

FESIN CAPSULES 200MG

Guaifenesin (200mg)

What is in this leaflet:

1. What Fesin Capsules is used for
2. How Fesin Capsules works
3. Before you use Fesin Capsules
4. How to use Fesin Capsules
5. While you are using it
6. Side Effects
7. Storage and Disposal of Fesin Capsules
8. Product description
9. Manufacturer and Product Registration Holder
10. Date of Revision

What Fesin Capsules is used for

Fesin Capsules is an expectorant used in the treatment of productive cough and helps to relief of chesty coughs.

How Fesin Capsules works

Guaifenesin is the active ingredient of Fesin Capsules. Guaifenesin acts by thinning and loosening the mucus(phlegm) to help relieve chest congestion.

Before you use Fesin Capsules

-When you must not use it

If you are allergic (hypersensitive) to guaifenesin or any other ingredients in Fesin Capsules.

-Before you start to use it

You must tell your doctor if you have following conditions:

- You are pregnant, maybe pregnant or plan to be pregnant.
- You are breast-feeding or planning to breast-feed.

Pregnancy and breastfeeding

There is insufficient data available on the use of Guaifenesin during pregnancy and breastfeeding. Discuss with doctor the potential benefits of the treatment against potential risks before taking this medicine during pregnancy and breastfeeding.

-Taking other medicines

Always inform your doctor and pharmacist if you are taking any other medicines, including herbal tonics, supplements and medicines that you buy without prescription.

Guaifenesin could interfere with certain lab tests that are useful to diagnose symptoms called carcinoid syndrome. Discontinue this medicine 24 hours before the tests.

How to use Fesin Capsules

Always take this medicine exactly as your doctor or your pharmacist has told you. You should check with your doctor or pharmacist if you are not sure. Take this medicine only by mouth.

-How much to use

Adult and children 12 years and above

1 to 2 capsules every 4 hours, not to exceed 12 capsules in 24 hours.

-When to use it

Use as directed by your doctor or pharmacist.

-How long to use it

Use Fesin Capsules for the duration as your doctor recommends it.

-If you forget to use it

- If you forget a dose, take it as soon as you remember it.
- However, if it is nearly time for the next dose, skip the missed dose.
- Do not take a double dose to make up for a forgotten dose.

-If you use too much (Overdose)

If you have taken too much of this medicine, nausea and vomiting may occur. Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you or you think anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

While you are using it

-Things you must do

Contact your doctor if your symptoms worsen or they do not improve.

-Things you must not do

Do not give Fesin Capsules to anyone else, even if their symptoms seem similar or they have same condition as you. Your

doctor has prescribed Fesin Capsules for you and your condition.

-Things to be careful of

Do not drive or operate machinery if you feel dizzy or have a headache.

Side Effects

Like all medicines, Fesin Capsules can have side effects, although not everybody gets them. The following side effects may happen with this medicine:

- Stomach discomfort
- Nausea
- Vomiting
- Dizziness
- Diarrhoea
- Headache
- Rash (including hives)

If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

Consult your doctor or pharmacist if you are in doubt or for any further information.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumer→Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

Storage and Disposal of Fesin Capsules

-Storage

Do not use after the expiry date stated on the pack. The expiry date refers to the last day of that month.

Fesin Capsules should be stored at temperature below 30 °C and protect from heat and moisture.

Keep out of the reach and sight of children.

-Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

-What it looks like

A white or slightly off-white powder
filled in ivory colour capsules.

- Ingredients

- Active Ingredient:
Guafenesin

- Inactive ingredients:

Dried Corn Starch, Lactose, Magnesium
Stearate, Talc.

-MAL number:

MAL19920345X

**Manufacturer and Product
Registration Holder**

Malaysian Pharmaceutical Industries Sdn.
Bhd.
Plot 14, Lebuhraya Kampung Jawa,
11900 Bayan Lepas, Penang, Malaysia.

Date of Revision

03/08/2021

Serial Number

NPRA(R4/1)250621/00054