

UPHAMOL 650 TABLET

Paracetamol (650mg)

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What Uphamol is used for

Uphamol is used for symptomatic relief of various types of headaches including migraine and tension-type headache.

It can also be used to relieve pain due to colds and flu and to reduce fever.

How Uphamol works

Uphamol contains paracetamol as an active ingredient. Paracetamol works by relieving pain and reducing high temperature.

Before you use Uphamol

- When you must not take it

Do not take this medicine if you have an allergy to:

- paracetamol
- any of the other ingredients listed at the end of this leaflet

Allergy alert: Paracetamol may cause severe skin reactions. Symptoms may include skin reddening, blister or rash.

These could be signs of serious conditions. If these reactions occur, stop use and seek medical assistance right away.

Do not take Uphamol if you are taking other products containing paracetamol.

Do not take this medicine after the expiry date printed on the pack or if the packaging is torn or shows signs of tampering. If it has expired or is

damaged, return it to your pharmacist for disposal.

If you are not sure whether you should start taking this medicine, talk to your doctor.

- Before you start to use it

Tell your doctor if you have allergies to any other medicines, foods, preservatives or dyes.

Tell the doctor if you have or ever had any other health problems / medical conditions.

If symptoms persist, please consult with your doctor or pharmacist.

- Taking other medicines

Tell your doctor or pharmacist if you are taking any other medicines, including any that you get without a prescription from your pharmacy, supermarket or health food shop.

Some medicines and Uphamol may interfere with each other.

Your doctor and pharmacist have more information on medicines to be careful with or avoid while taking this medicine.

How to use Uphamol

Follow all directions given to you by your doctor and pharmacist carefully.

These directions may differ from the information contained in this leaflet.

If you do not understand the instructions on the pack, ask your doctor or pharmacist for help.

- How much to use

Adult and children above 12 years:
Take 1 tablet every 4 to 6 hours. Do not take more than 6 tablets in one day.

- When to use it

Take Uphamol as your doctor has prescribed.

- How long to use it

Continue taking Uphamol for as long as your doctor recommends.

If symptoms persist, consult the doctor.

For long term treatment, not more than 4 tablets should be taken in 24 hours.

- If you forget to use it

Take your dose as soon as you remember, and continue to take it as you would normally.

If it is almost time for your next dose, skip the dose you missed and take your next dose when you are meant to.

Do not take a double dose to make up for the dose that you missed. This may increase the chance of you getting an unwanted side effect.

- If you use too much (overdose)

Immediately telephone your doctor for advice or go to Accident and Emergency (Casualty) at the nearest hospital if you think that you or anyone else may have taken too much Uphamol.

Do this even if there are no signs of discomfort or poisoning.

You may need urgent medical attention.

While you are using it

- Things you must do

Tell all the doctors, dentists and pharmacists who are treating you that you are taking Uphamol.

If you are about to start taking any new medicine tell your doctor and pharmacist that you are taking Uphamol.

- Things you must not do

Do not take Uphamol to treat any other conditions unless your doctor tells you to.

Do not give your medicine to anyone else, even if they have the same condition as you.

- Things to be careful of

Driving and using machines

This medicine may affect your ability to drive or use machines. If the tablets make you feel sick, dizzy, tired, or give you a headache, do not drive or use machines and contact your doctor immediately

Side effects

All medicines can have side effects. Sometimes they are serious, most of the time they are not.

Ask for the advice of your doctor or pharmacist if you have any concerns about the effects of taking this medicine.

When taken in recommended doses, unwanted effects from Uphamol are rare and usually mild. Skin hypersensitivity reactions including skin rashes, swelling under the skin, Stevens Johnson Syndrome/Toxic Epidermal Necrolysis have been reported.

Tell your doctor or pharmacist if you notice anything else that is making you feel unwell.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Monitoring by visiting the website npra.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

Storage and Disposal of Uphamol

- Storage

Keep your medicine in its original packaging until it is time to take them.

If you take the tablets out of the pack, they may not be kept well.

Keep your medicine in a dry place where the temperature will stay below 30°C.

Do not store your medicine, or any other medicine, in the bathroom or near a sink.

Keep it where children cannot reach it.

- Disposal

If your doctor or pharmacist tells you to stop taking this medicine or it has passed its expiry date, ask your pharmacist what to do with any medicine that is left over.

Product Description

- What it looks like

A 13.5mm diameter, round, flat marked 'crown-shaped with UPHAMOL' and '650' light blue tablet.

- Ingredients:-

- Active ingredient:

- Paracetamol

- Inactive ingredients:

- Pregelatinized Starch
- Stearic acid
- Povidone (K-30)
- Colour Certolake Indigo Carmine
- Crospovidone

- MAL number

MAL19940735XZ

Manufacturer

Duopharma Manufacturing (Bangi) Sdn Bhd.

Lot No. 2 & 4, Jalan P/7, Section 13, Bangi Industrial Estate, 43650 Bandar Baru Bangi, Selangor, Malaysia.

Product Registration Holder

Duopharma Manufacturing (Bangi) Sdn. Bhd.

Lot No. 2,4,6,8 & 10, Jalan P/7, Section 13, Bangi Industrial Estate, 43650 Bandar Baru Bangi, Selangor, Malaysia.

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