

TRENLIN SR TABLET 400MG[®]

Pentoxifyline 400mg

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What TRENLIN SR TABLET is used for

TRENLIN SR TABLET is a type of medicine used to improve the circulation of the blood.

TRENLIN SR TABLET is used to treat the symptoms of a condition called chronic occlusive arterial disease. Symptoms of this disease can include lameness and pain, usually in the leg muscles.

Your doctor, however, may prescribe TRENLIN SR TABLET for another purpose.

Ask your doctor if you have any questions about why it has been prescribed for you.

This medicine is only available with a doctor's prescription.

How TRENLIN SR TABLET works

TRENLIN SR TABLET is a slow-release tablet, which means that the active ingredient is released slowly over several hours.

Before you take TRENLIN SR TABLET

- When you must not take it

- had a recent operation
- bleeding problems
- heart problems, such as having suffered a heart attack
- kidney or liver problems
- stomach ulcers or a history of stomach ulcers
- had an allergic reaction to caffeine or theophylline (a medicine used to treat asthma)

Do not take TRENLIN SR TABLET if any of the above applies to you or if you are allergic to it or any of the ingredients listed at the end of this leaflet. If you are not sure, talk to your doctor or pharmacist before taking TRENLIN SR TABLET.

Do not take it after the expiry date (EXP) printed on the pack. If you take it after the expiry date has passed, it may not work as well.

Do not take it if the packaging is damaged or shows signs of tampering.

- Before you start to use it

Check with your doctor, pharmacist or dentist before taking TRENLIN SR TABLET if you have allergies to:

- any of the ingredients listed at the end of this leaflet
- any other medicines including caffeine or theophylline (a medicine used to treat asthma)
- any other substances, such as foods, preservatives or dyes.

Tell your doctor or pharmacist if you are pregnant or intend to become pregnant. Like most medicines of this kind, TRENLIN SR TABLET is not recommended to be used during pregnancy. Your doctor or pharmacist will discuss the risks and

benefits of taking it if you are pregnant.

Tell your doctor or pharmacist if you are breastfeeding or planning to breastfeed. TRENLIN SR TABLET passes into breast milk and there is a possibility your baby may be affected. Your doctor or pharmacist will discuss the risks and benefits of taking it if you are breastfeeding or planning to breastfeed.

Tell your doctor if you have or have had any medical conditions, especially the following:

- kidney or liver problems
- problems with your blood pressure
- problems with your heart e.g., an irregular or rapid heart beat

If any of the above apply to you (or you are not sure), talk to your doctor, or pharmacist before taking this medicine.

Use in children

TRENLIN SR TABLET is not recommended for children and adolescents under 18 years. There is no experience with its use in children or adolescents under 18 years old.

Pregnancy and breast-feeding

Do not take it if you are pregnant or intend to become pregnant. It may affect your developing baby if you take it during pregnancy. Your doctor or pharmacist will discuss the risks and benefits of taking it if you are pregnant.

Do not take it if you are breastfeeding or planning to breastfeed.

If you are pregnant or breast feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking this medicine.

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Driving and using machines

Be careful driving or operating machinery until you know how TRENLIN SR TABLET affects you.

It may cause dizziness or light-headedness in some people, especially after the first dose. Make sure you know how you react to it before you drive a car, operate machinery, or do anything else that could be dangerous if you feel dizzy.

Medical Problems or Allergies:

Talk about any medical problems or allergies you have now or have had in the past to your doctor or pharmacist.

- Taking other medicines

Tell your doctor or pharmacist if you are taking any other medicines, including any that you buy without a prescription from your pharmacy, supermarket or health food store.

Some medicines may interfere with how TRENLIN SR TABLET works. These include:

- warfarin and other medicines used to stop blood clots.
- medicines used to treat high blood pressure
- theophylline, a medicine used to treat asthma
- some medicines used to treat diabetes
- some medicines used to treat the symptoms of cough and colds

These medicines may be affected by TRENLIN SR TABLET, or may affect how well it works. You may need to use different amounts of your medicine or take different medicines. Your doctor or pharmacist will advise you.

Your doctor or pharmacist has more information on medicines to be careful with or to avoid while taking TRENLIN SR TABLET.

How to take TRENLIN SR TABLET

- How much to take

Your doctor or pharmacist will tell you how many tablets you will need to take each day. This depends on your condition and whether or not you are taking any other medicines.

The standard dose for this medicine is one tablet three times a day.

Your doctor may have prescribed a different dose.

Ask your doctor or pharmacist if you are unsure of the correct dose for you. Follow the instructions they give you carefully.

If you take the wrong dose, TRENLIN SR TABLET may not work as well and your problem may not improve.

- When to take it

Take TRENLIN SR TABLET during or immediately after a meal, at about the same time each day.

If you take it on an empty stomach, it may cause stomach upset.

Taking your tablets at the same time each day will have the best effect. It will also help you remember when to take the tablets.

If you are not sure when to take it, ask your doctor or pharmacist.

- How long to take it

Continue taking your medicine for as long as your doctor or pharmacist tells you.

The medicine helps control your condition, but it does not cure it. Therefore, you must take it every day. TRENLIN SR TABLET can take time to work. Your symptoms may

improve within 2-4 weeks; however, it can take up to 8 weeks to take effect.

Ask your doctor or pharmacist if you are not sure how long to take the medicine for.

- If you forget to take it

Do not try to make up for missed doses by taking more than one dose at a time. This may increase the chance of getting an unwanted side effect.

If it is almost time for your next dose, skip the dose you missed and take the next dose when you are meant to.

If there is still a long time to go before your next dose, take it as soon as you remember, and then go back to taking it as you would normally.

If you are not sure what to do, ask your doctor or pharmacist.

If you have trouble remembering when to take your medicine, ask your pharmacist for tips.

- If you use too much (overdose)

If you take more TRENLIN SR TABLET than you should, talk to a doctor or go to a hospital straight away.

Do this even if there are no signs of discomfort or poisoning.

You may need urgent medical attention.

If you take too much TRENLIN SR TABLET, you may feel flushed, light-headed or dizzy, drowsy or you may also feel faint.

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While you are taking TRENLIN SR TABLET

- Things you must do

Swallow the tablet whole with a full glass of water or other liquid. Do not crush or chew the tablets.

Tell all the doctors, dentists and pharmacists who are treating you that you are taking TRENLIN SR TABLET.

If you are about to be started on any new medicine, tell your doctor and pharmacist that you are taking TRENLIN SR TABLET.

If you plan to have surgery that needs a general anaesthetic, tell your doctor or dentist that you are taking this medicine.

If you become pregnant while you are taking this medicine, stop taking it and tell your doctor or pharmacist immediately.

- Things you must not do

Do not take more than the recommended dose unless your doctor tells you to.

Do not give this medicine to anyone else, even if they have the same condition as you.

Do not use this medicine to treat any other complaints unless your doctor tells you to.

Do not stop taking TRENLIN SR TABLET, or lower the dosage, without checking with your doctor.

Do not stop taking your tablets because you are feeling better, unless advised by your doctor or pharmacist.

Side effects

All medicines have some unwanted side effects. Sometimes they are serious, but most of the time they are not. Your doctor or pharmacist has weighed the risks of using this medicine against the benefits they expect it will have for you.

Tell your doctor or pharmacist if you notice any of the following and they worry you:

Mild and short-lived side effects:

- nausea, vomiting or an upset stomach
- feeling bloated
- diarrhoea or constipation
- dizziness
- headache
- problems sleeping
- blurred vision
- drowsiness
- rash

Serious and uncommon side effects:

- tremor
- bleeding or bruising more easily than normal
- yellowing of the skin and eyes(jaundice)

Very serious but rare side effects:

If any of the following happen, stop taking this medicine and tell your doctor immediately, or go to Accident and Emergency at your nearest hospital.

- Some symptoms of an allergic reaction include skin rash, itching, shortness of breath or swelling of the

face, lips, mouth or throat, which may cause difficulty in swallowing or breathing

Do not be alarmed by this list of possible side effects. You may not experience any of them.

Tell your doctor or pharmacist if you notice anything else that is making you feel unwell.

Other side effects not listed above may occur in some consumers.

Ask your doctor or pharmacist to answer any questions you may have.

If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist, but do not stop taking TRENLIN SR TABLET until you have spoken to them.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers→ Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)]

Storage and Disposal of TRENLIN SR TABLET

- Storage

Store below 25°C in a tightly closed container and dry place. Store in original container in the amber glass bottle until it is time to take them.

If you take the tablets out of the amber glass bottle, they may not keep well.

Protect from light.

Do not store it or any other medicine in the bathroom, near a sink, or on a windowsill.

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Do not leave it in the car. Heat and damp can destroy some medicines.

Date of revision
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Keep out of reach of children.

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NPRA(R2/1)200219/365

- Disposal

- Medicines should not be disposed of via wastewater or household waste.
- Ask your pharmacist how to dispose of medicines no longer required.
- These measures will help to protect the environment.

Product Description

- What it looks like

TRENLIN SR TABLET

Pink, caplet shaped, film coated tablet, plain on both sides.

Ingredients

- Active ingredient(s)

The active substance is pentoxifylline.

Inactive ingredients

Hydroxyethyl cellulose,
.Magnesium stearate, Povidone,
Opadry pink

- MAL number:

MAL05032541AZ

Manufacturer

Duopharma Manufacturing (Bangi)
Sdn.Bhd.
Lot No 2 & 4,
Jalan P/7, Section 13,
Bangi Industrial Estate,
43650 Bandar Baru Bangi,
Selangor Darul Ehsan, Malaysia.

Product Registration Holder

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