

POTCIT MIXTURE

Potassium Citrate / Citric Acid (1g/5mL and 200mg/5mL)

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What Potcit Mixture is used for

Potcit Mixture is by its alkalising action may relieve the discomfort of cystitis (inflammation of bladder) caused by lower urinary tract infections.

How Potcit Mixture works

Potassium citrate is oxidized in the body to form potassium bicarbonate or sodium bicarbonate. Effects are essentially those of chlorides before absorption and those bicarbonates after absorption.

Before you use Potcit Mixture

- When you must not take it

Do not take Potcit Mixture if you:

- are allergic to any medicine containing citric acid or potassium nitrate.

Do not take this medicine after the expiry date printed on the pack or if the packaging is torn or shows signs of tampering.

If it has expired or is damaged, return it to your pharmacist for disposal.

If you are not sure whether you should start taking this medicine, talk to your pharmacist or doctor.

- Before you start to use it

Tell your pharmacist if you have allergies to any other medicines, foods, preservatives or dyes.

Tell your doctor or pharmacist if you are pregnant or plan to become pregnant or are breastfeeding.

Your doctor or pharmacist can discuss with you the risks and benefits involved.

- Taking other medicines

Tell your pharmacist the medicines, including any that you get without a prescription from your pharmacy, supermarket or health food shop.

Some medicines and Potcit Mixture may interfere with each other. These include:

- medicines used to treat heart disease
- medicines used to treat kidney impairment.

These medicines may be affected by Potcit Mixture or may affect how well it works.

Your doctor and pharmacist have more information on medicines to be careful with or avoid while taking this medicine.

How to use Potcit Mixture

Follow all directions given to you by your pharmacist or doctor carefully.

They may differ from the information contained in this leaflet.

If you do not understand the directions on your prescription bottle, ask your pharmacist, nurse, or doctor to explain the instructions to you.

- How much to take

For adults: 10 – 15 mL to be taken 4 time daily well diluted with water or as directed by your doctor.

For children: 5 – 15 mL to be taken 4 time daily well diluted with water or as directed by your doctor.

- When to take it

Take your Potcit Mixture at the same time each day.

Use as directed by your doctor or pharmacist.

- How long to use it

As directed by your doctor or pharmacists.

- If you forget to take it

Take the missed dose as soon as you remember. If it is almost time for your next dose, skip the missed dose and take the medicine at your next regularly scheduled time. Do not take extra medicine to make up the missed dose.

- If you take too much (overdose)

Seek emergency medical attention if you think you have used too much of this medicine.

While you are using it

- Things you must do

Talk to your pharmacist or doctor if your symptoms do not improve.

Your pharmacist or doctor will assess your condition and decide if you should continue to take the medicine.

- Things you must not do

Do not give your medicine to anyone else, even if they have the same condition as you.

Do not take more than the recommended dose unless your pharmacist or doctor tells you.

- Things to be careful of

Be careful if you drive, operate machinery or do anything that requires you to be awake and alert.

Side effects

Tell your pharmacist or doctor if you do not feel well while you are taking Potcit Mixture. It may have unwanted side effects in a few people.

All medicines can have side effects. Sometimes they are serious, most of the time they are not. You may need medical attention if you get some of the side effects.

Do not be alarmed by the following list of side effects. You may not experience any of them.

Ask your pharmacist doctor to answer any questions you may have. Tell your doctor or pharmacist if you experience any of the following:

- high blood potassium (hyperkalemia)
- mild diuresis

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835490, or visiting the website www.npra.gov.my (Consumers → Reporting Medicinal Problems / Side Effects / AEFI / Vaccine Safety).

Storage and Disposal of Potcit Mixture

- Storage

Keep the medicines in a cool dry place where the temperature stays below 30°C. Protect from light. Keep out of reach of children.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

- What it looks like

A colourless to slight yellowish lemon flavoured syrup

- Ingredients:

Active Ingredients:

- i. Citric Acid
- ii. Potassium Citrate

Inactive Ingredients:

- i. Sodium Benzoate
- ii. Sugar Refined
- iii. Saccharin Sodium
- iv. Lemon Essence
- v. Purified water

- MAL Number

MAL19912626X

Manufacturer

Duopharma Manufacturing (Bangi) Sdn. Bhd. (53667-M)
Lot 2&4, Jalan P/7, Section 13,
Bangi Industrial Estate,
43650 Bandar Baru Bangi
Selangor Darul Ehsan.

Product Registration Holder

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