

UPHADYL FORTE EXPECTORANT

Diphenhydramine hydrochloride/Ammonium chloride (14mg/135mg per 5ml)

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What UPHADYL FORTE is used for

Uphadyl Forte is indicated for the relief of cough and stuffy nose due to common cold, flu, allergy or airway inflammation.

How UPHADYL FORTE works

UPHADYL FORTE contains two active ingredients which work together to relieve coughs.

Diphenhydramine is an antihistamine and suppresses the urge to cough and also dries secretions in the nose and chest.

Ammonium chloride is an expectorant which makes coughing up phlegm easier.

Before you use UPHADYL FORTE

- When you must not use it

Do not take UPHADYL FORTE:

- if you have an allergy to any of the ingredients listed at the end of this leaflet
- if you are taking a class of medicine known as

'monoamine oxidase inhibitors' (MAOIs) (often taken for depression).

- If your child is below 2 years old
- If you are breast feeding

Do not take this medicine after the expiry date printed on the pack or if the packaging is torn or shows signs of tampering. If it has expired or is damaged, return it to your pharmacist for disposal.

Ask your doctor or pharmacist for advice before taking any medicine.

- Before you start to use it

Tell your doctor if you have allergies to any other medicines, foods, preservatives or dyes.

Tell your doctor or pharmacist if you are pregnant or planning to get pregnant or are breastfeeding.

When used for treatment of cough and cold:

- a) Not to be used in children less than 2 years of age.
- b) To be used with caution and doctor's / pharmacist's advice in children 2 to 6 years of age.

- Taking other medicines

Please tell your doctor or pharmacist if you are taking or have recently taken any other medicines, including medicines obtained without a prescription. Your doctor may need to change the dose of the other medications or take other precautions. In some cases you may have to stop taking one of the medicines. This applies especially to the medicines listed below taken at the same time with Uphadyl Forte:

- Tranquilizers.
- Sedative-hypnotics
- Central Nervous System (CNS) depressants including alcohol.
- MAO inhibitors.

How to use UPHADYL FORTE

Follow all directions given to you by your doctor or pharmacist carefully. They may differ from the information contained in this leaflet.

If you do not understand the instructions, ask your doctor or pharmacist for help.

- How much to use

Adult and children over 12 years: 5 to 10 ml every 4 or 6 hours (not to exceed 60 ml in 24 hours).

Children aged 6 to 12 years : 2.5 to 5 ml every 4 to 6 hours (not to exceed 30 ml in 24 hours).

Children aged 2 to 5 years : 2.5 ml every 4 to 6 hours (not to exceed 20 ml in 24 hours).

- When to use it

Take UPHADYL FORTE as your doctor has prescribed.

- How long to use it

Keep taking the expectorant for as long as you have been told unless you have any problems. In that case, check with your doctor.

- If you forget to use it

Take your dose as soon as you remember, and continue to take it as you would normally.

If it is almost time for your next dose, skip the dose you missed and take your next dose when you are meant to.

Do not take a double dose to make up for the dose that you missed. This may increase the chance of you getting an unwanted side effect.

If you are not sure what to do, ask your doctor or pharmacist.

If you have trouble remembering to take your medicine, ask your pharmacist for some hints.

- If you use too much (overdose)

Immediately telephone your doctor for advice, or go to Accident and Emergency at the nearest hospital, if you think that you or anyone else may have taken too much UPHADYL FORTE.

Do this even if there are no signs of discomfort or poisoning.

You may need urgent medical attention.

While you are using it

- Things you must do

Always follow your doctor's instructions carefully. Shake well before each dose.

Talk to your pharmacist or doctor if your symptoms do not improve. Your pharmacist or doctor will evaluate your condition and decide if you should continue to take the medicine

Tell your doctor immediately if you become pregnant while taking this medicine

- Things you must not do

Do not take UPHADYL FORTE to treat any other complaints unless your doctor

tells you to.

Do not give your medicine to anyone else, even if they have the same condition as you.

Do not take more than the recommended dose unless your pharmacist or doctor tells you.

- Things to be careful of

Be careful driving or operating machinery until you know how UPHADYL FORTE affects you.

UPHADYL FORTE causes drowsiness and dizziness.

Make sure you know how you react to UPHADYL FORTE before you drive a car or do anything else that may be dangerous if you are affected.

Avoid alcohol drinking. UPHADYL FORTE will add the effects of alcohol.

Side effects

All medicines can have side effects. Sometimes they are serious, most of the time they are not. You may need medical attention if you get some of the side effects.

Do not be alarmed by the following lists of side effects. You may not experience any of them.

Ask your doctor or pharmacist to answer any questions you may have.

These are some of the side effects of UPHADYL FORTE.

- Sedation
- Gastrointestinal disturbance: Nausea, Vomiting, Diarrhea, Constipation
- Headache, Blurred vision, Nightmare, Dryness of mouth, heaviness or weakness of the hands.

Tell your doctor or pharmacist if you notice anything else that is making you feel

unwell. Other side effects not listed above may also occur in some people.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)]

Storage and Disposal of UPHADYL FORTE

- Storage

Keep your medicine in a dry place where the temperature stays below 30°C. Protect from light.

- Disposal

If your doctor tells you to stop taking this medicine or the expiry date has passed, ask your pharmacist what to do with any medicine that is left over.

Medicines should not be disposed of via wastewater or household waste. These measures will help to protect the environment

Product Description

- What it looks like

UPHADYL FORTE EXPECTORANT

- A brown, raspberry flavoured expectorant

Ingredients

Active ingredient

- Diphenhydramine Hydrochloride
- Ammonium Chloride

Inactive ingredients:

- Trisodium Citrate
- Menthol
- Sugar
- Liquid glucose
- Liquid caramel
- Methyl paraben
- Saccharin sodium
- Raspberry essence

- MAL22096019AZ

Manufacturer

Duopharma Manufacturing
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Lot No. 2 & 4, Jalan P/7,
Section 13, Bangi Industrial
Estate, 43650 Bandar Baru
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Product Registration Holder

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