

PREDNISYN TABLET 5MG

Prednisolone (5mg)

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What Prednisyn is used for

Prednisyn is used for the treatment of rheumatic fever, rheumatoid arthritis, allergic diseases, nephritic syndrome, bronchial asthma and other corticosteroid-indicated conditions.

How Prednisyn work

Prednisyn is a corticosteroid for systemic use. Naturally occurring glucocorticoids (hydrocortisone and cortisone), which also have salt-retaining properties, are used as replacement therapy in adrenocortical deficiency states. Their synthetic analogs are primarily used for their potent anti-inflammatory effects in disorders of many organ systems. Glucocorticoids cause profound and varied metabolic effects. In addition, they modify the body's immune responses to diverse stimuli.

Before you use Prednisyn

– When you must not use it

Do not take Prednisyn:

- If you are having allergy to component of this medication.
- If you are having systemic infections unless specific anti-infective therapy is employed.
- If you are having ocular herpes simplex.
- If you are having rare hereditary problems of galactose intolerance.
- If you are having Lapp lactase deficiency or glucose-galactose malabsorption.

– Before you start to use it

Tell your doctor:

- If you are allergic to any medicines and food.
- If you are taking any other medicines (including those not prescribed by your doctor).
- If you or your first-degree relatives are having or have previous history of severe affective disorders.
- If you are having diabetes mellitus, glaucoma, hypertension, liver failure, epilepsy, osteoporosis, peptic ulceration, steroid myopathy, myasthenia gravis receiving anticholinesterase therapy, thromboembolic disorders, renal insufficiency, tuberculosis, recent myocardial infarction, chronic liver disease with impaired hepatic function or adrenal cortical atrophy.
- If you are vaccinated with live vaccines.
- If you have systemic sclerosis (an autoimmune disorder). Taking daily doses of 15 mg or more may increase the risk of a serious complication called scleroderma renal crisis which may cause your blood pressure to increase and reduce urination.
- If you have *pheochromocytoma* (a tumour of the adrenal gland).

– Taking other medicines

You should tell your doctor if you are taking any medicine as it may interact with your Prednisyn:

- CYP3A inhibitors
- Hepatic microsomal enzyme inducers, hepatic microsomal enzyme inhibitors
- Antidiabetic agents
- Non-steroidal anti-inflammatory drugs
- Antibacterials
- Anticoagulants
- Antiepileptics
- Antifungals
- Antivirals

- Cardiac Glycosides, ciclosporin, cytotoxics, mifepristone
- Vaccines
- Oestrogens, somatropin
- Sympathomimetics
- Hypoglycaemic agents (including insulin)
- Antihypertensives and diuretics

How to use Prednisyn

– How much to use

For oral administration only.

Should be taken with food (take immediately after meal).

Usual adult and adolescent dose:

Oral, 5-60mg daily in divided doses. For acute exacerbations of multiple sclerosis – oral, 200mg per day for one week, followed by 80mg every other day for one month.

Usual adult prescribing limits:

Oral, up to 250mg a day.

Usual pediatric dose:

Adrenocortical insufficiency – oral, 140mcg (0.14mg) per kg of body weight or 4mg per square meter of body surface a day in three divided doses.

Other indications – oral, 500mcg (0.5mg) to 2mg per kg of body weight or 15 to 60mg per square meter of body surface a day in three or four divided doses.

– When to use it

Your doctor will decide when it is appropriate for you to use Prednisyn according to the type of condition you have.

– How long to use it

Taking Prednisyn for as long as doctor recommends.

– If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it.

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

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-If you use too much (overdose)

- No specific antidote is available; treatment is supportive and symptomatic.
- Serum electrolytes should be monitored.
- It is advisable for you to contact and inform your doctor if you did take Prednisyn too much.

While you are using it

-Things you must do

- Take your medicine exactly as your doctor has told you.
- Tell all the doctors, dentists and pharmacists treating you that you are taking Prednisyn.
- Tell your doctor immediately if you become pregnant while talking this medication.

-Things you must not do

- Do not stop taking the medicine unless advised by your doctor.
- Do not take any new medicines without consulting your doctor.
- Do not give Prednisyn to anyone else, even if they have the same symptoms or condition as you.

-Things to be careful of

- Avoid prolonged usage in high dosage/ systemic exposure.
- Seek medical advice if worrying psychological symptoms develop.
- Avoid exposure to chickenpox or herpes zoster.
- Avoid exposure to measles.
- Refer to an ophthalmologist if symptoms such as blurred vision other visual disturbances occur.
- Avoid long term use in children and the elderly.

Side effects

Like all medicines, Prednisyn can cause side effects although not everybody gets them. You are advised to consult doctor/ pharmacist for further information. The following common side effects have been reported:

- Affective disorders (irritable, euphoric, depressed and labile mood, and suicidal thoughts).
- Psychotic reactions (mania, delusions, hallucinations, and aggravation of schizophrenia).
- Behavioral disturbances, irritability, anxiety, sleep disturbances, confusion and amnesia.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.moh.gov.my (Public → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI))

Storage and disposal of Prednisyn

-Storage

Keep Prednisyn out of reach of children.

Store below 30°C. Protect from light.

-Disposal

Do not use Prednisyn after the expiry date which is stated on the carton. Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product description

-What it looks like

Prednisyn is a 6.5mm diameter, round, flat, scored on one side, plain on the other side, white tablet.

-Ingredients

Active Ingredient:
Prednisolone.

Inactive Ingredients:

Sodium Starch Glycolate, Corn Starch, Polysorbate 80, Magnesium Stearate, lactose.

-MAL Number

MALXXXXXXXXXACZ

Manufacturer

PT Sydna Farma

Jl. RC Veteran No 89 Desa/Kelurahan Bintaro, Kec. Pesanggrahan, Kota Adm. Jakarta Selatan, Povinsi DKI Jakarta, Indonesia.

Product Registration Holder

Duopharma Manufacturing (Bangi) Sdn Bhd

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