

ANEURINE TABLET

Thiamine Mononitrate (3mg / 10mg)

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What Aneurine Tablet is used for

Aneurine Tablet contains thiamine mononitrate which is Vitamin B1. It is used for the prevention and treatment of thiamine (Vitamin B1) deficiency state. Even though thiamine is found naturally in food, sometimes your body needs a supplement because your diet does not contain enough thiamine or you may not be absorbing it from your diet effectively.

How Aneurine Tablet works

Thiamine helps the body to convert carbohydrates into glucose which the body uses to produce energy. It also helps the body to metabolize fats and proteins.

Before you use Aneurine Tablet

-When you must not use it

Do not take Aneurine Tablet if you:

- are allergic (hypersensitive) to thiamine or any other ingredients contained in Aneurine Tablet
- have Wernicke's encephalopathy (a neurological disorder induced by thiamine, vitamin B1, deficiency).

Pregnancy and lactation

Do not use Aneurine Tablet if you are pregnant, trying to get pregnant or think you may be pregnant.

Do not use Aneurine Tablet if you are breast-feeding. Ask your doctor or pharmacist for advice before taking any medicine.

-Before you start to use it

Tell your doctor if:

- You have allergies to thiamine or any other ingredients contained in this medicine as listed at the end of this leaflet.
- You are taking or drinking alcohol as it may inhibit absorption of thiamine
- You are pregnant or intend to become pregnant.
- You are breast-feeding or planning to breastfeed.

-Taking other medicines

Tell your doctor if you are taking any other medicines, including medicines that you buy without a prescription from a pharmacy, supermarket or health food shop.

How to use Aneurine Tablet

-How much to use

Follow all directions given to you by your doctor and pharmacist carefully. They may differ from the information contained in this leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

Adults

For mild chronic deficiency: 5 mg to 30 mg daily.

For severe thiamine deficiency: up to 300 mg daily may be given

-When to use it

Use as directed by your doctor or pharmacist.

-How long to use it

Continue taking Aneurine Tablet as long as your doctor recommends it.

-If you forget to use it

Take the missed dose as soon as you remember. If it is almost time for your next dose, skip the dose you missed and take your next dose when you are meant to. Do not take a double dose to make up for the dose that you missed. This may increase the chance of you getting unwanted side effects.

-If you use too much (overdose)

Immediately go to the emergency department at your nearest hospital if you or anyone else has taken a large amount of this medication. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

While you are using it

-Things you must do

Take your medicine exactly as your doctor or pharmacist has advised you.

When seeking other medical treatment, inform all the doctors, dentists and pharmacists that you are taking Aneurine Tablet.

Tell your doctor immediately if you become pregnant while taking this medication.

No studies on the effect on the ability to drive and use machines have been performed. However, user should be cautioned to see how they react before driving or operating machinery.

-Things you must not do

Do not give Aneurine Tablet to anyone else, even if their symptoms seem similar to yours.

Do not take your medicine to treat any other complaints unless your doctor or pharmacist tells you to.

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-Things to be careful of

If you are pregnant, trying to get pregnant or are breast-feeding, you should not take Aneurine Tablet without discussing it with your doctor first.

Side Effects

Like all medicines, Aneurine Tablet can cause side effects, although not everybody gets them. Skin rash or itching may occur in individuals who are allergic to thiamine.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)]

Storage and Disposal of Aneurine Tablet

-Storage

Keep all medicines out of sight and reach of children.

Do not take this medicine after the expiry date stamped on the pack.

Store below 30°C. Protect from light.

-Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

-What it looks like

Aneurine Tablet 3mg:
Light yellow, round, flat beveled edge tablet with "KK" marking on one side and plain on the other.

Aneurine Tablet 10mg:

Light pink, round, flat beveled edge tablet with "KK" marking on one side and plain on the other.

-Ingredients

Aneurine Tablet 3mg:

-Active ingredient(s):
Thiamine Mononitrate 3mg

-Inactive ingredients:

Quinoline Yellow, Starch, Acacia, Lactose, Magnesium Stearate, Sunset Yellow, Talcum

Aneurine Tablet 10mg:

-Active ingredient(s):
Thiamine Mononitrate 10mg

-Inactive ingredients:

Starch, Acacia, Ponceau 4R, Lactose, Magnesium Stearate, Talcum

-MAL Number(s)

Aneurine Tablet 3mg:
MAL19961340X

Aneurine Tablet 10mg:
MAL19961341X

Manufacturer

Pharmaniaga Manufacturing Berhad (198001006232),
No.11A, Jalan P/1, Kawasan Perusahaan Bangi, 43650 Bandar Baru Bangi, Selangor Darul Ehsan, Malaysia.

Product Registration Holder

Pharmaniaga Manufacturing Berhad (198001006232),
No. 11A, Jalan P/1, Kawasan Perusahaan Bangi, 43650, Bandar Baru Bangi, Selangor Darul Ehsan, Malaysia.

Date of Revision

16/06/2021

Serial Number

NPRA (R4/1)070817/00192