

U-KEFEN TABLETS 1MG

Ketotifen Fumarate (1mg)

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What U-Kefen Tablets is used for

It is indicated for the prevention of asthma and has also been given in the treatment of allergic conditions such as rhinitis (inflammation of the inside of the nose) and conjunctivitis (inflammation of the membrane lining the eyelids).

How U-Kefen Tablets works

Ketotifen is the active ingredient of U-Kefen Tablets. Ketotifen is an antihistamine with anti-allergy properties. Histamine is a chemical released into the body during an allergic condition. U-Kefen Tablets works by blocking the effects of the naturally occurring chemical histamine in your body.

Before you use U-Kefen Tablets

- When you must not use it

- If you are allergic to ketotifen or other ingredients of the tablet.
- If you are taking oral anti-diabetic agents.
- If you are breastfeeding.

- Before you start to use it

You must tell your doctor if:

- you have allergies to any medicine which you have taken previously to treat your current condition.
- you are pregnant, trying to get pregnant, think you may be pregnant or breast-feeding.

- Taking other medicines

The following medicines may interact with U-Kefen Tablets:

- Sedatives (chemical substances used to reduce tension and anxiety and to induce calm).
- Hypnotics (chemical substances to induce sleep).
- Antihistamines.
- Alcohol.

Tell your doctor and pharmacist if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

How to use U-Kefen Tablets

To be taken orally.

- How much to use

Adults: 1mg of ketotifen (1 tablet) twice daily with food, increased if necessary to 2mg (2 tablets) twice daily.

Children over 2 years: 1mg (1 tablet) twice daily.

If you are easily sedated, should begin treatment with 0.5-1mg (½ to 1 tablet) at night for the first few days.

- When to use it

Use as directed by your doctor or pharmacist.

- How long to use it

It must be administered on a regular basis for 6-12 weeks before any beneficial effects is seen.

- If you forget to use it

- Consult your doctor or pharmacist on what you should do if you forget to use it.
- Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

- If you take too much (overdose)

Symptoms includes drowsiness, confusion, dyspnoea (shortness of breath), bradycardia (slow heartbeat rate) or tachycardia (rapid heartbeat), disorientation (loss of direction or confusion) and convulsion.

Nystagmus (uncontrollable and rapid movement of the eyeball in any direction), headache, hypotension (low blood pressure) and reversible coma especially in children. Bradycardia and respiratory depression (decreased respiratory drive) should be watched.

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

While you are using it

- Things you must do

- Take your medicine exactly as your doctor has told you.
- Tell all the doctors, dentists and pharmacists treating you that you are taking U-Kefen Tablets.
- Tell your doctor immediately if you become pregnant while taking this medication.
- Contact your doctor if your symptoms worsen or they do not improve.

- Things you must not do

- U-Kefen Tablets should not be given for the treatment of acute asthmatic attacks or status asthmaticus (severe asthma attack that does not respond well to immediate care).
- Do not stop taking the medicine unless advised by your doctor.
- Do not take any new medicines without consulting your doctor or pharmacist.
- Do not give U-Kefen Tablets to anyone else, even if they have same symptoms or condition as you.

- Things to be careful of

- Avoid driving or operate machinery as ketotifen may cause drowsiness.
- Avoid alcoholic beverages.

Side Effects

Like all medicines, U-Kefen Tablets can have side effects, although not everybody gets them. Most common side effects are sedation, tiredness, weight gain and dry mouth. Dizziness, nausea, headache, exacerbation of asthma, bronchospasm (narrowing of the airway) and status asthmaticus had occurred in some patients.

Visit your doctor or pharmacist immediately if you experience any side effects after taking this medicine. Consult your doctor or pharmacist if you are in doubt or for any further information.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers→Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)]

Storage and Disposal of U-Kefen Tablets

- Storage

Do not use after the expiry date stated on the pack. The expiry date refers to the last day of that month.

Store in a cool, dry place, below 30°C. Keep out of reach of children.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

- What it looks like

A white, scored, flat of diameter 7mm round tablet with 'MPI' logo.

- Ingredients

- Active ingredient:
Ketotifen Fumarate

- Inactive ingredients:
Ludipress, Sodium Starch Glycolate and Magnesium Stearate.

- MAL number:

MAL19930564AZ

Manufacturer and Product Registration Holder

Malaysian Pharmaceutical Industries Sdn. Bhd.

Plot 14, Lebuhraya Kampung Jawa, 11900 Bayan Lepas, Penang, Malaysia.

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