

PHARMANIAGA MELOXICAM TABLET

Meloxicam (7.5 mg)

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What Pharmaniaga Meloxicam Tablet

Pharmaniaga Meloxicam Tablet is used to treat the symptoms of osteoarthritis (arthrosis, degenerative joint disease) and rheumatoid arthritis. Both diseases mainly affect the joints causing pain and swelling.

How Pharmaniaga Meloxicam Tablet works

Pharmaniaga Meloxicam Tablet belongs to a family of medicines called Non-Steroidal Anti-Inflammatory Drugs (NSAIDs). These medicines work by relieving pain and inflammation.

Before you use Pharmaniaga Meloxicam Tablet

- When you must not use it

Do not take Pharmaniaga Meloxicam Tablet if:

- You have an allergy to Pharmaniaga Meloxicam Tablet, aspirin or any other NSAIDs.
- You experience bleeding from the stomach, gut or any other bleeding.
- You have severe liver or kidney problems.
- You are children or adolescents aged less than 15 years old.

Pregnancy and lactation

Do not take Pharmaniaga Meloxicam Tablet if you are pregnant, trying to get pregnant or think you may be pregnant without discussing it with your doctor first.

Do not take Pharmaniaga Meloxicam Tablet if you are breast-feeding. Ask your doctor or pharmacist for advice before taking any medicine.

If you are not sure whether you should start using this medicine, talk to your doctor or pharmacist.

- Before you start to use it

Tell your doctor if you have an allergy to Pharmaniaga Meloxicam Tablet, aspirin or any other NSAIDs.

Tell your doctor if you have or have had any of the following medical conditions:

- High blood pressure or fluid retention
- Diabetes
- High cholesterol
- Heartburn, indigestion, ulcers or other stomach problems
- Kidney or liver disease
- Asthma or any other breathing problems.

Tell your doctor if you are pregnant, planning to become pregnant, breast-feeding or plan to breast-feed.

- Taking other medicines

Tell your doctor or pharmacist before taking Pharmaniaga Meloxicam Tablet, if you are taking any other medicines, including any that you buy without a prescription from pharmacy, supermarket or health food shop. The effects of some medicines may be affected if other medicines are used at the same time.

Some medicines may interfere with Pharmaniaga Meloxicam Tablet. These include:

- Aspirin, salicylates or other NSAIDs
- Medicines used to thin your blood (e.g. ticlopidine)
- Medicines used to treat high blood pressure and other heart problems
- Lithium, a medicine used to treat some types of depression
- Methotrexate, a medicine used to treat rheumatoid arthritis and some types of cancer
- Cyclosporin, a medicine used to treat rheumatoid arthritis and certain problems with the immune system
- Cholestyramine, a medicine used to treat high cholesterol levels in the blood

Your doctor and pharmacist have more information on medicines to be careful with or avoid while taking this Pharmaniaga Meloxicam Tablet.

How to use Pharmaniaga Meloxicam Tablet

Always take the medicine exactly as your doctor or pharmacist has told you. Read the direction labels carefully. If you have any concerns about how to take this medicine, talk to your doctor or pharmacist.

- How much to use

Your doctor will advise you how many doses are needed each day, and for how long you will need to take.

Osteoarthritis (degenerative joint disease):

7.5 mg/ day. The dose may be increased to 15mg/ day.

Rheumatoid arthritis (chronic joint inflammation):

15mg/ day. Depending on your response, your doctor may reduce this dose to 7.5mg/ day.

Ankylosing spondylitis (a type of arthritis that affects the spine):

15mg/ day.

Severe renal failure:

7.5mg/ day.

Children:

Not recommended

The tablet should be swallowed with water, or another drink, during a meal.

The maximum recommended daily dose of Pharmaniaga Meloxicam Tablet is 15 mg. The total daily dosage of Meloxicam should be administered as a single dose

- When to use it

Use as directed by your doctor or pharmacist.

- How long to use it

Always take the medicine exactly as your doctor or pharmacist has told you. Read the direction labels carefully. If you have any concerns about how to take this medicine, talk to your doctor or pharmacist.

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- If you forget to use it

Take the missed dose as soon as you remember. If it is almost time for your next dose, skip the dose you missed and take your next dose when you are meant to. Do not take a double dose to make up for the dose that you missed. This may increase the chance of you getting unwanted side effects.

- If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Symptoms of an overdose may include:

- Nausea and/ or vomiting
- Headache
- Drowsiness and/ or dizziness
- Fits or seizures
- High blood pressure
- Difficulty in breathing
- Impaired consciousness
- Kidney failure
- Liver dysfunction
- Cardiac arrest

While you are using it

- Things you must do

Take the medication exactly as your doctor prescribed.

- Tell your doctor or pharmacist if you have allergies to Pharmaniaga Meloxicam Tablet, aspirin or any other NSAIDs.
- Tell your doctor or pharmacist what other prescription and nonprescription medicines that you are taking.
- Tell all the doctors, dentists and pharmacists treating you that you are taking Pharmaniaga Meloxicam Tablet.
- Tell your doctor immediately if you become pregnant while taking this medication.
- If you get an infection while using Pharmaniaga Meloxicam Tablet, tell your doctor. Pharmaniaga Meloxicam Tablet may hide some of the signs of an infection (e.g. pain, fever, redness and swelling). You may think, mistakenly, that you are better or that the infection is not serious.

- Things you must not do

Do not give Pharmaniaga Meloxicam Tablet to anyone else, even if their symptoms seem similar to yours.

Do not take your medicine to treat any other complaints unless your doctor or pharmacist tells you to.

- Things to be careful of

If you are pregnant, trying to get pregnant or are breast-feeding, you should not take Pharmaniaga Meloxicam Tablet without discussing it with your doctor first.

Be careful driving or operating machinery until you know how Pharmaniaga Meloxicam Tablet affects you. Pharmaniaga Meloxicam Tablet generally does not cause any problems with your ability to drive a car or operate machinery. However, as with many other medicines, Pharmaniaga Meloxicam Tablet may cause dizziness, drowsiness or tiredness in some people.

Side effects

Like all medicines, Pharmaniaga Meloxicam Tablet can cause side effects, although not everybody gets them.

Visit your doctor or pharmacist immediately if you experience any side effects after taking this medicine. Ask your doctor or pharmacist to answer any questions you may have.

Tell your doctor or pharmacist if you notice any of the following:

- Stomach upset including nausea, vomiting, heartburn, indigestion, belching, cramps or pain
- Headache
- Dizziness or light-headedness
- Skin rashes, which may be caused by exposure to sunlight, can blister and may take on the appearance of a severe burn, or itching
- Increase in blood pressure

The above list includes the more common side effects of your medicine. These side effects are usually mild.

Tell your doctor immediately if you notice any of the following:

- Blurred vision

- Any change in the amount or colour of your urine (red or brown) or any pain or difficulty experienced when urinating
- Collapse or fainting, shortness of breath or tiredness, fast or irregular heartbeat, chest pain, swollen or sore leg veins
- Severe dizziness
- Severe pain or tenderness in the stomach
- Yellowing of the skin and eyes (known as jaundice)
- Swelling of your ankles, legs or other parts of your body
- Signs of anaemia (such as tiredness, being short of breath and looking pale)
- Irritation of your mucous membranes (e.g. lips, mouth, eyes or genitals)

These are rare but serious side effects. You may need urgent medical attention.

If any of the following happen, tell your doctor immediately or go to Emergency at your nearest hospital:

- Vomiting of blood or material that looks like coffee grounds
- Bleeding from your back passage (rectum), black sticky motions (stools) or bloody diarrhea
- Swelling of the face, lips or tongue which may make swallowing or breathing difficult
- Asthma, wheezing or shortness of breath
- Sudden or severe itching, skin rash or hives
- Weakness in one part or side of your body, slurred speech, blurred vision or visual disturbances.

These are rare but very serious side effects. You may need urgent medical attention or hospitalisation.

Other side effects not listed above may occur in some patients. Tell your doctor or pharmacist if you notice anything that is making you feel unwell.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.moh.gov.my [Consumer→Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)]

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Storage and Disposal of Pharmaniaga Meloxicam Tablet

- Storage

Keep out of the reach and sight of children.

Do not take this medicine after the expiry date stamped on the pack.

Store below 30°C. Protect from light.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

- What it looks like

Yellow, round, biconvex, scored on one side and Pharmaniaga icon on the other

- Ingredients

- Active ingredients

Meloxicam 7.5 mg

- Inactive ingredients

Povidone, Lactose Monohydrate,
Sodium Citrate, Colloidal Silicon
Dioxide, Microcrystalline
Cellulose, Magnesium Stearate,
Crospovidone.

- MAL number:

MAL05092224AZ

Manufacturer

Pharmaniaga Manufacturing Berhad
(198001006232),
11A, Jalan P/1, Kawasan Perusahaan
Bangi, 43650, Bandar Baru Bangi,
Selangor Darul Ehsan, Malaysia.

Product Registration Holder

Pharmaniaga Manufacturing Berhad
(198001006232),
11A, Jalan P/1, Kawasan Perusahaan
Bangi, 43650, Bandar Baru Bangi,
Selangor Darul Ehsan, Malaysia.

Date of revision

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