

VIARTIL[®]-S SACHET

Glucosamine sulphate (1500 mg)

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What Viartil-S Sachet is used for

Viartil-S Sachet is used as an adjuvant therapy for osteoarthritis (loss of cartilage in the joints).

How Viartil-S Sachet works

Viartil-S Sachet contains crystalline glucosamine sulphate as active ingredient. Crystalline glucosamine sulphate provides relief to joint disease by reducing joint swelling and pain.

Before you use Viartil-S Sachet

- When you must not use it

Do not take Viartil-S Sachet if you have:

- hypersensitivity to glucosamine or any other ingredients of this medicine (listed in Product Description).
- phenylketonuria (PKU) as this medicine contains aspartame, a source of phenylalanine
- hereditary fructose intolerance (HFI) as this medicine contains sorbitol
- allergies to shellfish as the active ingredient is obtained from seafood (shellfish).

Pregnancy and lactation

Do not take Viartil-S Sachet if you are pregnant, trying to get pregnant or think you may be pregnant.

Do not take Viartil-S Sachet if you are breast-feeding.

Children and adolescent

Do not give this medicine to children and adolescent under the age of 18 as the safety and efficacy have not been established.

- Before you start to use it

Tell your doctor or pharmacist if you have:

- asthma
- a controlled sodium diet
- liver or kidney problems
- diabetes or impaired glucose tolerance
- another joint disease which may require alternative treatments

- Taking other medicines

Tell your doctor or pharmacist if you are taking:

- coumarinic anticoagulants (blood thinner)
- tetracyclines (antibiotics)

Pain relief or anti-inflammatory medicines can be taken together with Viartil-S Sachet.

Tell your doctor or pharmacist if you are taking any other medicines, including any that buy without a prescription from a pharmacy, supermarket or health

food shop.

How to use Viartil-S Sachet

- How much to use

Take one sachet, dissolved in a glass of water.

Follow all directions given to you by your doctor and pharmacist carefully. They may differ from the information contained in this leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

- When to use it

To be taken once daily preferably at meals or as directed by your doctor or pharmacist.

- How long to use it

Take Viartil-S Sachet for the duration that your doctor or pharmacist recommends.

- If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it.

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

- If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or

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anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

While you are using Viartril-S Sachet

- Things you must do

Take your medicine exactly as your doctor or pharmacist has told you.

Tell all the doctors, dentists and pharmacists treating you that you are taking Viartril-S Sachet.

Tell your doctor immediately if you become pregnant while taking this medication.

- Things you must not do

Do not stop taking the medicine unless advised by your doctor.

Do not take any new medicines without consulting your doctor or pharmacist.

Do not give Viartril-S Sachet to anyone else, even if they have the same symptoms or condition as you.

- Things to be careful of

Driving and using machines

This medicine may affect your ability to drive or use machines. If the sachet causes drowsiness, headache and visual disturbance, do not drive or use machines and contact your doctor immediately.

Side Effects

Like all medicines, Viartril-S

Sachet can cause side effects, although not everybody gets them.

Visit your doctor or pharmacist immediately if you experience any side effects after taking this medicine.

The side effects may include:

- *Heart and blood vessels:* swelling of limbs, fast heart rate
- *Central nervous system:* drowsiness, headache, sleepiness, difficulty in sleeping
- *Gastrointestinal:* nausea, vomiting, diarrhea, indigestion or pain in upper abdomen, passing gas, constipation, heartburn and eating disorder
- *Skin reactions:* rash, redness, itchiness, inflammation, hives, eczema (inflamed skin)
- *Others:* hair loss, allergic reactions, visual disturbances, swelling

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.moh.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

Storage and Disposal of Viartril-S Sachet

- Storage

Keep out of the reach and sight of children.

Do not store above 30°C

- Disposal

Medicines should not be disposed of via wastewater or household waste.

Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

- What it looks like

A white, crystalline, odourless powder contained in single-dosed sachets.

- Ingredients

Each capsule contains:

- *Active ingredient*
Crystalline glucosamine sulphate 1884mg (equivalent to glucosamine 1500mg and sodium chloride 384mg)
- *Inactive ingredients*
Aspartame, sorbitol, macrogol 4000, citric acid

- MAL number:

MAL20031758XR

Manufacturer

Rottapharm Ltd.
Damastown Industrial Park,
Mulhuddart, Dublin 15, Ireland.

Product Registration Holder

Mylan Healthcare Sdn Bhd
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