

HYOMIDE TABLET[®]

Hyoscine butylbromide (10mg)

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What Hyomide is used for

Hyomide relieves the pain of stomach and bowel cramps by helping your digestive system to relax. It is also used to help relax gallbladder spasms and bladder spasms.

How Hyomide works

Hyomide is known as an anticholinergic medicine. It reduces the wave-like contractions of smooth muscle resulting in relief from spasms in certain organs in the digestive system.

Your doctor may have prescribed Hyomide for another reason.

Before you use Hyomide

- When you must not take it

Do not take Hyomide if you are allergic to hyoscine butylbromide or to any of the other ingredients listed at the end of this leaflet.

Some of the symptoms of an allergic reaction may include:

- shortness of breath
- wheezing or difficulty breathing
- swelling of the face, lips, tongue or other parts of the body
- rash, itching or hives on the skin

Do not take Hyomide if you have:

- muscle weakness

- high pressure in the eye
- porphyria (a rare blood pigment disorder)
- fast heart rate
- enlarged prostate
- inflammation of the esophagus (food pipe) due to back flow of stomach acid
- urinary retention
- blockage or ulcer in the stomach or bowel or in certain conditions when there is reduced bowel activity.

These conditions are best explained by your doctor or pharmacist.

Do not take it after the expiry date printed on the pack or if the packaging is torn or shows signs of tampering.

If it has expired or is damaged, return it to your pharmacist for disposal.

If you are not sure whether you should be given this medicine, talk to your doctor.

Pregnancy and lactation

Do not take Hyomide if you are pregnant, trying to get pregnant or think you may be pregnant especially during first trimester.

Do not take Hyomide if you are breast-feeding. Ask your doctor or pharmacist for advice before taking any medicine.

Tell your doctor if you are pregnant or plan to become pregnant or are breast-feeding.

There is limited information on the use of Hyomide during pregnancy and breastfeeding.

Your doctor can discuss with you the risks and benefits involved.

- Before you start to use it

You should check with your doctor or pharmacist before taking Hyomide if:

- You have other heart problems

- Taking other medicines

Tell your doctor or pharmacist if you are taking any other medicines, including any that you get without a prescription from your pharmacy, supermarket or health food shop.

Some medicines and Hyomide may interfere with each other. These include:

- medicines used to treat or prevent nausea and vomiting such as metoclopramide and domperidone
- Alkalisers such as antacid, carbonic anhydrase inhibitors, citrate and sodium bicarbonate
- Antifungal such as ketoconazole
- Nitrates
- Opioid pain killer
- medicines used to treat the symptoms of Parkinson's disease such as amantadine
- medicines used to treat allergies such as antihistamines
- medicine for the treatment of stomach or bowel condition such as cisapride

These medicines may be affected by Hyomide or may affect how well it works. You may need different amounts of your medicines.

Your doctor and pharmacist have more information on medicines to be careful with or avoid while taking this medicine.

How to use Hyomide

Swallow Hyomide with a full glass of water.

How much to use

Take Hyomide as your doctor has prescribed.

Your doctor will tell you how many tablets you will need to take each day.

Adult and children over 12 years old:

The usual dose is 1 to 2 tablets, 3 to 4 times a day.

Children 6 – 12 year olds:

The usual dose is 1 tablet 3 times a day

- When to use it

Use as directed by your doctor or pharmacist.

In painful menstruation, treatment should commence two days before the expected onset of the period and continue for three days after menstruation has begun.

- How long to use it

Continue taking Hyomide for as long as your doctor recommends.

- If you forget to use it

If it is almost time for your next dose, skip the dose you missed and take your next dose when you are meant to.

Do not take a double dose to make up for the dose that you missed. This may increase the chance of you getting an unwanted side effect.

If you have trouble remembering to take your medicine, ask your pharmacist for some tips.

- If you use too much (overdose)

Immediately telephone your doctor for advice or go to Accident and Emergency (Casualty) at the nearest hospital if you think that you or anyone else may have taken too much Hyomide Tablet.

Do this even if there are no signs of discomfort or poisoning.

~~You may need urgent medical attention.~~

Symptoms of an overdose may include drowsiness, dry mouth, difficulty passing urine, eyes cannot focus, blood pressure drops (fainting) when suddenly standing up from a lying or sitting position, abnormal breathing patterns and fast heart rate.

While you are using it

- Things you must do

Tell all the doctors, dentist and pharmacists treating you that you are using Hyomide.

Tell your doctor immediately if you become pregnant while taking this medicine.

If you are about to start taking any new medicine tell your doctor and pharmacist that you are taking Hyomide.

Cramps in the stomach or bowel may be temporary or may signal the presence of a more serious problem.

- Things you must not do

Do not take Hyomide to treat any other complaints unless your doctor tells you to.

Do not give your medicine to anyone else, even if they have the same condition as you.

- Things to be careful of

Be careful driving or operating machinery until you know how Hyomide affects you.

This medicine may cause dizziness, tiredness, drowsiness in some people.

If you have any of these symptoms, do not drive, operate machinery or do anything else that could be dangerous.

Tell your doctor or pharmacist if the pain is severe or does not improve within 48 hours of taking Hyomide.

~~Do not drink alcohol while taking Hyomide.~~

Alcohol may increase the chance of side effects such as drowsiness.

This medicine may affect some of the lab results.

Side effects

All medicines can have side effects. Sometimes they are serious, most of the time they are not.

Ask for the advice of your doctor or pharmacist if you have any concerns about the effects of taking this medicine.

Do not be alarmed by the following lists of side effects. You may not experience any of them.

Tell your doctor or pharmacist if you notice any of the following and they worry you:

- dry mouth
- slow heart rate followed by fast heart rate
- rash
- redness of the skin
- difficulty with passing urine
- temporary blurred vision (due to reduced eye focusing)
- constipation
- increased eye pressure
- dry skin
- fever
- confusion

Tell your doctor or pharmacist if you notice anything else that is making you feel unwell. Other side effects not listed above may also occur in some people.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Monitoring by visiting the website npra.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

Storage and disposal of Hyomide

- Storage

Keep your medicine in its original packaging until it is time to take them.

If you take the tablets out of the pack, they may not be kept well.

Keep your medicine in a cool dry place where the temperature will stay below 30°C. Protect from light.

Keep container tightly closed.

Do not store your medicine, or any other medicine, in the bathroom or near a sink.

Do not leave it on a window sill or in the car.

Heat and dampness can destroy some medicines.

Keep it where children cannot reach it.

A locked cupboard at least one and a half metres above the ground is a good place to store medicines.

- Disposal

If your doctor or pharmacist tells you to stop taking this medicine or it has passed its expiry date, ask your pharmacist what to do with any medicine that is left over.

Product Description

- What it looks like

Hyomide Tablet is a 6.5mm core diameter, round, convex, film coated white tablet marked 'UP' with score on one side.

- Ingredients

- Active ingredient:

- Hyoscine butylbromide

- Inactive ingredients:

- Sodium starch glycolate
- Magnesium stearate
- Talcum
- Microcrystalline cellulose
- Aerosil
- Lactose monohydrate

- Opadry II OYL 28900 White

- MAL number

MAL05101675AZ

Manufacturer

Duopharma Manufacturing (Bangi) Sdn Bhd (53667-M)
Lot 2&4, Jalan P/7, Section 13, Bangi Industrial Estate, 43650, Selangor Darul Ehsan

Product Registration Holder

Duopharma Marketing Sdn Bhd (27754-W)
Lot 2, 4, 6, 8 & 10, Jalan P/7, Section 13, Bangi Industrial Estate, 43650, Selangor Darul Ehsan

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