

TRIOBION TABLET

Thiamine mononitrate (B1)/ Pyridoxine hydrochloride (B6)/ Cyanocobalamin (B12) (100mg/50mg/100mcg)

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What Triobion Tablet is used for

Triobion Tablet is used for the prevention and treatment of deficiencies of Vitamins B1, B6, B12.

How Triobion Tablet works

Triobion tablets provides supply of vitamins B1, B6 and B12 and thus ensure the availability of the required quantities of coenzymes for nervous system function.

Like all other vitamins, they are essential nutrients which the body cannot produce itself.

Before you use Triobion Tablet

- When you must not use it

Do not take this medicine if:

- you are allergic to thiamine, pyridoxine, cyanocobalamin or hydroxocobalamin or any other ingredients of this medicine (listed in Product Description).
- you have Wernicke's encephalopathy (loss of muscle coordination and confusion)
- you have Leber's disease (vision loss).

- Before you start to use it

Tell your doctor or pharmacist if following medical condition exists:

- allergic to other cobalamins (found naturally in foods)

Pregnancy and lactation

Do not take Triobion Tablet if you are pregnant, trying to get pregnant or think you may be pregnant.

Vitamin B12 is found in the breast milk. Ask your doctor or pharmacist for advice before taking any medicine.

- Taking other medicines

Tell your doctor or pharmacist if you are taking any of the following:

- hydralazine (medication to treat high blood pressure)
- corticosteroids (medication to treat inflammation)
- chlorambucil or cyclophosphamide (medication to treat cancer)
- corticotropin (ACTH) (hormone therapy)
- azathioprine, cyclosporine, mercaptopurine (medication used to prevent organ rejection during organ transplant)
- penicillamine (medication to treat Wilson's disease and inflammation around the joints)
- estrogens or contraceptives
- levodopa (medication for Parkinson's Disease)
- alcohol
- antibiotics including cycloserine, ethionamide, isoniazid
- folic acid (health supplement)
- aminosaliclates (medication to reduce inflammation in the intestine)
- colchicine (medication for gout)

How to use Triobion Tablet

- How much to use

Adult: 1 tablet

- When to use it

Use 2 or 3 times a day or as directed by the doctor or pharmacist.

- How long to use it

Use Triobion Tablet for the duration that your doctor or pharmacist recommends.

- If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it. Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do

not take a double dose to make up for the missed dose.

- If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

While you are using it

- Things you must do

- Take your medicine exactly as your doctor has told you.
- Tell all the doctors, dentists and pharmacists treating you that you are taking Triobion Tablet.
- Tell your doctor immediately if you become pregnant while taking this medication.

- Things you must not do

- Do not stop taking the medicine unless advised by your doctor.
- Do not take any new medicines without consulting your doctor or pharmacist.
- Do not give Triobion Tablet to anyone else, even if they have the same symptoms or condition as you.

- Things to be careful of

Be careful driving or operating machinery until you know how Triobion Tablet affects you.

Side effects

Like all medicines, Triobion tablet can cause side effect, although not everybody gets them. Visit your doctor or pharmacist immediately if you experience any side effects after taking this medicine.

Rare incidence:

- severe allergic reaction (coughing; difficulty in swallowing; hives; itching of skin; swelling of face, lips, or eyelids; wheezing or difficulty in breathing)

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- high doses of pyridoxine (2 to 6 grams per day) may cause severe sensory nerve damage, progressing from unstable gait and hand/feet numbness and clumsiness of hands.

Less frequent incidence:

- diarrhoea
- itching of skin

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npa.gov.my [Consumers→ Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)]

Storage and Disposal of Triobion Tablet

- Storage

Keep all medicines out of the reach of children.

Store below 30°C in a dry place protected from direct light.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

- What it looks like

Round, pink coloured, sugar coated tablet.

- Ingredients

- Active ingredient(s)

Thiamine mononitrate (B1), pyridoxine hydrochloride (B6), (B12) cyanocobalamin

- Inactive ingredients

Corn starch, PVP-K90, croscarmellose sodium, lactose, magnesium stearate

- MAL number:

MAL19950115XCZ

Manufacturer

Teraputics Sdn. Bhd. (590500-W)
Lot 10 & 11, PERDA Industrial Park,
Lorong IKS Simpang Ampat B, 14100
Simpang Ampat, S.P.S., Pulau Pinang,
Malaysia

Product Registration Holder

Zontron Pharmaceuticals Sdn. Bhd.
(445695-T)
Lot 10 & 11, PERDA Industrial Park,
Lorong IKS Simpang Ampat B, 14100
Simpang Ampat, S.P.S., Pulau Pinang,
Malaysia

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