

# SOBENZ LOZENGE®

Benzydamine hydrochloride, Cetylpyridinium chloride (3mg/1.33mg)

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## What Sobenz Lozenge is used for

Benzydamine hydrochloride in Sobenz Lozenges is used to relieve inflammation and pain in the throat.

Cetylpyridium chloride has antiseptic activities and is used in the treatment of infections of the mouth and throat.

Ask your doctor if you have any questions about why Sobenz Lozenge has been prescribed for you. Your doctor may have prescribed it for another purpose.

## How Sobenz Lozenge works

Sobenz Lozenges contains the principle active ingredient, Benzydamine hydrochloride for fast effective action.

Sobenz Lozenges directly target the site of inflammation to reduce swelling and pain. It gently numbs the throat in a matter of seconds.

## Before you use Sobenz Lozenge

### - When you must not use it

Do not take Sobenz Lozenge if you have ever had an allergic reaction to:

- Any medicine containing Benzydamine hydrochloride or Cetylpyridinium chloride
- Any of the ingredients listed at the end of this leaflet.

Symptoms of an allergic reaction may include:

- Shortness of breath
- Wheezing or difficulty in breathing

- Swelling of the face, lips, tongue or any other parts of the body
- Rash, itching or hives on the skin

Do not take Sobenz Lozenge if you have:

- Severe asthma, bronchitis or other serious respiratory conditions

Do not take this medicine after the expiry date printed on the pack or if the packaging is torn or shows signs of tampering.

Talk to your doctor or pharmacist if you are not sure whether you should start taking this medicine.

### *Pregnancy and lactation*

Do not take Sobenz Lozenge if you are pregnant, or plan to become pregnant. It may affect your developing baby if you take during pregnancy.

Ask your doctor or pharmacist for advice before taking Sobenz Lozenge if you are breastfeeding. It is known if Benzydamine hydrochloride and Cetylpyridium chloride may pass into the breast milk.

Your pharmacist or doctor will discuss the potential benefits and risks of taking the medicine if you are pregnant or breastfeeding.

### - Before you start to use it

Tell your doctor if you are allergic to any other medicines or any foods, dyes or preservatives.

Tell your doctor if you have or have had any of the following medical conditions:

- Asthma or other breathing problems

If you have not told your doctor about any of these things, tell them before you start taking Sobenz Lozenge.

### - Taking other medicines

Tell your doctor or pharmacist if you are taking any other medicines, including any that you get without a prescription from a pharmacy, supermarket or health food shop.

Some medicines may interfere with Sobenz Lozenge. These include:

- Sedatives, medicines taken to help you relax or sleep
- Medicines taken to control anxiety
- Alcohol

Your doctor or pharmacist has a more complete list of medicines to be careful with or avoid while taking Sobenz Lozenge.

## How to use Sobenz Lozenge

### - How much to use

Follow all directions on the pack or those given to you by your pharmacist or doctor carefully.

If you do not understand the instructions on the box, ask your pharmacist or doctor for help.

### *Adults and children over 12 years:*

2 lozenges

### *Children 6-12 years (Before use, seek healthcare professional advice):*

1 lozenge

### *Children under 6 years:*

Do not use

### - When to use it

Take your medicine every 3 hours, or as required.

The maximum adult dose is 12 lozenges per day and the maximum child dose is 8 lozenges per day.

### - How long to use it

Uninterrupted treatment should not exceed seven days.

### - If you forget to use it

If you come about to miss a dose, eat Sobenz Lozenge the moment you remember then continue your usual dosing schedule.

You should not take it in higher dose.

- If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

**While you are using it**

- Things you must do

Talk to your pharmacist or doctor if your symptoms do not improve.

Your pharmacist or doctor will assess your condition and decide if you should continue to take the medicine.

- Things you must not do

Do not take Sobenz Lozenge to treat any other complaints unless your pharmacist or doctor tells you to.

Do not give Sobenz Lozenge to anyone else, even if they have a similar condition to you.

Do not take more than the recommended dose unless your pharmacist or doctor tells you to.

Do not use this medicine in children under 6 years of age.

- Things to be careful of

Driving and using machines

This medicine may affect your ability to drive or use machines. If the tablets make you feel dizzy and drowsy, do not drive or use machines and contact your doctor immediately.

**Side effects**

Tell your doctor or pharmacist as soon as possible if you do not feel well while you are taking Sobenz Lozenge.

This medicine helps most people, yet it may have unwanted side effects in a few people. All medicines can have side effects. Sometimes they are serious, most of the time they are not. You may need medical attention if you get some of the side effects.

The following are the common side effects that may occur, they are usually mild:

- Dizziness

- Drowsiness
- Nausea and vomiting
- Stomach pain
- Constipation
- Headache
- Diarrhea
- Burning or stinging sensation

Tell your pharmacist or doctor as soon as possible if you notice any of the following. Serious side effects are rare and may require medical attention:

- Lack of coordination and unsteadiness when walking
- Unusual mood swing

Tell your doctor immediately or go to Accident and Emergency at your nearest hospital if any of the very serious side effects happens:

- Shortness of breath
  - Wheezing or difficulty breathing
  - Swelling of the face, lips, tongue or other parts of the body
  - Rash, itching or hives on the skin
- These side effects are very rare for low doses of this medicine and when used for a short period of time.

Do not be alarmed by this list of possible side effects. You may not experience any of them.

Other side effects not listed above may also occur in some people.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website [www.npra.gov.my](http://www.npra.gov.my) [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

**Storage and Disposal of Sobenz Lozenge**

- Storage

Keep Sobenz Lozenge in a cool dry place where the temperature stays below 30°C. Protect from light.

Do not store Sobenz Lozenge or any other medicine in the bathroom or near a sink.

Do not leave it in the car or on window sills. Heat and dampness can destroy some medicines.

Keep it where children cannot reach it.

A locked cupboard at least one-and a half meters above the ground is a good place to store medicines.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

**Product Description**

- What it looks like

Sobenz Lozenge (Orange): A 16mm round, flat, orange coloured tablet and beveled edge

Sobenz Lozenge (Melon): A 16mm round, flat, green coloured tablet and bevelled edge

- Ingredients

- Active ingredient

- Benzydamine hydrochloride 3mg
- Cetylpyridinium chloride 1.33mg

- Inactive ingredients

Sobenz Lozenge (Melon)

- Kollidon 30
- Sorbitol
- Citric acid/ Anhydrous citric acid
- Aspartame
- Levomenthol
- Colloidal silicon dioxide
- Magnesium stearate
- Apple green lake
- Melon encapsulates PSD 109

Sobenz Lozenge (Orange)

- Kollidon 30
- Sorbitol
- Citric acid/ Anhydrous citric acid
- Aspartame
- Levomenthol
- Colloidal silicon dioxide
- Magnesium stearate
- D&C Yellow No.6
- Orange Flavour

- *MAL number(s):*

Sobenz Lozenge (Melon)  
MAL11115007AZ

Sobenz Lozenge (Orange)  
MAL11115006AZ

**Manufacturer**

Duopharma Manufacturing (Bangi) Sdn.  
Bhd.  
Lot 2& 4, Jalan P/7, Seksyen 13,  
Bangi Industrial Estate,  
43650 Bandar Baru Bangi.  
Selangor, Malaysia.

**Product Registration Holder**

Duopharma Marketing Sdn Bhd  
Lot 2, 4, 6, 8 & 10, Jalan P/7, Section 13,  
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43650 Bandar Baru Bangi Selangor,  
Malaysia.

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