

IQNYDE TABLET

Sildenafil (50mg, 100mg)

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What Pharmaniaga Iqnyde Tablet is used for

Iqnyde is indicated for the treatment of erectile dysfunction in adult males, which is the inability to achieve or maintain a penile erection sufficient for satisfactory sexual performance.

How Iqnyde Tablet works

Sildenafil works by helping to relax the blood vessels in your penis, allowing blood to flow into your penis when you get sexually excited. Sildenafil will only help you to get an erection if you are sexually stimulated.

Before you use Iqnyde Tablet

-When you must not use it

You should not take Iqnyde Tablet if you do not have erectile dysfunction.

You should not take Iqnyde Tablet if you are a woman.

Do not take Iqnyde Tablet if you:

- Are allergic to any medicine containing Sildenafil or any of the other ingredients
- If you have a severe heart or liver problem.
- If you have recently had a stroke or a heart attack, or if you have low blood pressure.
- If you have certain rare inherited eye diseases (such as retinitis pigmentosa

i.e. degenerative eye disease that causes severe vision impairment and often blindness).

- If you have ever had loss of vision because of the damage to the optic nerve from insufficient blood supply which is called non-arteritic anterior ischaemic optic neuropathy (NAION)

-Before you start to take it

Tell your doctor or pharmacist if you have allergies to any other medicines, foods, preservatives or dyes. Tell your doctor:

- if you have a deformity of your penis or Peyronie's Disease (a connective tissue disorder involving the growth of fibrous plaques in the soft tissue of the penis).
- if you have sickle cell anaemia (an abnormality of red blood cells), leukaemia (cancer of blood cells), multiple myeloma (cancer of bone marrow)
- if you have problems with your heart. Your doctor should in that case carefully check whether your heart can take the additional strain of having sex.
- if you currently have a stomach ulcer, or a bleeding problem (such as haemophilia).

-Taking other medicines

Please tell your doctor or pharmacist if you are taking or have recently taken other medicines, including medicines obtained without prescription.

Iqnyde Tablet may interfere with some medicines, especially those used to treat chest pain. In the event of a medical emergency, you should tell any healthcare professional treating your condition that you have taken Iqnyde Tablet and when you did.

Do not take Iqnyde Tablet with other medicines unless your doctor tells you

that you can.

You should not take Iqnyde Tablet if you are taking medicines called nitrates as the combination of these products may cause a potentially dangerous decrease in your blood pressure. Always tell your doctor or pharmacist if you are taking any of these medicines that are often used for the relief of angina pectoris (or "chest pain").

You should not take Iqnyde Tablet if you are using recreational drugs called "poppers" like amyl nitrate and butyl nitrate as the combination may also lead to a potentially dangerous decrease in your blood pressure.

If you are taking medicines known as protease inhibitors, such as for the treatment of HIV, your doctor may start you on the lowest dose (25 mg) of Iqnyde Tablet. However, such combinations are best avoided entirely unless absolutely essential.

Some patients who take alpha-blocker therapy for the treatment of high blood pressure or prostate enlargement may experience dizziness or lightheadedness which may be caused by low blood pressure upon sitting or standing up quickly.

Certain patients have experienced these symptoms when taking Iqnyde Tablet with alpha-blockers. This is most likely to occur within 4 hours after taking Iqnyde Tablet. In order to reduce the likelihood that these symptoms occur, you should be on a regular daily dose of your alpha-blocker before you start Iqnyde Tablet. Your doctor may start you on a lower dose (25 mg) of Iqnyde Tablet.

Drinking alcohol can temporarily impair your ability to get an erection. To get the maximum benefit from your medicine, you are advised not to drink excessive

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amounts of alcohol before taking Iqnyde Tablet.

How to use Iqnyde Tablet

Always take Iqnyde Tablet exactly as your doctor has told you. You should check with your doctor or pharmacist if you are not sure. The usual starting dose is 50 mg. You should not take Iqnyde Tablet more than once a day.

When to use it

Iqnyde Tablet can be taken with or without food. However, you may find that Iqnyde Tablet takes longer to start working if you take it with a heavy meal.

You should take Iqnyde Tablet about one hour before you plan to have sex.

Swallow the tablet whole with a glass of water.

If you have the impression that the effect of Iqnyde Tablet is too strong or too weak, talk to your doctor or pharmacist.

Iqnyde Tablet will only help you to get an erection if you are sexually stimulated. The amount of time Iqnyde Tablet takes to work varies from person to person, but it normally takes between half an hour and one hour.

How long to use it

Iqnyde Tablet is taken only when needed.

If Iqnyde Tablet does not help you to get an erection, or if your erection does not last long enough for you to complete sexual intercourse you should tell your doctor.

If you forget to use it

If you forget to take Iqnyde Tablet before your sexual activity, you should take it one hour before the activity to get the full effect of the tablet.

You should not use Sildenafil more than once a day.

You should not take more tablets than your doctor tells you to.

If you use too much (overdose)

Contact your doctor or go to your nearest hospital immediately. Do not drive if you have taken too many.

If you take more Sildenafil than you should: You may experience an increase in side effects and their severity.

Doses above 100 mg do not increase the efficacy.

You should not take more tablets than your doctor tells you to. Contact your doctor if you take more tablets than you should.

While you are using it

-Things you must do

If Iqnyde Tablet does not help you to get an erection, or if your erection does not last long enough for you to complete sexual intercourse you should tell your doctor.

If you experience sudden decrease or loss of vision, stop taking Iqnyde Tablet and contact your doctor immediately.

Things you must not do

Do not take Iqnyde Tablet to treat any other complaints unless your pharmacist or doctor tells you to.

Do not give your medicine to anyone else, even if they have the same condition as you.

Do not take more than the recommended dose unless your pharmacist or doctor tells you to.

Things to be careful of

Iqnyde Tablet can cause dizziness and can affect vision. You should be aware

of how you react to Iqnyde Tablet before you drive or use machinery.

Side effect

Tell your pharmacist or doctor if you do not feel well while you are taking Iqnyde Tablet. This medicine helps most people, but it may have unwanted side effects in a few people. All medicines can have side effects. Sometimes they are serious, most of the time they are not. You may need medical attention if you get some of the side effects.

Do not be alarmed by the following list of side effects. You may not experience any of them. Ask your pharmacist doctor to answer any questions you may have.

A very common side effect (likely to occur in more than 1 in 10 patients) is headache.

Common side effects (likely to occur in 1 to 10 in 100 patients): facial flushing, indigestion, stuffy nose, dizziness and vision changes such as increased sensitivity to light, blurred vision, or trouble telling blue and green colors apart may also occur.

You may report any side effects or adverse drug reactions directly to The National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.moh.gov.my (underline this address) [Consumers -> Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

Storage and Disposal of Iqnyde Tablet

-Storage

Keep out of the reach and sight of children. Do not use Iqnyde Tablet after the expiry date which is stated on the carton and the blister pack. The expiry date refers to the last day of that month. Do not store above 30°C. Store your tablets in the original package. Keep the blister pack in the carton. This will protect your medicine from light and

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moisture.

-Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

What it looks like

Iqnyde Tablet 50mg:

Blue, diamond shaped, biconvex, film coated tablet with Pharmaniaga icon on side and '50' on the other.

Iqnyde Tablet 100mg:

Blue, diamond shaped, biconvex, film coated tablet with Pharmaniaga icon on side and plain on the other.

Ingredients

Iqnyde Tablet 50mg:

Active ingredient(s): Sildenafil 50mg

Inactive ingredients:

Calcium hydrogen phosphate dihydrate, Microcrystalline cellulose, Povidone, Croscarmellose sodium, Talc, Colloidal silicon dioxide, Magnesium stearate and Opadry II Blue.

Iqnyde Tablet 100mg:

Active ingredient(s): Sildenafil 100mg

Inactive ingredients:

Calcium hydrogen phosphate dihydrate, Microcrystalline cellulose, Povidone, Croscarmellose sodium, Talc, Colloidal silicon dioxide, Magnesium stearate, Opadry II Blue.

-MAL Number(s)

Iqnyde Tablet 50mg:

MAL15045061AZ

Iqnyde Tablet 100mg:

MAL15045069AZ

Manufacturer

Pharmaniaga Manufacturing Berhad
(60016-D),

11A, Jalan P/1, Kawasan Perusahaan
Bangi, 43650 Bandar Baru Bangi,
Selangor Darul Ehsan, Malaysia.

Product Registration Holder

Pharmaniaga Manufacturing Berhad
(60016-D),

11A, Jalan P/1, Kawasan Perusahaan
Bangi, 43650 Bandar Baru Bangi,
Selangor Darul Ehsan, Malaysia.

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