol Ointment 0.05% w/w

Always take this medicine exactly as your doctor or pharmacist has told you. You should check with your doctor or pharmacist if you are not sure. Do not take this medicine by mouth. This medicine is only for topical application.

### - How much to use

Apply Clobesol Ointment gently and sparingly to the affected areas once or twice daily until improvement occurs, as directed by your doctor or pharmacist.

### - When to use it

Use Clobesol Ointment exactly as your doctor or pharmacist tells you to use it. Clobesol Ointment is for skin use only.

### - How long to use it

The duration of the treatment depends upon the type of condition. You should apply the ointment for as long as your doctor or pharmacist recommends it.

### - If you forget to use it

- If you forget a dose, take it as soon as you remember it.
- However, if it is nearly time for the next dose, skip the missed dose.
- Do not take a double dose to make up for a forgotten dose.

### - If you use too much (Overdose)

Acute overdosage is unlikely to occur. Chronic overdosage or misuse may cause features of hypercorticism and in this situation topical steroids should be discontinued gradually under medical supervision.

## While you are using it

### - Things you must do

Check with your doctor or pharmacist before taking this medicine and take it as prescribed by your doctor.

- Things you must not do

Do not give Clobesol Ointment 0.05% w/w to anyone else, even if their symptoms seem similar or they have same condition as you. Your doctor has prescribed Clobesol Ointment 0.05% w/w for you and your condition only.

- Things to be careful of

- In infants, the napkin may act as an occlusive dressing and hence, absorption can be increased.
- Use special care to apply the correct amount to children as children can absorb more medication through their skin.
- If you have concerns or worries, discuss them with your doctor.

**Side Effects**

Like all medicines, Clobesol Ointment 0.05% w/w can have side effects, although not everybody gets them. These includes:

- Allergic reaction – if you experience swelling of the eyelids, face or lips, stop using the medication immediately and consult your doctor.
- Changes in the skin where medication is applied such as thinning effect, appearance of blood vessels and changes in colour or the amount of hair. This normally will only occur if you use too much or use it for too long due to absorption of medication into the bloodstream. This is not a problem if the right amount of medication and for the correct period of time applied.
- Local allergic reactions such as redness of the skin, rash, itching, hives (itchy rash) and local skin burning may occur at the site of application and may be similar to the symptoms of the skin disease being treated. If symptoms persist, stop using the medication immediately and consult your doctor.
- If large amounts are used for very long periods, signs of adrenal suppression may be seen, which include slowing down of children's growth, unexplained weight gain and acne.

If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

Consult your doctor or pharmacist if you are in doubt or for any further information.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website [npra.moh.gov.my](http://npra.moh.gov.my) (Public→Reporting Side Effects to Medicines→ConSERF)

**Storage and Disposal of Clobesol Ointment 0.05% w/w**

- Storage

Do not use after the expiry date. The expiry date refers to the last day of that month.

Store in the original package and in a dry place. Do not store above 30°C.

**Keep out of the reach and sight of children.**

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

**Product Description**

- What it looks like

A semi-transparent unctuous off-white ointment in aluminium tubes with white caps. They are supplied in 15g of collapsible aluminium tubes.

- Ingredients

-*Active Ingredient:*

Clobetasol Propionate.

-*Inactive Ingredient:*

White Petrolatum, Mineral Oil Heavy

- MAL number:

**Manufacturer and Product Registration Holder**

Malaysian Pharmaceutical Industries Sdn. Bhd.

Plot 14, Lebuhraya Kampung Jawa, 11900 Bayan Lepas, Penang, Malaysia.

**Date of Revision**

23/11/2017