

SALMAX CR[®]

Salbutamol Sulphate (4 mg)

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What Salmax CR is used for

Salmax CR helps you breathe more easily. Salmax CR works by opening up the airways tubes in your lungs when your chest is tight or when you are wheezing.

Ask your doctor if you have any questions about why Salmax CR has been prescribed for you. Your doctor may have prescribed it for another purpose.

How Salmax CR works

Salmax CR belongs to a group of medicines called bronchodilators. Because the medicine in your tablet gives relief from your chest symptoms, it is often called a 'reliever'.

There are other types of medicines that prevent wheezing or chest tightness. These medicines are called 'preventers' and must be used every day. Your doctor may tell you to use a 'preventer' in addition to your Salmax CR.

Before you use Salmax CR

- When you must not use it

Do not take Salmax CR if you have ever had an allergic reaction to:

- Salbutamol sulphate
- Any of the ingredients listed at the end of this leaflet.

Do not take this medicine after the expiry date printed on the pack or if the packaging is torn or shows signs of tampering. If it has expired or is damaged, return it to your pharmacist for disposal.

- Before you start to use it

Tell your doctor if you are allergic to any other medicines or any foods, dyes or preservatives.

Tell your doctor if you have or have had any of the following medical conditions:

- Stop taking Salmax CR or any other asthma medicine for any reason
- High thyroid level
- Heart condition
- Liver condition
- Diabetes

If you have not told your doctor about any of these things, tell them before you take Salmax CR.

- Taking other medicines

Tell your doctor or pharmacist if you are taking any other medicines, including any that you get without a prescription from a pharmacy, supermarket or health food shop.

Some medicines may interfere with Salmax CR. These include:

- Beta adrenergic blockers (metoprolol)
- Tricyclic antidepressants
- Digitalis glycosides (digoxin)
- Monoamine oxidase inhibitors (for depression)
- Diuretics
- Corticosteroids
- Theophylline (for asthma)

These medicines may be affected by Salmax CR or may affect how well it works. You may need to take different amounts of your medicine or you may need to take different medicines.

Your doctor or pharmacist has a more complete list of medicines to be careful with or avoid while taking Salmax CR.

How to use Salmax CR

- How much to use

Your doctor will tell you how much Salmax CR to take.

Swallow the tablets with water. Do not chew or crush the tablets. If you notice the tablets are not working as well as before, contact your doctor for advice.

Usual adult dose:

4mg of Salmax CR 3-4 times a day. Your doctor may increase this gradually up to a maximum of 8mg 3-4 times a day. Some patients may be treated successfully with 2mg 3-4 times a day.

Elderly or patients known to be sensitive to this product or other similar drugs: Initially 2mg 3-4 times a day should be given.

Usual Children Dose:

- 2-6 years: 1-2mg
- 6-12 years: 2mg
- over 12 years: 2-4mg
- under 2 years: Not recommended

- When to use it

Take Salmax CR 3-4 times a day or as directed by your doctor or pharmacist.

- How long to use it

Your doctor will decide how often and for how long you have to take Salmax CR.

Do not stop taking Salmax CR, or change the dose without first checking with your doctor.

- If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it.

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

- If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine.

Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

While you are using it

- Things you must do

Take Salmax CR exactly as your doctor has prescribed.

If your Salmax CR does not help your breathing as much as usual, tell your doctor as soon as possible. These may be signs that your chest condition is getting worse.

If your Salmax CR is not having the same effect as before, your doctor may decide to prescribe another medicine, for you to use.

This medicine is only one part of a general plan to help you manage your asthma or other chest condition. Go to your doctor regularly for a check-up.

- Things you must not do

Do not give Salmax CR to anyone else, even if they have a similar condition to you.

Do not use Salmax CR to treat any other complaints unless your doctor says to.

- Things to be careful of

Ask your doctor or pharmacist for advice before taking Salmax CR if you are breast-feeding, pregnant or trying to become pregnant. Your baby may absorb this medicine in the womb or from breast milk and therefore there is a possibility of harm to the baby.

Side effects

Like all medicines, Salmax CR can cause side effects, although not everybody gets them.

Tell your doctor or pharmacist as soon as possible if you do not feel well while you are taking Salmax CR.

These following are common side effects of Salmax CR:

- Headache
- Nausea
- Shaky or tense feeling
- Heart beats faster than usual
- Restlessness

These following are rare side effects:

- Chest discomfort or chest pain
- Loss of appetite

Tell your doctor or pharmacist but do not stop taking your medicine.

Tell your doctor immediately if you notice any of the following:

- Skin rash
- Faint or dizzy feeling
- Wheezing, swelling of the lips/mouth, difficulty in breathing or fainting. These could be a symptom of an allergic reaction.
- Irregular heartbeat

You should stop taking Salmax CR immediately.

In a few people, the medicine in Salmax CR may affect their blood potassium levels. Your doctor may do tests to check this.

This is not a complete list of all possible side-effects. Others may occur in some people and there may be some side-effects not yet known.

Do not be alarmed by this list of possible side effects. You may not experience any of them.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835490, or visiting the website www.npra.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

Storage and Disposal of Salmax CR

- Storage

Keep Salmax CR in a cool dry place where the temperature stays below 30°C. Protect from light.

Keep your tablet in the pack until it is time to take them. If you take the tablets out of the pack, they may not keep well.

Do not store Salmax CR or any other medicine in the bathroom or near a sink.

Do not leave it in the car or on window sills. Heat and dampness can destroy some medicines.

Keep it where children cannot reach it.

A locked cupboard at least one-and a half meters above the ground is a good place to store medicines.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

- What it looks like

A white, hexagonal-shaped tablet, embossed with '4' on one side and plain on the other side.

- Ingredients

- Active ingredient

Salmax CR 4 mg:

- 4mg salbutamol sulphate

- Inactive ingredients

- Xanthan Gum
- Glyceryl Behenate
- Lactose Monohydrate
- Magnesium Stearate

- MAL number(s):

MAL05041855ACSZ

Manufacturer

Duopharma Manufacturing (Bangi) Sdn. Bhd. (53667-M)
Lot 2& 4, Jalan P/7, Seksyen 13,
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Product Registration Holder

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Date of Revision

26/08/2019

Serial Number

NPRA(R2/1)190819/227