

PHARMANIAGA LORATADINE TABLET 10MG

Loratadine 10mg

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What Pharmaniaga Loratadine Tablet 10mg is used for

Pharmaniaga Loratadine Tablet 10mg is used to relief symptoms associated with allergic rhinitis (inflammation of the mucous membrane inside the nose) for example sneezing, nasal discharge (rhinorrhea) and itching, as well as ocular (eye) itching and burning, chronic urticaria (a raised, itchy rash that appears on the skin) and other allergic dermatologic disorders.

How Pharmaniaga Loratadine Tablet 10mg works

It works by preventing the effects of a substance called histamine, which is produced in the body. Histamine can cause itching, sneezing, runny nose and watery eyes. In some cases, it can close up the air passage of the lungs and make breathing difficult.

Before you use Pharmaniaga Loratadine Tablet 10mg

-When you must not use it

Do not take Pharmaniaga Loratadine Tablet 10mg if:

- You are allergic (hypersensitive) to loratadine or any of the other ingredients.
- The patient is a child under two years of age.

-Before you start to use it

Check with your doctor or pharmacist before taking your medicine if:

- You have liver problems.
- You are about to have skin tests. Stop taking this medicine at least 48 hours before skin testing.

-Taking other medicines

You should tell your doctor if you are taking the following medicine as it may interact with your Pharmaniaga Loratadine Tablet 10mg:

- Ketoconazole (antifungal medication)
- Erythromycin (antibiotic)
- Cimetidine (medicine to treat stomach ulcer)
- Alcohol

How to use Pharmaniaga Loratadine Tablet 10mg

Follow all directions given to you by your pharmacist or doctor carefully. They may differ from the information contained in this leaflet.

If you do not understand the directions on your medication bottle, ask your pharmacist, nurse, or doctor to explain the instructions to you.

-How much to use

For oral administration only.

Dose:

- Adults and children over 12 years of age: One tablet once daily.
- Children 6 to 12 years of age with body weight more than 30 kg: One tablet once daily.
- Patients with severe liver impairment: Initial dose of 5mg (half tablet) once daily or 10mg (one tablet) every other day is recommended.

When to use it

Generally, you should take it once every 24 hours. Stick to the same time as your 1st dose for every subsequent dose. Your doctor may alter the dosing regime according to your health conditions. Please follow your doctor's advice.

-How long to use it

Continue taking Pharmaniaga Loratadine Tablet 10mg for as long as doctor recommends.

-If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it. Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

-If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention. You must inform your doctor immediately if you have taken too much Pharmaniaga Loratadine Tablet 10mg.

Signs of an overdose include sleepiness, fast heart beat and headache.

While you are using Pharmaniaga Loratadine Tablet 10mg

-Things you must do

If you are pregnant, planning to become pregnant or are breast-feeding, ask your doctor or pharmacist for advice before taking this medicine. Pharmaniaga Loratadine Tablet 10mg is not recommended in pregnancy or breastfeeding.

-Things you must not do

You should not take Pharmaniaga Loratadine Tablet 10mg during breast-feeding because Loratadine passes into breast milk.

-Things to be careful of

Pharmaniaga Loratadine Tablet 10mg do not cause drowsiness in most people. However, you should

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not drive or carry out skilled tasks, such as using machinery, until you are certain that you are unaffected in this way.

Side Effects

Like all medicines, Pharmaniaga Loratadine can cause side effects, although not everybody gets them.

Tell your doctor if you notice any of the following side effects or notice any other effects not listed:

- Nervous system: Altered lacrimation, altered salivation, flushing, numbness (hypoesthesia), impotence, increased sweating, thirst, abnormal twitch of the eyelid (blepharospasm), dizziness, difficulty in speaking (dysphonia), increased muscle tone (hypertonia), migraine, burning or prickling sensation (paraesthesia), tremor, sensation of feeling off balance (vertigo), headache, nervousness, fatigue, sleepiness (somnolence), convulsion.
- Body As A Whole: Angioneurotic oedema, Weakness (asthenia), back pain, blurred vision, chest pain, earache, eye pain, fever, leg cramps, malaise, shivering (rigors), ringing in the ears (tinnitus), viral infection, weight gain.
- Heart: high blood pressure (hypertension), low blood pressure (hypotension), fast or irregular heartbeat (palpitation), abnormally rapid heartbeat (supraventricular tachyarrhythmias), fainting (syncope), rapid heartbeat (tachycardia)
- Stomach and intestines: impaired sense of taste, anorexia, increased appetite, feeling or being sick (nausea), constipation, diarrhoea, indigestion

(dyspepsia), farting (flatulence) inflammation of stomach (gastritis), hiccup sore mouth (stomatitis), toothache, vomiting, dry mouth, loose stool.

- Musculoskeletal system: joint pain (arthralgia), muscle pain (myalgia).
- Psychiatric: Agitation, amnesia, anxiety, confusion, decreased libido, depression, impaired concentration, insomnia, irritability, paroniria.
- Reproductive system: Breast pain, breast enlargement, pain during menstruation (dysmenorrhea), excessive flow and duration of menstrual bleeding (menorrhagia), inflammation of the vagina (vaginitis).
- Respiratory system: inflammation of the lining of your bronchial tubes (bronchitis), abnormal contraction bronchi (bronchospasm), coughing, shortness of breath (dyspnea), bleeding from nose (epistaxis), coughing of blood (haemoptysis), inflammation of the voice box (laryngitis), nasal dryness, irritation of the pharynx and/or tonsils (pharyngitis), inflammation of the sinuses (sinusitis), sneezing.
- Skin and appendages: Inflammation of skin (dermatitis), dry hair, dry skin, reaction photosensitivity, itching (pruritus), purplish rash (purpura), hives (urticaria), skin redness (erythema multiforme), rash, spot baldness (alopecia)
- Immune system: hypersensitivity reaction (including swelling (angioedema) and life-threatening allergic reaction (anaphylaxis))

• Urinary system: altered micturition, urinary discoloration, urinary incontinence, urinary retention

• Hepatobiliary system: abnormal liver function including jaundice, liver inflammation (hepatitis) and liver cell death (hepatic necrosis)

• Blood and lymphatic system: low levels of platelets (thrombocytopenia)

If you notice any side effects, they get worse, or if you notice any not listed, please tell your doctor or pharmacist.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

Storage and Disposal of Pharmaniaga Loratadine Tablet 10mg

-Storage

Keep the medicines in a cool dry place where the temperature stays below 30°C. Protect from light.

Do not store it or any other medicine in the bathroom, or near a sink, or on a window sill.

Do not leave it in the car on hot days. Heat and dampness can destroy some medicines.

Do not use this medication after the expiry date which is printed on the product packaging. The expiry date refers to the last day of that month.

Keep it where children cannot reach it.

-Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required.

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These measures will help to protect the environment.

Product Description

-What it looks like

White, oval-shaped biconvex tablet with Pharmaniaga icon on one side and scored on the other.

-Ingredients

- Active ingredient(s) :

Loratadine 10mg

- Inactive ingredients:

Crosscarmellose Sodium,
Microcrystalline cellulose,
Lactose Monohydrate,
Magnesium Stearate

-MAL Number(s):

MAL20014224AZ

Manufacturer

Pharmaniaga Manufacturing Berhad
(198201002939),
11A, Jalan P/1, Kawasan Perusahaan
Bangi, 43650 Bandar Baru Bangi,
Selangor Darul Ehsan, Malaysia.

Product Registration Holder

Pharmaniaga Manufacturing Berhad
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11A, Jalan P/1, Kawasan Perusahaan
Bangi, 43650 Bandar Baru Bangi,
Selangor Darul Ehsan, Malaysia.

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