

CALVINATE 500MG TABLET

Calcium Carbonate 500mg

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What CALVINATE is used for

CALVINATE is used for symptomatic relief of acid indigestion, heartburn, flatulence, nausea, as a supplementary source, osteoporosis therapy, and as a phosphate binder to treat patients with chronic kidney disease, renal failure and renal osteodystrophy (renal bone disease).

How CALVINATE works

Antacid:

It contains calcium carbonate which helps to neutralize existing amounts of stomach acid to provide relief of hyperacidity symptoms.

Supplementary:

It contains calcium carbonate which helps to increase the calcium absorption and reduces phosphate absorption.

Before you use CALVINATE

-When you must not take it

Tell your doctor before using CALVINATE if you

- are individual on low phosphate diets, or receiving cardiac glycosides or with impaired liver or kidney function.
- have hypersensitivity to any of the ingredients.
- have hypercalcaemia (increase calcium level in blood), hypercalciuria (excess calcium in urine) and calcium renal calculi (kidney stone).

-Pregnancy and breastfeeding

Tell your doctor or pharmacist if you are pregnant, planning to get pregnant or are breastfeeding. Data on a large number of exposed pregnancies indicate no adverse effects of 500 mg calcium carbonate tablets on pregnancy or on the health of the fetus/newborn child.

Calcium carbonate can be used during lactation if taken as instructed.

-Before you start to take it

- Use with caution in diseases associated with hypercalcaemia (high calcium level in the blood) and some malignancies and in patients with a history of kidney stone.

- In renal insufficiency the tablets should be given only under controlled conditions for hyperphosphataemia (high phosphate level in the blood). Caution should be exercised

in patients with a history of renal calculi.

- For long-term treatment, it is advisable to monitor serum, urinary calcium levels and kidney function. To consider reduce or stop treatment temporarily if urinary calcium exceeds 7.5mmol/24 hours (300mg/24 hours).

-Taking other medicines

Inform your doctor or pharmacist before taking this medicines, including any that you get without a prescription from your pharmacy, supermarket or health food shop.

Some medicines and CALVINATE may interfere with each other such as:

- enhance effect of digital glycosides
- tetracycline
- phenytoin (used for prevention of seizure)
- Thiazide diuretics

How to use CALVINATE

-How much to use

Always use CALVINATE exactly as your doctor has prescribed. You should check with your doctor or pharmacist if in doubt.

The usual dose:

To be taken orally, with a full glass of water with or before meals. Adults, children over 12 years and elderly:

Antacid: 500 mg or 1000mg (1 or 2 tablet) 3 to 4 times a day after meals. calcium per

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day in divided doses (eg: 1 tablet 3 times per day).

Hypocalcaemia: 1.25g (2 ½ tablets, i.e equivalent of 500mg of calcium) two to four times a day after meal

Hyperphosphatemia: 5 -13g (10 -26 tablets, i.e equivalent of 2 to 5.2g of calcium) per day in divided doses with meals

-When to use it

Use as directed by your doctor or pharmacist

-How long to take it

Continue taking CALVINATE as your doctor recommended. If symptoms persist, consult your doctor.

-If you forget to take it

Consult your doctor or pharmacist on what you should do if you forget to use it. Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

-If you take too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or

poisoning. You may need urgent medical attention. Symptoms, may include anorexia, nausea, vomiting, constipation, abdominal pain, muscle weakness, mental disturbances, polydipsia (excessive thirst), polyuria (frequent urination), nephrocalcinosis (high level of calcium in the kidney), renal calculi (kidney stone) and in severe cases, cardiac arrhythmias (irregular heart beat). Rehydration may be necessary and a loop diuretic may be given to increase urinary calcium excretion.

While you are using CALVINATE

-Things you must do

- Inform your doctor or pharmacist if symptoms persist after taking this medication.
- Take your medicine exactly as your doctor has told you.
- Tell all the doctors, dentists and pharmacists treating you that you are taking CALVINATE
- Tell your doctor immediately if you become pregnant while taking this medication

-Things you must not do

- Do not take more than the recommended dose unless

your pharmacist or doctor tells you.

- Do not take any new medicines without consulting your doctor.
- Do not give CALVINATE to anyone else, even if they have the same symptoms or condition as you.

-Things you must be careful of

Please seek medical advice before used.

Side effects

Like all medicines, CALVINATE can cause side effects, although not everybody gets them.

If symptoms persist, do not take the medicine and refer to the doctor.

Tell your doctor if you notice any of the following side effects or notice any other effects not listed:

- constipation and flatulence.
- increase calcium level in blood
- milk-alkali syndrome
- Acid Rebound

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.moh.gov.my [Public Reporting Side Effects to

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Medicines (ConSERF) or Vaccines (AEFI)].

Storage and Disposal of CALVINATE

Storage

Store in a dry place below 30°C. Keep out of reach of children.

Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

-What it looks like

A white to off-white, round tablet, with marking 'd' at both sides

-Ingredients

Active Ingredients:

Each tablet contains Calcium Carbonate 500mg

Inactive Ingredients:

Microcrystalline cellulose, Lactose, Sodium Starch Glycolate, Sodium Lauryl Sulphate and Magnesium Stearate.

-MAL number:

Product Holder
Duopharma Manufacturing (Bangi) Sdn. Bhd.

Lot No. 2, 4, 6, 8 & 10, Jalan P/7, Section 13, Bangi Industrial Estate, 43650, Bandar Baru Bangi, Selangor, Malaysia

Manufacturer

Duopharma Manufacturing (Bangi) Sdn. Bhd.

Lot No. 2 & 4, Jalan P/7, Section 13, Bangi Industrial Estate, 43650, Bandar Baru Bangi, Selangor, Malaysia

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