

PHARMANIAGA MEFENAMIC TABLET / CAPSULE

Mefenamic Acid (250mg, 500mg)

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What Pharmaniaga Mefenamic is used for

Pharmaniaga Mefenamic is used to relieve:

- Pain due to rheumatoid arthritis including Still's Disease
- Pain due to osteoarthritis
- Muscle pain
- Trauma-related pain
- Pain after injury
- Toothaches
- Headaches
- Pain following an operation
- Pain after childbirth
- Painful menstruation (dysmenorrhea)
- Fever in children over 6 months of age
- It is used to treat pre-menstrual syndrome and also abnormally heavy bleeding due to dysfunctional causes or the presence of an intrauterine device (IUD)

How Pharmaniaga Mefenamic works

Pharmaniaga Mefenamic contains the active substance mefenamic acid which belongs to a group of medicines called non-steroidal anti-inflammatory drugs (NSAIDs). These medicines reduce pain (analgesic) and swelling, (anti-inflammatory) and brings down fever (antipyretic).

Before you use Pharmaniaga Mefenamic

- When you must not use it

Do not take Pharmaniaga Mefenamic if:

- you are allergic (hypersensitive) to mefenamic acid or any of the other ingredients in the tablet or capsule
- you have had an allergy to aspirin or other NSAIDs
- you currently have a stomach ulcer or bleeding
- you suffer from chronic inflammation of either the upper or lower gastrointestinal tract
- you have severe problems with your kidneys, liver or heart
- you encounter pain before undergoing a coronary artery bypass graft (CABG) (type of surgery that improves blood flow to the heart). Pharmaniaga Mefenamic should not be used to treat pain in the setting of the CABG

Pregnancy and lactation

Ask your doctor or pharmacist for advice before taking any medicine. You should inform your doctor if you are planning to become pregnant or if you have problem becoming pregnant. Pharmaniaga Mefenamic should be used only if the potential benefits to the mother justify the possible risks to the fetus. Pharmaniaga Mefenamic should not be taken especially during the last trimester of pregnancy. If taken during second or third trimester, pregnant women should be monitored for amniotic fluid volume.

Do not take Pharmaniaga Mefenamic if you are breast feeding.

- Before you start to use it

Talk to your doctor before taking Pharmaniaga Mefenamic if:

- you have had ulcer or some other problem affecting your stomach, or intestines
- you have any known cardiovascular disease or risk factors for getting it
- you have high blood pressure

- you have swelling in different areas of the body due to fluid accumulation
- you suffer from any blood abnormality

- Taking other medicines

Tell your doctor or pharmacist before taking Pharmaniaga Mefenamic if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, medical hall or any other source.

Pharmaniaga Mefenamic may affect or be affected if used together with other medicines. Inform your doctor or pharmacist if you are taking any of the following medicines:

- Anticoagulants (drugs used to thin the blood to prevent blood clots).
- Lithium (drugs used to treat bipolar disorder and depression)
- Other analgesics
- Antidepressants
- Antihypertensives (for the treatment of high blood pressure) and diuretics (to make you pass more urine).
- ACE inhibitors and angiotensin-II-receptor antagonists (to widen the blood vessels)
- Aminoglycosides (Antibiotics)
- Anti-platelet agents (to reduce the blood clots in the blood vessels)
- Cardiac glycosides (to treat heart failure)
- Cyclosporine (used to suppress the body's immune system).
- Corticosteroids (used for the treatment of asthma and inflammatory conditions).
- Antidiabetics.
- Methotrexate (used to treat certain tumors).
- Mifepristone (used for abortion at the early stage of pregnancy)
- Probenecid (used to prevent gout)
- Quinolone antibiotics
- Tacrolimus (immunosuppressive medicine).
- Zidovudine (antiviral to treat HIV/AIDS)

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How to use Pharmaniaga Mefenamic

- How much to use

Follow all directions given to you by your doctor and pharmacist carefully. They may differ from the information contained in this leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

Pharmaniaga Mefenamic should be taken with or after food.

Adults: The usual dose is one tablet (500 mg) three times each day.

For excessively heavy menses, start taking your medicine on the first day of excessive bleeding and continue as directed by your doctor.

For menstrual pains, start taking your medicine when you first notice the pain and continue as directed by your doctor.

For Still's disease or fever in infants and children over 6 months to 14 years: 19.5 mg/kg to 25 mg/kg of body weight daily in divided doses three times a day.

As a general principle, the smallest effective dose should be used.

Children and adolescents:

Pharmaniaga Mefenamic is reported to be effective for fever in infants and children over 6 months of age and for pain in adolescents over 14 years of age.

Elderly: Pharmaniaga Mefenamic should be used with caution in individuals suffering from kidney problems.

Elderly or debilitated patients seem unable to tolerate ulceration or bleeding as well as some other individuals; most spontaneous reports of fatal gastrointestinal events are in this patient population.

- When to use it

Use as directed by your doctor or pharmacist.

- How long to use it

Continue taking Pharmaniaga Mefenamic for as long as your doctor recommends.

- If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it.

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the dose that you missed.

- If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Taking too many tablets may cause seizures (fits), kidney failure, coma (deep state of unconsciousness), confusion, vertigo (feeling dizzy or spinning) and hallucination (perceiving things that do not exist outside the mind) and may lead to death also.

While you are using it

- Things you must do

Take your medicine exactly as your doctor has told you.

Tell all the doctors, dentists and pharmacists treating you that you are taking Pharmaniaga Mefenamic.

Tell your doctor immediately if you become pregnant while taking this medication.

If you suffer from skin rash and blisters during your treatment, inform your doctor immediately

If you need to have any medical tests while you are taking Pharmaniaga Mefenamic, inform your doctor as Pharmaniaga Mefenamic may affect the results of some tests.

- Things you must not do

Do not stop taking the medicine unless advised by your doctor.

Do not take any new medicines without consulting your doctor.

Do not give Pharmaniaga Mefenamic to anyone else, even if they have the same symptoms or condition as you.

- Things to be careful of

Driving and using machines

The effect of mefenamic acid on the ability to drive and use machines has not been evaluated.

Side effects

Like all medicines, Pharmaniaga Mefenamic can cause side effects, although not everybody gets them.

Visit your doctor or pharmacist immediately if you experience any side effects after taking this medicine.

Frequent side effects: diarrhoea, stomach pain, nausea with or without vomiting.

Other side effects include:

- Aplastic anemia (a disorder in which the bone marrow greatly decreases or produces insufficient amount of blood cells), autoimmune hemolytic anemia (a rare disease in which the body produces antibodies to destroy red blood cells)
- Blood disorders including decrease in blood cells (leukopenia, pancytopenia, agranulocytosis), increase in certain type of blood cells (eosinophilia), clotting disorders
- Allergic reactions
- Worsening blood sugar levels in diabetic individuals, low sodium in blood, fluid retention
- Nervousness

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- Inflammation of the layer covering the brain (aseptic meningitis), blurred vision, fits, dizziness, drowsiness, headache, sleeplessness
- Eye irritation, reversible loss of color vision
- Ear pain
- Fast or irregular heartbeats
- Low or high blood pressure
- Asthma, difficulty in breathing
- Gastrointestinal bleeding, gastrointestinal ulceration
- Skin and subcutaneous disorders like swelling of face, itching, rash, severe peeling of skin (toxic epidermal necrolysis) and Stevens-Johnson syndrome, DRESS syndrome which is a drug reaction with rash, fever, organ injury, sweating, allergy, scaling of skin and skin rash sometimes with blisters
- Change in the amount or frequency of urine passed, burning feeling when passing urine or blood in urine, kidney failure
- Generalized swelling
- Abnormal liver function tests, passing blood in urine
- Condition of having abnormally low body temperature in children

If you are elderly (over 65 years of age), you may have an increased chance of experiencing side effects.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring visiting the website npra.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

Storage and Disposal of Pharmaniaga Mefenamic

- Storage

Keep out of the reach and sight of children.

Store below 30°C. Protect from light. Keep container tightly closed.

Do not use Pharmaniaga Mefenamic after the expiry date stated on the label/carton.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

- What it looks like

Pharmaniaga Mefenamic Tablet 250mg: A yellow, round, biconvex film-coated tablet with a breakline on one side and plain on the other.

Pharmaniaga Mefenamic Tablet 500mg: A yellow, oblong, film-coated tablet with Pharmaniaga icon on one side and scoreline on the other.

Pharmaniaga Mefenamic Capsule 250mg:

Opaque ivory/light blue, size 1, hard gelatin capsule with Pharmaniaga icon and '250' markings.

- Ingredients

Pharmaniaga Mefenamic Tablet 250mg

- Active ingredient(s):
Mefenamic acid 250mg

- Inactive ingredients:

Colloidal Silicon Dioxide, Polyethylene Glycol, Cornstarch, Croscarmellose, Sodium Lauryl Sulphate, Isopropyl Alcohol, Magnesium Stearate, Purified Water, Povidone, Methocel, FDC Yellow, Titanium Dioxide, Lactose, Talc.

Pharmaniaga Mefenamic Tablet 500mg

- Active ingredient(s):

Mefenamic acid 500mg

- Inactive ingredients:

Talcum, Colloidal Silicon Dioxide, Croscarmellose Sodium, Povidone, Polyethylene Glycol, Lactose Monohydrate, Cornstarch, Quinoline Yellow Lake, Lake Sunset Yellow, Purified Water, Methocel, Titanium

Dioxide, Sodium Lauryl Sulphate, Isopropyl Alcohol, Magnesium Stearate.

Pharmaniaga Mefenamic Capsule 250mg

- Active ingredient(s):

Mefenamic acid 250mg

- Inactive ingredients:

Purified Water, Magnesium Stearate, Sodium Lauryl Sulphate, Lactose Monohydrate, Povidone.

- MAL number(s):

Pharmaniaga Mefenamic Tablet 250mg

MAL19913242AZ

Pharmaniaga Mefenamic Tablet 500mg

MAL19913243AZ

Pharmaniaga Mefenamic Capsule 250mg

MAL20000213AZ

Manufacturer & Product Registration Holder:

Pharmaniaga Manufacturing Berhad
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Kawasan Perusahaan Bangi,
43650 Bandar Baru Bangi, Selangor
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