

PHARMANIAGA CETIRIZINE TABLET 10MG

PHARMANIAGA CETIRIZINE ORAL SOLUTION

0.1% W/V

Cetirizine Dihydrochloride 10mg/ Cetirizine Hydrochloride 1.0mg

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What Pharmaniaga Cetirizine is used for

Pharmaniaga Cetirizine is indicated:

- for the relief of symptoms of hay fever (seasonal allergic rhinitis) and allergies such as dust or pet allergies (perennial allergic rhinitis), such as sneezing, itchy, runny and blocked nose, red and watery eyes.
- for the relief of swelling, redness and itchiness of the skin (symptoms of chronic idiopathic urticaria, which is also known as chronic nettle rash).

How Pharmaniaga Cetirizine works

It works by preventing the effects of a substance called histamine, which is produced in the body. Histamine can cause itching, sneezing, runny nose and watery eyes. In some cases, it can close up the air passage of the lungs and make breathing difficult.

Before you take Pharmaniaga Cetirizine

- When you must not take it

Do not take Pharmaniaga Cetirizine if you:

- if you are known to be allergic (hypersensitive) to the active substance of Pharmaniaga Cetirizine or any of the other ingredients of these medicine.

- if you are known to be allergic (hypersensitive) to hydroxyzine (closely related active substances of other medicines).

- Before you start to take it

Check with your doctor or pharmacist before taking your medicine.

Ask your doctor or pharmacist for advice before taking this medicine if you are pregnant or breast-feeding.

- Taking other medicines

Please tell your doctor or pharmacist if you are taking or have recently taken any other medicines, including medicines obtained without a prescription. Co-administration of theophylline and cetirizine may decrease clearance of cetirizine resulting possibly cetirizine toxicity. Food does not noticeably affect the absorption of cetirizine. As it is the case with all antihistamines, it is recommended to avoid consumption of alcohol while taking this medicine.

How to take Pharmaniaga Cetirizine

How much to take

These guidelines apply unless your doctor has given you different instructions on how to use Pharmaniaga Cetirizine. Please follow these instructions, otherwise Pharmaniaga Cetirizine may not be fully effective.

Pharmaniaga Cetirizine Tablet 10mg

Adults: 1 tablet once daily.

Pharmaniaga Cetirizine Oral Solution 0.1 % w/v

Children 6 years old and above: 10ml solution, either 5ml twice daily or 10ml daily.

If you feel that the effect of

Pharmaniaga Cetirizine is too weak or too strong, please consult your doctor.

When to take it

You should take it once every 24 hours. Stick to the same time as your

1st dose for every subsequent dose. Your doctor may alter the dosing regime according to your health conditions. Please follow your doctor's advice.

How long to take it

The prescription dose very much depends on the indications you have been diagnosed with. Please follow your doctor's advice and stay the dosing regimen as recommended by doctor. Do not stop taking Pharmaniaga Cetirizine without talking to your doctor.

If you forget to take it

If you forget to take Pharmaniaga Cetirizine take it as soon as you can. Take your next dose at the right time. Do not take a double dose to make up for a forgotten dose.

If you take too much (overdose)

If you think you have taken an overdose of Pharmaniaga Cetirizine, please inform your doctor. Your doctor will then decide what measures, if any, should be taken.

After an overdose, restlessness and irritability were observed initially and followed by drowsiness. There is no known specific antidote to cetirizine. Treatment is symptomatic and supportive.

While you are taking Pharmaniaga Cetirizine

Things you must do

Ask your doctor for advice before taking any medicine.

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As with other drugs, use of Pharmaniaga Cetirizine should be avoided by pregnant women. Accidental use of the drug by a pregnant woman should not produce any harmful effects on the foetus. Nevertheless, the administration of the medicine should be discontinued.

Things you must not do

You should not take Pharmaniaga Cetirizine during breast-feeding because cetirizine passes into breast milk

Things to be careful of

If you intend to drive, operate machinery, or perform other tasks that need your full attention, you should not exceed the recommended dose and you should closely observe your response to the drug. If you are a sensitive patient, you may find that the simultaneous use of alcohol or other nervous depressant agents may additionally affect your attention and ability to react.

Side effects

Like all medicines, Pharmaniaga Cetirizine can cause side effects, although not everybody gets them.

There have been reports of mild and transient side-effects such as headache, dizziness, drowsiness, agitation, dry mouth and gastrointestinal discomfort. The incidence of sedation with Pharmaniaga Cetirizine also was reported. If you think you have any side effects not mentioned in this leaflet, please inform your doctor or pharmacist.

You may report any side effects or adverse drugs reaction directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my (Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccine (AEFI)).

Storage and disposal of Pharmaniaga Cetirizine

Storage

Keep all medicines out of the sight and reach of children

Do not take this medicine after the expiry date stamped on the pack. Store below 30°C. This medicine does not require any other special storage conditions.

Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

What it looks like

Pharmaniaga Cetirizine Tablet 10mg

White oblong film coated tablet, plain on one side and scored on the other side.

Pharmaniaga Cetirizine Oral Solution 0.1 % w/v

Clear, colourless solution.

Ingredients:

Pharmaniaga Cetirizine Tablet
10 mg contains Cetirizine Dihydrochloride 10 mg, Opadry White, Magnesium Stearate, Povidone 30, Starch, Lactose Monohydrate.

Pharmaniaga Cetirizine Oral Solution
0.1 % w/v contains Cetirizine Hydrochloride 1.0 mg, Glycerin, Propylene Glycol, Sodium Acetate, Sucrose, Methyl Paraben, Propyl Paraben, Grape Flavour, Purified Water, Citric Acid, Banana Flavour.

MAL Number:

Pharmaniaga Cetirizine Tablet 10mg

MAL20020882AZ

Pharmaniaga Cetirizine Oral Solution 0.1 % w/v

MAL20020881AZ

Manufacturer:

Pharmaniaga Manufacturing Berhad (198001006232),
No. 11A, Jalan P/1,
Kawasan Perusahaan Bangi,
43650 Bandar Baru Bangi, Selangor Darul Ehsan,
Malaysia.

Product Resgistration Holder:

Pharmaniaga Manufacturing Berhad (198001006232),
No. 11A, Jalan P/1,
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