

PHARMANIAGA CAPTOPRIL TABLET 25MG

Captopril 25mg

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What Pharmaniaga Captopril Tablet is used for

Captopril belongs to a group of medicines called Angiotensin Converting Enzyme (ACE) Inhibitors.

Captopril is used to treat high blood pressure and certain heart conditions. If high blood pressure is left uncontrolled it can increase the risk of heart disease or stroke. Captopril works by lowering your blood pressure which reduces this risk.

Captopril can also help people whose heart no longer pumps blood as well as it once did. This condition is known as heart failure.

Captopril may also be used to treat patients who recently suffered a heart attack. A heart attack happens once one

of the major blood vessels supplying blood to the heart muscle becomes blocked. This means that the heart does not receive the oxygen it needs and the heart muscle becomes damaged.

In addition, Captopril can be used for the treatment of kidney disease in patients with diabetes.

How Pharmaniaga Captopril Tablet works

ACE inhibitors work by helping to widen your blood vessels, which then make it easier for your heart to pump blood through them.

Before you take Pharmaniaga Captopril Tablet

When you must not take it

Do not take Pharmaniaga Captopril Tablet:

- If you are allergic (hypersensitive) to Captopril, any of the other ingredients in these tablets or other ACE Inhibitors
- If you have ever had a reaction which included swelling of the hands, lips, face or tongue where the cause was unknown
- If you are more than 3 months pregnant (it is also better to avoid Pharmaniaga Captopril Tablet in early pregnancy), planning to become pregnant or are breast-feeding.

If any of the above affects you, or you are unsure if they do, tell your doctor who will be able to advise you.

Before you start to take it

You should let your doctor or pharmacist know:

- If you suffer from kidney disease
- If you suffer from liver disease
- If you are undergoing dialysis
- If you have suffered from heart disease, in particular problems with the valves of the heart
- If you are receiving immuno-suppressant therapy
- If you have recently suffered from excessive diarrhoea or vomiting
- If you have diabetes
- If you suffer from any collagen vascular diseases
- If you experience more infections such as sore throat or fever
- If you are going to have dental surgery or major surgery involving anaesthetic.

Pregnancy

You must tell your doctor if you think you are (or might become) pregnant. Your doctor will normally advise you to stop taking Pharmaniaga Captopril Tablet before you become pregnant or as soon as you know you are pregnant and will advise you to take another medicine instead of Captopril. Captopril should only be used in pregnant women where the expected benefit clearly outweighs the risk.

Breast-feeding

Tell your doctor if you are breast-feeding or about to start breast-feeding. Your doctor should advise you on the benefits and risks of taking Pharmaniaga Captopril Tablet whilst breast-feeding, compared with other treatments.

Ask your doctor or pharmacist for advice before taking any medicine.

Taking other medicines

Please tell your doctor or pharmacist if you are taking or have recently taken any other medicines, including medicines obtained without a prescription. It is especially important to tell your doctor if you are taking any of the following:

- Diuretics (water tablets)
- Potassium supplements or salt substitutes containing potassium (e.g. triamterene, amiloride and spironolactone)
- Medicines that cause dilation of the blood vessels
- Non-steroidal anti-inflammatory painkiller (NSAIDS) (e.g. indomethacin)
- Medicines to treat high blood pressure (e.g. beta-blockers or calcium channel blockers)
- Any medicine that may be used during and after a heart attack.

How to take Pharmaniaga Captopril Tablet

Always take Pharmaniaga Captopril Tablet exactly how your doctor has told you. You should check with your doctor or pharmacist if you are not sure.

How much to take

Swallow the tablets orally with a glass of water.

The usual doses are:

For the treatment of high blood pressure

The usual starting dose is 50mg once daily or 25mg twice daily. Your doctor may gradually increase this dose to 100mg daily in 1 or 2 divided doses. You may also need to be given other medicines to lower your blood pressure.

In heart failure

The usual starting dose is 6.25 – 12.5mg three times daily. Your doctor may gradually increase this dose not exceeding 450mg a day.

After a heart attack

The usual starting dose is 6.25mg, which will then be increased by your doctor to a maximum of 150mg a day.

For the treatment of diabetic patients with kidney disease

The usual dose is 75 - 100mg a day in divided doses.

Doctors sometimes prescribe different doses to the above and if this applies to you, you should discuss it with your doctor.

When to take it

You should try to take Pharmaniaga Captopril Tablet at about the same time every day. It should be taken before meals.

How long to take it

Continue taking your medicine for as long as your doctor tells you.

This medicine helps to control your condition, but does not cure it. It is important to keep taking your medicine even if you feel well.

If you forget to take it

Take your dose as soon as you remember, and continue to take it as you would normally.

If it is almost time for your next dose, skip the dose you missed and take your next dose when you are meant to.

Do not take a double dose to make up for the dose that you missed. This may increase the chance of you getting an unwanted side effect.

If you are not sure what to do, ask your doctor or pharmacist.

If you have trouble remembering to take your medicine, ask your pharmacist for some hints.

If you take too much (overdose)

If you or someone else swallow several of these tablets together, contact your doctor or nearest hospital emergency department immediately. Always take any tablets left over with you, this leaflet and also the box, as this will allow easier identification of the tablets.

While you are using Pharmaniaga Captopril Tablet

Things you must do

If you are about to be started on any new medicine, remind your doctor and pharmacist that you are taking Pharmaniaga Captopril Tablet.

Tell any other doctors, dentists and pharmacists who treat you that you are taking this medicine.

If you are going to have surgery (even at the dentist) that needs a general anaesthetic, tell the surgeon, dentist or anaesthetist that you are taking this medicine.

Your blood pressure may drop suddenly during surgery.

Tell your doctor immediately if you feel any light-headedness or dizziness after you take your first dose of Pharmaniaga Captopril Tablet or if your dose is increased.

This is especially important if you are taking Pharmaniaga Captopril Tablet for heart failure.

Make sure you drink enough water during exercise and hot weather while you are taking Pharmaniaga Captopril Tablet, especially if you sweat a lot.

If you do not drink enough water while you are taking Pharmaniaga Captopril Tablet, you may feel faint, light-headedness or sick. This is because your blood pressure is dropping suddenly. If you continue to feel unwell, tell your doctor.

If you experience excess vomiting or diarrhoea while taking Pharmaniaga Captopril Tablet, tell your doctor. You may lose too much water and salt and your blood pressure may drop too much.

If you become pregnant while taking this medicine, tell your doctor immediately.

If you are about to have any blood tests, tell your doctor that you are taking this

medicine. It may interfere with the results of some tests.

Keep all of your doctor's appointments so that your progress can be checked.

Your doctor will need to check your blood pressure to make sure Pharmaniaga Captopril Tablet is working.

Your doctor may do some blood tests from time to time to check your potassium levels and to see how your kidneys are working.

Things you must not do

Do not take Pharmaniaga Captopril Tablet to treat any other complaints unless your doctor tells you to.

Do not give your medicine to anyone else, even if they have the same condition as you.

Do not stop taking your medicine or lower the dosage without checking with your doctor.

Things to be careful of

Be careful driving or operating machinery until you know how Pharmaniaga Captopril Tablet affects you.

This medicine may cause dizziness, light-headedness and tiredness in some people, especially after the first dose or if the dose is increased. If you have any of these symptoms, do not drive, operate machinery or do anything else that could be dangerous.

Be careful when drinking alcohol while you are taking this medicine. If you

drink alcohol, dizziness or light-headedness may be worse.

If you feel light-headed, dizzy or faint when getting out of bed or standing up, get up slowly. Standing up slowly, especially when you get up from bed or chairs, will help your body get used to the change in position and blood pressure. If this problem continues or gets worse, talk to your doctor.

Side effects

Tell your doctor or pharmacist as soon as possible if you do not feel well while you are taking Pharmaniaga Captopril Tablet.

All medicines can have side effects.

Sometimes they are serious, most of the time they are not. You may need medical attention if you get some of the side effects.

Do not be alarmed by the following lists of side effects. You may not experience any of them.

Ask your doctor or pharmacist to answer any questions you may have.

Tell your doctor or pharmacist if you notice any of the following and they worry you:

Skin: rash, itching, pemphigoid-like lesion, photosensitivity, exacerbation of psoriasis, Stevens-Johnson Syndrome.

Gastrointestinal: Disorder of taste, intestinal angioedema, nausea, diarrhoea, stomatitis resembling aphthous ulcers.

Kidney: Excess of serum protein in the urine, kidney failure, kidney disease, excessive passage of urine, reduced excretion of urine.

Altered laboratory findings: Serum electrolytes: High potassium, low sodium.

Liver: Liver damage.

Blood disorder: Deficiency of white blood cell, deficiency of red blood cell, low blood platelet count and shortage of all types of blood cells.

Circulatory system: Low blood pressure, fast heartbeat, chest pain, abnormal heartbeat, heart attack, Raynaud's syndrome, congestive heart failure.

Immunologic: Swelling of any part of the body, allergic reaction.

Respiratory: cough, wheezing.

Surgery/Anesthesia: In patients undergoing major surgery, or during anesthesia, Pharmaniaga Captopril Tablet may cause low blood pressure.

Others: Abnormal sensation of the hands, serum sickness, disease affecting lymph nodes.

Tell your doctor or pharmacist if you notice anything else that is making you feel unwell.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550 or visiting the website portal.bpfk.gov.my (Consumers → Reporting).

Storage and Disposal of Pharmaniaga Captopril Tablet

Storage

Keep your medicine in the original container.

If you take it out of its original container it may not keep well.

Keep your medicine in a cool dry place where the temperature stays below 30°C.

Do not store Pharmaniaga Captopril Tablet or any other medicine in the bathroom or near a sink. Do not leave it on a window sill or in the car.

Heat and dampness can destroy some medicines.

Keep it where children cannot reach it.

A locked cupboard at least one-half metres above the ground is a good place to store medicines.

Disposal

If your doctor tells you to stop taking this medicine or the expiry date has passed, ask your pharmacist what to do with any medicine that is left over.

Medicines should not be disposed of via waste water or household waste. Ask your pharmacist how to dispose of medicines no longer required. This will help to protect the environment.

Product Description

What it looks like

White, square shaped tablets with Pharmaniaga icon on one side and quadrisect on the other.

Ingredients:

Active ingredient: Captopril.

Inactive ingredients: Lactose monohydrate, Microcrystalline cellulose, Pregelatinized Starch and Stearic acid.

MAL NO:

MALXXXXXXXXX

Manufacturer:

Pharmaniaga Manufacturing Berhad (60016-D),
11A, Jalan P/1, Kawasan Perusahaan Bangi, 43650 Bandar Baru Bangi, Selangor Darul Ehsan, Malaysia.

Product Registration Holder:

Pharmaniaga Manufacturing Berhad (60016-D),
11A, Jalan P/1, Kawasan Perusahaan Bangi, 43650 Bandar Baru Bangi, Selangor Darul Ehsan, Malaysia.

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