

UPHACOL BROMHEXINE HCL SYRUP

Bromhexine hydrochloride (4mg/5ml)

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What Uphacol is used for

Uphacol is used to reduce phlegm thickness, thus facilitate its removal by coughing.

How Uphacol works

Uphacol contains bromhexine hydrochloride as

an active ingredient. Bromhexine hydrochloride helps to clear the chest by thinning the phlegm in your air passages.

Before you use Uphacol

- When you must not take it

Do not take this medicine if you have an allergy to:

- Bromhexine hydrochloride
- any of the other ingredients listed at the end of this leaflet

Do not take this medicine after the expiry date printed on the pack or if the packaging is torn or shows signs of tampering.

If it has expired or is damaged, return it to your pharmacist for disposal.

If you are not sure whether you should start taking this medicine, talk to your doctor.

- Before you start to use it

Tell your doctor if you have

- allergies to any other medicines, foods, preservatives or dyes

- gastric ulcer.

Ask your doctor or pharmacist for advice before taking this medicine if you are pregnant or breastfeeding.

- Taking other medicines

Tell your doctor or pharmacist if you are taking any other medicines, including any that you get without a prescription from your pharmacy, supermarket or health food shop.

Some medicines and Uphacol may interfere with each other.

You may need different amounts of your medicines, or you may need to take different medicines.

Your doctor and pharmacist have more information on medicines to be careful with or avoid while taking this medicine.

How to use Uphacol

Follow all directions given to you by your doctor and pharmacist carefully.

These directions may differ from the information contained in this leaflet.

If you do not understand the instructions on the pack, ask your doctor or pharmacist for help.

- How much to use

Adult and children above 12 years :

10ml three times daily or as directed by physician.

Children 2 to 5 years: 2.5ml three times daily

Children 6 to 12 years : 5ml three times daily or as directed by physician.

- When to use it

Take Uphacol as your doctor has prescribed.

- How long to use it

Continue taking Uphacol for as long as your doctor recommends.

- If you forget to use it

Take your dose as soon as you remember, and continue to take it as you would normally.

If it is almost time for your next dose, skip the dose you missed and take your next dose when you are meant to.

Do not take a double dose to make up for the dose that you missed.

This may increase the chance of you getting an unwanted side effect.

- If you use too much (overdose)

Immediately telephone your doctor for advice or go to Accident and Emergency (Casualty) at the nearest hospital if you think that you or anyone else may have taken too much Uphacol

Do this even if there are no signs of discomfort or poisoning.

You may need urgent medical attention.

While you are using it

- Things you must do

Tell all the doctors, dentists and pharmacists who are treating you that you are taking Uphacol.

If you are about to start taking any new medicine tell your doctor and pharmacist that you are taking Uphacol

- Things you must not do

Do not take Uphacol to treat any other conditions unless your doctor tells you to.

Do not give your medicine to anyone else, even if they have the same condition as you.

- Things to be careful of

Be careful driving or operating machinery until you know how Uphacol affects you.

Side effects

All medicines can have side effects. Sometimes they are serious, most of the time they are not.

Ask for the advice of your doctor or pharmacist if you have any concerns about the effects of taking this medicine.

Gastrointestinal irritations may occur.

Uphacol may cause severe allergy and serious skin reactions. Stop using Uphacol and seek medical assistance immediately if you experience any of the following symptoms:

- severe allergy: breathing difficulties, light headedness, skin swellings or rash
- severe skin reaction: skin reddening, blisters, rash, fever, sore throat or eye irritation

Tell your doctor or pharmacist if you notice anything else that is making you feel unwell.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.moh.gov.my

Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI).

Storage and Disposal of Uphacol

- Storage

Keep your medicine in its original packaging until it is time to take them.

If you take the medicine out of the pack, they may not be kept well.

Keep your medicine in a dry place where the temperature will stay below 30°C. Protect from light. Do not store in fridge

Do not store your medicine, or any other medicine, in the bathroom or near a sink.

Keep it where children cannot reach it.

- Disposal

If your doctor or pharmacist tells you to stop taking this medicine or it has passed its expiry date, ask your pharmacist what to do with any medicine that is left over.

Product Description

- What it looks like

A plain, strawberry flavoured syrup.

- Ingredients

- Active ingredient:

- Each 5ml of syrup contains 4mg bromhexine hydrochloride

- Inactive ingredients:

- Saccharin sodium
- Sorbitol 70% Solution
- Methylparaben
- Raspberry essence
- Strawberry essence
- Propylene glycol
- Glycerine
- Chloroform spirit
- Purified Water

- MAL number

MAL19912692XZ

Manufacturer

Duopharma Manufacturing (Bangi) Sdn. Bhd
Lot No.2 & 4, Jalan P/7, Section 13, Bangi Industrial Estate, 43650 Bandar Baru Bangi, Selangor Darul Ehsan

Product Registration Holder

Duopharma Manufacturing (Bangi) Sdn. Bhd
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