

CHAMPS VITAMIN C CHEWABLE 100MG (NATURAL ORANGE FLAVOUR/ STRAWBERRY)

Vitamin C (100mg)

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What Champs Vitamin C is used for

Champs Vitamin C is used in vitamin C deficiency.

How Champs Vitamin C works

Champs Vitamin C is necessary for collagen formation and tissue repair in the body and may be involved in some oxidation reduction reactions. It also has a role in the body defence system.

Before you use Champs Vitamin C

- When you must not take it

Do not take this medicine if you have an allergy to the other ingredients listed at the end of this leaflet.

Do not take this medicine after the expiry date printed on the pack or if the packaging is torn or shows signs of tampering.

If it has expired or is damaged, return it to your pharmacist for disposal.

If you are not sure whether you should start taking this medicine, talk to your doctor.

- Before you start to use it

Tell your doctor if you have allergies to any other medicines, foods, preservatives or dyes.

Tell your doctor or pharmacist if you have history of kidney stones, renal disease or an inherited disease due to faulty metabolism of an essential amino acid (phenylketonurics).

- Taking other medicines

Tell your doctor or pharmacist if you are taking any other medicines, including any that you get without a prescription from your pharmacy, supermarket or health food shop.

Concurrent use with salicylates (pain relief), barbiturates (sedative) and primidone (anticonvulsant) may increase urinary excretion of ascorbic acid.

Taking Champs Vitamin C can also interact with medicaments such as deferoxamine, cellulose sodium phosphate and disulfiram.

How to use Champs Vitamin C

Follow all directions given to you by your doctor or pharmacist carefully. They may differ from the information contained in this leaflet. If you do not understand the instructions, ask your doctor or pharmacist for help.

- How much to take it

CHILDREN

To be taken twice a day, before or after food:

Age 1 - 3 years : 1-2 tablets

Age 4 – 8 years : 1-3 tablets

Age 9 – 12 years : 1-5 tablets

Or as directed by physician.

- When to use it

Take Champs Vitamin C as directed by physician.

- How long to use it

Take your medicine for as long as your doctor tells you.

If the pain continues, tell your doctor.

- If you forget to use it

Take your dose as soon as you remember, and continue to take it as you would normally.

Do not take a double dose to make up for the dose that you missed.

If you have trouble remembering to take your medicine, ask your pharmacist for some hints.

- If you use too much (overdose)

Immediately telephone your doctor for advice, or go to Accident and Emergency at the nearest hospital, if you think that you or anyone else may have taken too much Champs Vitamin C.

Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

While you are using it

- Things you must do

Always follow your doctor's instructions carefully.

Tell all the doctors, dentists and pharmacists who are treating you that you are taking Champs Vitamin C.

If you are about to start on any new medicine, remind your doctor and pharmacist that you are taking Champs Vitamin C.

- Things you must not do

Do not take Champs Vitamin C to treat any other complaints unless your doctor tells you to.

Do not give your medicine to anyone else, even if they have the same condition as you.

- Things to be careful of

Be careful in driving or operating machinery until you know how Champs Vitamin C affects you.

Side effects

All medicines can have side effects. Sometimes they are serious, most of the time they are not. You may need medical attention if you get some of the side effects.

Ask your doctor or pharmacist to answer any questions you may have.

The following side effects may occur if taken at higher dose:

- Diarrhoea
- Nausea or vomiting
- Stomach cramps
- Redness of skin
- Increase in urination
- Headache

Tell your doctor or pharmacist if you notice anything else that is making you feel unwell.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835490, or visiting the website npa.gov.my [Consumers→ Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)]

Storage and Disposal of Champs Vitamin C

- Storage

Keep your medicine in the original container. If you take it out of its original container it may not keep well.

Keep your medicine in a dry place where the temperature stays below 30°C. Protect from light.

Heat and dampness can destroy some medicines.

Keep it where children cannot reach it.

- Disposal

If your doctor tells you to stop taking this medicine or the expiry date has passed, ask your

pharmacist what to do with any medicine that is left over. Medicines should not be disposed of via wastewater or household waste. These measures will help to protect the environment.

Product Description

- What it looks like

Champs Vitamin C Chewable 100mg (Natural Orange Flavour):

A "heart" shape, orange flavour orange tablet.

Champs Vitamin C Chewable 100mg (Strawberry):

A round button shape, strawberry flavour pink tablet. Size of tablet with thickness: 4mm and diameter: 12.8mm.

- Ingredients

Active ingredients:

Champs Vitamin C

Ascorbic acid and sodium ascorbate

Inactive ingredients:

Champs Vitamin C Chewable 100mg (Natural Orange Flavour):

- Hydroxypropylmethylcellulose
- Natural orange flavour -
- Sunkist
- FD & C yellow No. 6
- Aspartame
- Compressible sugar
- Magnesium stearate
- Syloid

Champs Vitamin C Chewable 100mg (Strawberry):

- Ponceau 4R aluminium lake
- Aspartame
- Compressible sugar
- Syloid
- Magnesium stearate
- Strawberry flavour.

- MAL number

Champs Vitamin C Chewable 100mg (Natural Orange Flavour): MAL06051568XZ

Champs Vitamin C Chewable 100mg (Strawberry):

MAL07021536XZ

Manufacturer

Duopharma Manufacturing (Bangi) Sdn. Bhd.
Lot 2 & 4, Jalan P/7, Section 13, Bangi Industrial Estate, 43650 Bandar Baru Bangi, Selangor Darul Ehsan.

Product Registration Holder

Duopharma Manufacturing (Bangi) Sdn. Bhd.
Lot 2,4, 6, 8 & 10, Jalan P/7, Section 13, Bangi Industrial Estate, 43650 Bandar Baru Bangi Selangor Darul Ehsan.

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