

DUOBION TABLET

Thiamine hydrochloride (B1)/Riboflavin (B2)/Pyridoxine hydrochloride (B6)/Cyanocobalamin (B12)/Nicotinamide (5mg/1.5mg/1mg/3mcg/10mg)

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What Duobion is used for

Duobion is used as prophylaxis and treatment of vitamin B deficiency.

How Duobion works

Duobion contains five types of vitamin B. These are the vitamin B which will replenish the deficiency in the body.

Vitamin B1 promotes proper metabolism of sugars and fatty acids to get energy for correct functioning of the heart and nervous system.

Vitamin B2 helps proper use of carbohydrates, proteins and fats in body cells and is necessary for healthy skin.

Vitamin B6 aids in the formation of red blood cells and correct functioning of the nervous system.

Vitamin B12 also assists in the formation of red blood cells, thus helping to prevent certain forms of anaemia.

Nicotinamide aids the nervous system by promoting energy-producing reactions in cells.

Ask your doctor if you have any questions about why this medicine has been prescribed for you. Your doctor may have prescribed it for another reason.

Before you use Duobion

- When you must not take it

Do not take this medicine if you have an allergy to vitamin B or any of the other ingredients listed at the end of this leaflet.

Do not take this medicine after the expiry date printed on the pack or if the packaging is torn or shows signs of tampering.

If it has expired or is damaged, return it to your pharmacist for disposal.

If you are not sure whether you should start taking this medicine, talk to your doctor.

- Before you start to use it

Tell your doctor if you have allergies to any other medicines, foods, preservatives or dyes.

Tell your doctor if you are pregnant or plan to become pregnant.

- Taking other medicines

Tell your doctor or pharmacist if you are taking any other medicines, including any that you get without a prescription from your pharmacy, supermarket or health food shop.

Some medicines and Duobion may interfere with each other.

Your doctor and pharmacist have more information on medicines to be careful with or avoid while taking this medicine.

How to use Duobion

Follow all directions given to you by your doctor or pharmacist carefully.

They may differ from the information contained in this leaflet.

If you do not understand the instructions, ask your doctor or pharmacist for help.

- How much to use

Take 1-2 tablets three times daily or as directed by physician.

- When to use it

Take Duobion at about the same time each day.

- How long to use it

Continue taking your medicine for as long as your doctor tells you.

- If you forget to use it

Take your dose as soon as you remember, and continue to take it as you would normally.

Do not take a double dose to make up for the dose that you missed. This may increase your chances of getting side effects.

If you have trouble remembering to take your medicine, ask your pharmacist for some hints.

- If you use too much (overdose)

Immediately telephone your doctor for advice, or go to Accident and Emergency at the nearest hospital, if you think that you or anyone else may have taken too much Duobion

Do this even if there are no signs of discomfort or poisoning.

You may need urgent medical attention.

While you are using it

- Things you must do

Always follow your doctor's instructions carefully.

Tell all the doctors, dentists and pharmacists who are treating you that you are taking Duobion.

Tell your doctor if you are pregnant while taking Duobion.

If you are about to start on any new medicine, remind your doctor and pharmacist that you are taking Duobion.

- Things you must not do

Do not take Duobion to treat any other conditions unless your doctor tells you to.

Do not give your medicine to anyone else, even if they have the same condition as you.

- Things to be careful of

Be careful driving or operating machinery until you know how Duobion affects you.

Side effects

All medicines can have side effects. Sometimes they are serious, most of the time they are not. You may need medical attention if you get some of the side effects.

Ask your doctor or pharmacist to answer any questions you may have.

Tell your doctor or pharmacist if you notice anything else that is making you feel unwell. Other side effects not listed above may also occur in some people.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835490, or visiting the website npra.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)]

Storage and Disposal of Duobion

- Storage

Keep your medicine in the original container. If you take it out of its original container it may not keep well.

Keep your medicine in a dry place where the temperature stays below 30°C. Protect from light.

Do not store Duobion or any other medicine in the bathroom or near a sink.

Do not leave it on a window sill or in the car.

Heat and dampness can destroy some medicines.

Keep it where children cannot reach it.

A locked cupboard at least one-and-a-half metres above the ground is a good place to store medicines.

- Disposal

If your doctor tells you to stop taking this medicine or the expiry date has passed, ask your pharmacist what to do with any medicine that is left over.

Product Description

- What it looks like

A 6.5mm diameter, yellow, round convex, scored tablet, marked 'UP'.

- Ingredients

- Active ingredient

- Thiamine hydrochloride (B1)
- Riboflavin (B2)
- Pyridoxine hydrochloride (B6)
- Cyanocobalamin (B12)
- Nicotinamide

- Inactive ingredients:

- Magnesium stearate
- Lactose
- Sodium starch glycolate
- Corn starch

- MAL number

MAL19912652XZ

Manufacturer

Duopharma Manufacturing (Bangi) Sdn Bhd
Lot 2&4, Jalan P/7, Section 13, Bangi Industrial Estate, 43650 Selangor, Malaysia

Product Registration Holder

Duopharma Manufacturing (Bangi) Sdn Bhd
Lot 2, 4, 6, 8 & 10, Jalan P/7, Section 13, Bangi Industrial Estate, 43650 Selangor, Malaysia

Date of Revision

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