

CARTRIL-S 250MG CAPSULE

Glucosamine Sulfate (250mg)

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What Cartril-S is used for

Cartril-S is used as an adjuvant therapy for osteoarthritis, a medical condition where the cartilage that cushions the ends of bones in the joints deteriorates over time, eventually causing pain and affecting mobility.

How Cartril-S works

Glucosamine is a natural component of cartilage – which is found in the joints in between the bones. It is synthesized by the body, but the ability to do so declines with age. Researchers think that taking glucosamine supplements may help increase the cartilage content in the joints.

Before you use Cartril-S

- When you must not use it

You should not use Cartril-S:

- if you are allergic to glucosamine or to any of the other ingredients of Cartril-S whether in the form of capsule or solution.
- if you are allergic to seafood, as glucosamine is obtained from seafood.

- Before you start use it

In pregnancy and lactation, seek medical advice before use.

- Taking other medicines

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

How to use Cartril-S

- How much to use

Light or moderate osteoarthritis:

Two (2) capsules taken twice daily for at least 6 weeks (or according to medical prescription)

Severe osteoarthritis

Initial therapy:

Two (2) capsules taken 3 times daily for a period of at least 8 weeks

Follow up therapy:

Maintenance therapy should be followed for 3 to 4 months (or according to medical prescription) by administering two (2) capsules twice daily

- When to use it

Take Cartril-S 15 minutes before each meal.

- How long to use it

Continue taking Cartril-S for as long as your doctor recommends.

The treatment should be repeated every other 6 months or less according to medical prescription.

- If you forget to use it

Take the next dose as planned. Do not take a double dose to make up for a forgotten one.

- If you use too much (overdose)

If you take more Cartril-S than you should, you must consult your doctor, pharmacist or a hospital.

While you are using it

- Things you must do

Take your medicine exactly as your doctor has told you.

Tell all the doctors, dentists and pharmacists treating you that you are taking Cartril-S.

Tell your doctor immediately if you become pregnant while taking this medication.

- Things you must not do

Do not stop taking the medicine unless advised by your doctor.

Do not take any new medicines without consulting your doctor or pharmacist.

Do not give Cartril-S to anyone else, even if they have the same symptoms or condition as you.

- Things to be careful of

Driving and using machines

If you experience headache or drowsiness while taking Cartril-S, you should not drive or operate machinery.

Side effects

Like all medicines, Cartril-S can cause side effects, although not everybody gets them.

Visit your doctor or pharmacist immediately if you experience any side effects after taking this medicine.

Most common side effects are mild digestive problems. These includes:

- Epigastric tenderness
- Heartburn
- Diarrhea
- Nausea

Cardiovascular: water retention at the arms or legs, heart rate above normal was reported in a few people.

Central Nervous System: drowsiness, headache, sleeping difficulties have been observed rarely occur (less than 1%).

Gastrointestinal: nausea, vomiting, diarrhea, indigestion or epigastric pain, constipation, heartburn and anorexia (eating disorder) have been rarely occur.

Skin: reddening of skin and itching have been reported.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Monitoring by visiting the

website npa.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

Storage and Disposal of Cartril-S

- Storage

Keep container tightly closed.

Keep out of the reach and sight of children.

Store in a dry place below 30 °C.

- Disposal

Dispose after the expiry date on the product. Please consult your pharmacist on how to dispose of medicines no longer required.

Product Description

- What it looks like

Cartril-S 250mg Capsule is a capsule printed with "CARTRIL S' on cap and body of the capsule containing a creamy white powder.

- Ingredients

- Active ingredient

- Glucosamine S-Sulphate 250mg

- Inactive ingredients

- Crospovidone
- Silicon dioxide
- Magnesium stearate
- Lactose monohydrate

- MAL number:

MAL20021425X

Manufacturer

Duopharma Manufacturing (Bangi) Sdn Bhd

Lot 2&4, Jalan P/7, Section 13, Bangi Industrial Estate, 43650 Bandar Baru Bangi, Selangor Darul Ehsan

Product Registration Holder

Duopharma Marketing Sdn Bhd

Lot 2, 4, 6, 8 & 10, Jalan P/7, Section 13, Bangi Industrial Estate, 43650 Bandar Baru Bangi, Selangor Darul Ehsan

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