

PHARMANIAGA CALCIUM TABLET®

Calcium Lactate (300mg)

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What Pharmaniaga Calcium Tablet is used for

Pharmaniaga Calcium Tablet is used in the treatment of calcium deficiency and low level of calcium in the blood.

How Pharmaniaga Calcium Tablet works

It contains the active ingredient calcium lactate which is involved in the maintenance of normal muscle and nerve function. It is essential for normal cardiac function and blood clotting.

Before you use Pharmaniaga Calcium Tablet

-When you must not use it

Do not take Pharmaniaga Calcium Tablet and tell your doctor if you:

- are **allergic** (hypersensitive) to calcium lactate or any of the other ingredients in Calcium Lactate tablets.
- have **high** levels of **calcium** in the blood

-Before you start to use it

Check with your doctor or pharmacist before taking Pharmaniaga Calcium Tablet if

you:

- have impaired kidney function.
- have history of kidney stone

-Taking other medicines

Please tell your doctor or pharmacist if you are taking or have recently taken any other medicines, including medicines obtained without a prescription. Especially:

- digitalis (used to treat heart disease)
- tetracycline antibiotics (used to treat infections).

Tests

Your doctor may want to monitor your blood and urine levels of calcium particularly if you have had high dose treatment.

How to use Pharmaniaga Calcium Tablet

Always take Pharmaniaga Calcium Tablet exactly as your doctor has told you. If you are not sure check with your doctor or pharmacist.

Swallow the tablets with water.

-How much to use

Adults

300 – 1500 mg a day
(depending on the requirement)

-When to use it

Take as directed by your doctor or pharmacist.

-How long to use it

Continue taking your medicine for as long as your doctor tells you.

-If you forget to use it

Take your dose as soon as you remember, and continue to take it as you would normally. If it is

almost time for your next dose, skip the dose you missed and take your next dose when you are meant to.

Do not take a double dose to make up for the dose you missed.

-If you take too much (overdose)

If you (or someone else) swallow a lot of tablets at the same time or if you think a child may have swallowed any, contact your nearest hospital casualty department or tell your doctor immediately.

Symptoms of an overdose include constipation, loss of appetite, vomiting with abdominal pain, muscle weakness, confusion, bone pain, depositing of calcium in tissues such as kidneys, or irregular heartbeat.

While you are using Pharmaniaga Calcium Tablet

-Things you must do

If you are about to be started on any new medicine, remind your doctor and pharmacist that you are taking Pharmaniaga Calcium Tablet.

-Things you must not do

Do not take Pharmaniaga Calcium Tablet to treat any other complaints unless your doctor tells you to.

Do not give your medicine to anyone else, even if they have the same condition as you.

-Things to be careful of

No known influence on the ability to drive or use machines.

Side effects

Like all medicines, Pharmaniaga

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Calcium Tablet can cause side effects, although not everybody gets them.

Please tell your doctor or pharmacist if you notice any of the following effects or any effects not listed.

- constipation.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.moh.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

Storage and Disposal of Pharmaniaga Calcium Tablet 250mg

-Storage

Keep out of the reach and sight of children.

Store below 30°C. Protect from light.

Do not use Pharmaniaga Calcium Tablet after the expiry date stated on the packaging. The expiry date refers to the last day of that month.

-Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

-What it looks like

White, round, biconvex tablet with Pharmaniaga icon on one side and plain on the other.

-Ingredients

-Active ingredient:

Calcium Lactate 300mg

-Inactive ingredient:

Cornstarch, Lactose, Magnesium Stearate and Purified Water.

-MAL number

MAL20000236X

Manufacturer:

Pharmaniaga Manufacturing Berhad (198001006232),
11A, Jalan P/1, Kawasan Perusahaan Bangi, 43650 Bandar Baru Bangi, Selangor Darul Ehsan, Malaysia.

Product Registration Holder:

Pharmaniaga Manufacturing Berhad (198001006232),
11A, Jalan P/1, Kawasan Perusahaan Bangi, 43650 Bandar Baru Bangi, Selangor Darul Ehsan, Malaysia.

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