

# Legalon® 140mg Capsule

## MADAUS

Capsules

MADAUS

### Dear Patient,

Please read the following instructions for use carefully, because they provide important details to be adhered to during the use of this medicine. If you should have any questions, please consult your doctor or pharmacist.

### Instructions for use

### Legalon® 140mg Capsule

Active ingredient: Milk thistle fruit extract

### Composition

1 capsule contains: 173.0 – 186.7 mg of dry extract from the fruits of silybum marianum (36 – 44 : 1) equivalent to 75-80.9% of silymarin, calculated as silibinin (extractant: ethyl acetate)

Other ingredients: gelatin, microcrystalline cellulose, sodium starch glycolate, maize starch, magnesium stearate, sodium lauryl sulphate, titanium dioxide E 171, ferric oxides E 172.

Original packs of 30 [N1], 60 [N2] and 100 [N3] brown, hard gelatin capsules

Hospital packs of 2000 brown, hard gelatin capsules (20 x 100 capsules)

### A medicine acting on the liver

This is a traditional medicine.

### Uses

Traditionally used for liver tonic

### Contraindications

*When must you not take Legalon® 140mg Capsule?*

No restrictions.

*What must be borne in mind for children?*

There have been no adequate investigations of the use of this medicine in children. It should, therefore, not be used in children under 12 years of age.

*What must you remember during pregnancy and lactation?*

No experience is available with regard to the use of Legalon® 140mg Capsule during pregnancy and lactation. Therefore, it should only be used after consultation with a doctor.

### Dosage guidance, mode and duration of use

The following instructions apply unless your doctor has given other directions when prescribing Legalon® 140mg Capsule. Please adhere to the directions for use, because otherwise Legalon® 140mg Capsule cannot act properly.

*How much Legalon® 140mg Capsule and how often should you take it?*

Treatment should be commenced with 1 capsule 3 times daily (milk thistle fruit extract equivalent to 420 mg of silymarin).

As a maintenance dose, 1 capsule 2 times daily (milk thistle fruit extract equivalent to 280 mg of silymarin) is sufficient.

If the complaints persist for a longer period, you should consult your doctor.

*How and when should you take Legalon® 140mg Capsule?*

The capsules should be taken whole with some liquid before meals.



#### SPECIFICATION BOX: Beipackzettel

PRODUCT: Legalon 140 mg 100 Capsules  
Black

MATERIAL-NO.: 56MY2196128-00

MFS-NO.: 707178

LAETUS-CODE: 503

EAN-CODE: - - - COUNTRY: Malaysia

SIGHTMARKS: - - - LANGUAGE: english

PACK-SIZE: 190 x 296 mm/WZ213 CORRECTION: 2. Correction KM

FONT-SIZE: Myriad Pro 10 pt DATE: 26.06.2020

# Legalon<sup>®</sup> 140mg Capsule

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*For how long should you take Legalon<sup>®</sup> 140mg Capsule?*

Your doctor will decide how long treatment should be continued.

#### **Incorrect use and overdose**

*What should be done if Legalon<sup>®</sup> 140mg Capsule has been inadvertently taken in unduly large amounts?*

In the event of an overdose, the described side effects may occur to a greater extent. In this case you should ask your doctor for symptomatic measures.

#### **Side effects**

*What side effects may occur while taking Legalon<sup>®</sup> 140mg Capsule?*

A mild laxative effect has occasionally been observed. Please inform your doctor or pharmacist about any side effects which you might observe and which are not mentioned in this package insert.

#### **Notes and data on the storage life of this medicine**

The shelf life of this product is 3 years. The expiry date of this pack is printed on the folding carton and on the blister. Do not use this pack after that date.

Do not store above 30°C.

#### **Date of information:**

December 2012

#### **Manufactured by:**

Madaus GmbH, 51101 Cologne, Germany.

**Keep medicines out of reach of children.**



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Nature and Science

