

PHARMANIAGA SALBUTAMOL EXPECTORANT

Salbutamol/Guaifenesin (1mg/50mg per 5ml)

What is in this leaflet

1. What Pharmaniaga Salbutamol Expectorant is used for
2. How Pharmaniaga Salbutamol Expectorant works
3. Before you take Pharmaniaga Salbutamol Expectorant
4. How to take Pharmaniaga Salbutamol Expectorant
5. While you are using Pharmaniaga Salbutamol Expectorant
6. Side effects
7. Storage and disposal of Pharmaniaga Salbutamol Expectorant
8. Product description
9. Manufacturer and Product Registration Holder
10. Date of revision

What Pharmaniaga Salbutamol Expectorant is used for

It is used to treat productive cough and wheezing associated with asthma, pneumonia, flu and acute respiratory infections (infection that affect normal breathing function).

How Pharmaniaga Salbutamol Expectorant works

Salbutamol belongs to a group of medicines called bronchodilators. Salbutamol relaxes the muscles in the walls of the small air passages in the lungs. This helps to open up the airways and helps to relieve chest tightness, wheezing and cough so that you can breathe more easily.

Guaifenesin is an expectorant. It works by thinning and loosening mucus in the airways, clearing congestion, and making breathing easier.

Before you take Pharmaniaga Salbutamol Expectorant

- When you must not take it

Do not take Pharmaniaga Salbutamol Expectorant if you:

- are pregnant or breastfeeding
- are allergic to any medicine containing salbutamol, guaifenesin or any other ingredients as listed under ingredients section below.

Some of the symptoms of an allergic reaction may include:

- shortness of breath, wheezing or difficulty breathing,
- swelling of the face, lips, tongue or other parts of the body,
- rash, itching or hives on the skin.

- Before you start to take it

Tell your pharmacist if you have allergies to any other medicines, foods, preservatives or dyes.

Tell your doctor or pharmacist if you are pregnant or plan to become pregnant or are breast-feeding. Your doctor or pharmacist can discuss with you the risks and benefits involved.

The presence of other medical problems may affect the use of this medicine. Make sure you tell your doctor if you have any other medical problems, especially:

- Diabetes
- Heart or blood vessel disease such as ischaemic heart disease (reduced blood supply to the heart), arrhythmia (irregular heartbeat) or tachycardia (an abnormally rapid heart rate)
- Hypertension (high blood pressure)
- Hyperthyroidism (overactive thyroid)
- Angina pectoris (chest pain)
- Closed-angle glaucoma (increased pressure inside the eye)

- Taking other medicines

Tell your pharmacist or doctor the medicines you are taking, including any that you get without a prescription from your pharmacy, supermarket or health food shop.

There may be an interaction between salbutamol and any of the following:

- corticosteroids

- beta-blockers (e.g., propranolol, metoprolol)
- certain diuretics/'water pills' (e.g., hydrochlorothiazide)
- digoxin
- aminophylline or other xanthines

If you are taking any of these medications, speak with your doctor or pharmacist.

How to use Pharmaniaga Salbutamol Expectorant

Follow all directions given to you by your pharmacist or doctor carefully. They may differ from the information contained in this leaflet.

If you do not understand the directions on your prescription bottle, ask your pharmacist, nurse, or doctor to explain the instructions to you.

- How much to use

Adult: 10-20ml

Children: 5-10ml

To be taken two or three times daily

- When to use it

Do not use more than recommended dosage. Use as directed by your doctor or pharmacist.

- How long to use it

Continue taking your medicine for as long as your doctor tells you.

It is important to keep taking your medicine even if you feel well.

- If you forget to use it

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take extra medicine to make up the missed dose.

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- If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital. If you think you or anyone else may have taken too much of this medicine. Do this even there are no signs of discomfort or poisoning. You may need urgent medical attention. Symptoms of overdosage are the extended effects of the adverse reactions.

While you are using Pharmaniaga Salbutamol Expectorant

- Things you must do

Take your medicine exactly as your doctor has told you.

Tell all the doctors, dentists and pharmacist treating you that you are taking Pharmaniaga Salbutamol Expectorant.

Talk to your pharmacist or doctor if your symptoms do not improve. Your pharmacist or doctor will assess your condition and decide if you should continue to take the medicine.

- Things you must not do

Do not take Pharmaniaga Salbutamol Expectorant to treat any other complaints unless your pharmacist or doctor tells you to.

Do not give your medicine to anyone else, even if they have the same condition as you.

Do not take more than the recommended dose unless your pharmacist or doctor tells you to.

- Things to be careful of

Be careful when driving or operating any machineries until you know how Pharmaniaga Salbutamol Expectorant affects you.

Side effects

Tell your pharmacist or doctor if you do not feel well while you are taking Pharmaniaga Salbutamol Expectorant. This medicine helps most people, but it may have

unwanted side effects in a few people.

All medicines can have side effects. Sometimes they are serious, most of the time they are not. You may need medical attention if you get some of the side effects.

Do not be alarmed by the following list of side effects. You may not experience any of them.

Tell your doctor or pharmacist if you notice any of the following, such as:

- Tremor, especially in your hands
- Heart beating faster than normal or irregularly
- Musculoskeletal: Tenseness & muscular cramps
- Headache
- Peripheral vasodilation (widening of blood vessels)

These side-effects are caused by salbutamol and mostly short-lived and usually go away with time. However, if any of them are still bothering you after some time, you should inform your doctor.

Guaifenesin may cause gastrointestinal discomfort and very large doses can cause nausea and vomiting.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers -> Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)]

Storage and disposal of Pharmaniaga Salbutamol Expectorant

- Storage

Keep the medicines in a cool dry place where the temperature stays below 30°C. Protect from light.

Do not store it or any other medicine in the bathroom, or near a sink, or on a window sill.

Do not leave it in the car on hot days. Heat and dampness can destroy some medicines.

Do not use this medication after the expiry date which is printed on the product packaging. The expiry date refers to the last day of that month.

Keep out of reach of children.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose medicines no longer required. These measures will help to protect the environment.

Product description

- What it looks like

Clear, colourless, raspberry flavoured liquid.

- Ingredients:

- Active ingredients:
Pharmaniaga Salbutamol Expectorant contains (per 5ml) Guaifenesin 50mg, Salbutamol 1.26mg

- Inactive ingredients:

Citric Acid Monohydrate, Hydroxyl-propylmethylcellulose(HPMC), Raspberry Flavour, Purified Water, Sodium Benzoate, Sodium Saccharin and Sodium Citrate.

- MAL number:

MAL19970957AZ

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Salbutamol/Guaifenesin (1mg/50mg per 5ml)

Manufacturer:

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Product registration holder:

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