

AVELAC ORAL SOLUTION

Lactulose (667 mg/ml)

What is in this leaflet:

1. What is AVELAC used for
2. How AVELAC works
3. Before you use AVELAC
4. How to use AVELAC
5. While you are using AVELAC
6. Side effects
7. Storage and disposal of AVELAC
8. Product description
9. Manufacturer and Product Registration Holder
10. Date of revision

Age Group	Starting Dose	Maintenance Dose
Adults	15ml – 45ml	15ml – 30ml
Children (7 - 14 years old)	15ml	10ml – 15ml
Children (1 - 6 years old)	5ml – 10ml	5ml – 10ml
Infant (less than 1 year)	5ml	5ml

What is AVELAC used for

It helps in softening the stools and relieves constipation.

Hepatic encephalopathy (HE): treatment and prevention of hepatic coma or precoma.

How AVELAC works

AVELAC contains lactulose, a laxative that producing bowel movement and softening the stools.

Before you use AVELAC

When you must not use it

Do not use AVELAC if:

- You have galactosaemia (genetic disease where galactose cannot be metabolized properly)
- You are on a galactose diet.
- You are lactose intolerance
- You are a diabetic patients because of the presence of some free simple sugar.
- You are having an intestinal obstruction.

Before you start to use it

Tell your doctor or pharmacist before using AVELAC if:

- You are pregnant or breast-feeding.
- You are taking other medications including herbs and supplements.

Taking other medicines

Tell your doctor or pharmacist if you are taking or have recently taken any other medicines. This includes any medicines which you have bought without a prescription.

How to use AVELAC

How much to use

Constipation

It may take up to 48 hours before an effect is obtained. The dose is gradually adjusted according to response.

Hepatic Encephalopathy

For Adults only.

30ml - 45ml, 3 to 4 times daily. The dose is subsequently adjusted to produce 2 - 3 soft stools daily.

When to use it

Can be taken with or without food.

Follow the prescription from your doctor or pharmacist.

How long to use it

Your doctor will adjust the doses according to your needs. Always follow the recommendation from your doctor.

If you forget to use it

In case you miss a dose, do not double the dose the next time you take it. Double the dose may lead to overdose.

If you use too much (overdose)

Overdose may lead to diarrhoea with excessive loss of water and electrolytes, particularly potassium. Hyponatraemia has been reported.

Please seek advices from your pharmacist or doctors.

While you are using AVELAC

Things you must do

- Take the AVELAC at the same time each day.
- Shake well before use.
- Drink plenty of water to help replace the water loss.
- If you find the taste to be unpleasant, you can dilute the AVELAC in water.
- Swallow AVELAC slowly.

Things you must not do

- Do not double the dose.
- Do not take any new medicines without consulting your doctor.
- Do not give AVELAC to children before consulting your doctor or pharmacist, even if they have the same symptoms or condition as you.

Things to be careful of

If you feel weak, easily exhausted or frequently go to toilet, it may be a sign of fluid loss. Please consult your doctor or pharmacist immediately.

Side effects

- Abdominal discomfort
- Flatulence
- Cramps
- Nausea
- Vomiting

Seek immediate medical attention if you experience any side effects or allergic reactions. Other side effects not listed above may also occur in some people. You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website portal.bpfk.gov.my (Consumers →Reporting).

Storage and disposal of AVELAC

Storage

Store in a cool place, below 30°C.

Keep out of the reach of the children.

Do not use this medicine after expiry date.

Disposal

Medicines should not be disposed via waste water or household waste. Ask your pharmacist how to dispose the medicines that no longer required or expired. These measures will help to protect the environment.

Product description

How it looks like

AVELAC is a clear, viscous liquid, colorless to brownish yellow aqueous solution.

This product is available in pack size of 100ml and 200ml.

Ingredients

Active Ingredient

Lactulose.

Inactive ingredient

AVELAC do not have any other ingredient.

MAL Number

MAL

**Manufacturer and Product Registration
Holder**

Manufacturer

Xepa-Soul Pattinson (Malaysia) Sdn Bhd
1-5 Cheng Industrial Estate
75250 Melaka, Malaysia.

Product Registration Holder

Apex Pharmacy Marketing Sdn Bhd
No.2, Jalan SS13/5, 47500 Subang Jaya,
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10 Nov 2017

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