PHARMANIAGA ATENOLOL TABLET 50MG
PHARMANIAGA ATENOLOL TABLET 100MG

Atenolol 50mg/100mg

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What Pharmaniaga Atenolol Tablet used for

Pharmaniaga Atenolol Tablet is used to treat:

- Hypertension (high blood pressure).
- Angina pectoris (chest pain or discomfort).
- Acute myocardial Anfarction (heart attack).
- Cardiac arrhythmias (irregular heart rhythm).

How Pharmaniaga Atenolol Tablet works

Atenolol belongs to a family of medicines called beta blockers.

It works by slowing down or decreasing the heart's need for blood and oxygen. This results in reduced workload for the heart.

Before you use Pharmaniaga Atenolol Tablet

-When you must not use it

Do not take Atenolol Tablet if:

- You are allergic to atenolol or any of the excipients.
- You have cardiogenic shock (failure of pump action of the heart).
- You have heart block.
- You have overt cardiac failure (heart failure) or uncontrolled heart failure.
- You have sinus bradycardia (a regular but usually slow heartbeat) or reversible obstructive airways disease.
- Untreated tumour in kidney.
- Imbalance in the body's acid-base balance.
- You have low blood pressure.
- You have blood circulation disorder.

-Before you start to use it

Check with your doctor or pharmacist before taking Pharmaniaga Atenolol Tablet if:

- You have asthma, wheezing or any other similar breathing problems, or you get allergic reactions, for example to insect stings. If you have ever had asthma or wheezing, do not take this medicine without first checking with your doctor.
- You have a type of chest pain (angina) called prinzmetal's angina.
- You have poor blood circulation or controlled heart failure.
- You have first-degree heart block.
- You have diabetes. Your medicine may change how you respond to having low blood sugar. You may feel your heart beating faster.
- You have thyrotoxicosis (a condition caused by an overactive thyroid gland). Your medicine may hide the symptoms of thyrotoxicosis.
- You have problems with your kidneys. You may need to have some check-ups during your treatment.

If you are not sure if any of the above apply to you, talk to your doctor or pharmacist before taking Pharmaniaga Atenolol Tablet.

- Taking other medicines

Some medicines interfere with Pharmaniaga Atenolol Tablet. Tell your doctor if you are taking:

- Other beta blockers
- Calcium channel blockers
- Dihydropyridine (used to treat hypertension)
- Digitalis glycosides (used to treat congestive heart failure)
- Class I anti-arrhythmic drugs (used to suppress abnormal rhythms of the heart)
- Sympathomimetic drug (used treat cardiac arrest and low blood pressure)
- Insulin and oral antidiabetic drugs
- Prostaglandin synthetase-inhibitors drugs (used to treat to treat primary dysmenorrhea)
- Anaesthetic agents (used to prevent pain during surgery)
- Alpha-1 adrenergic blockers (used to treat various heart diseases)
- Quinidine (used to treat certain types of irregular heartbeats)
- St John's Wort (used to treat mental health problems)
- Beta-2 agonists (used to treat respiratory diseases)
- Antacids (used to relieve indigestion and heartburn)
- Warfarin (used to treat people who have blood clot)
- Chlorpromazine (used to treat psychotic disorders)

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- Methyldopa (used to treat high blood pressure)
- Glycopyrrolate
- Clonidine (used to treat ADHD (Attention Deficit Hyperactivity Disorder)
- Catecholamine depleting drugs such as Reserpine (used for the control of high blood pressure).

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

How to use Pharmaniaga Atenolol Tablet

Follow all directions given to you by your pharmacist or doctor carefully. They may differ from the information contained in this leaflet.

If you do not understand the directions on your medication bottle, ask your pharmacist, nurse, or doctor to explain the instructions to you.

-How much to use

Adults

- High blood pressure (hypertension): Initially dose is 50 mg a day. The dose can be increased to 100 mg once a day after two weeks if necessary and tolerated.
- Chest pain (angina): Initially 50 mg twice a day or 100 mg once a day. It is unlikely that additional benefit will be gained by increasing the dose.
- The early treatment of a heart attack (myocardial infarction): the usual dose is 50 mg to 100 mg a day.
- Uneven heart beats (arrhythmias): 50-100 mg once a day.

Elderly people

If you are an elderly person, yourdoctor may decide to give you a lower dose, particularly if you have problems with your kidneys.

People with severe kidney problems

If you have severe kidney problems your doctor may decide to give youa lower dose.

-When to use it

Your doctor will tell you when totake it. Read the label on the carton to follow exactly what your doctor has told you. Try to take your tablet at the same time each day.

-How long to use it

The prescription is almost always life-long. Your doctor would monitor your condition on regular basis and advice if a change is required. Do not stop taking Pharmaniaga Atenolol Tablet without talking to your doctor.

In some cases, you may need to stop taking it gradually.

-If you forget to use it

Refer to you doctor or pharmacist on what need to be done if you forget on how to use this medicine.

If you forget to take Pharmaniaga Atenolol tablet take it as soon as you can. If it is almost time for the next dose, ignore the missed dose and wait to take the next dose at the right time.

Do not take a double dose to make up for a forgotten dose.

-If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department ofyour nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs ofdiscomfort or poisoning. You may need urgent medical attention. You must inform your doctor immediately if you have taken too much Pharmaniaga Atenolol Tablet.

Signs of an overdose include bradycardia, irregular heartbeat and difficulty in breathing.

While you are using Atenolol Tablet

-Things you must do

If you go into hospital to have an operation, tell the anaesthetist or medical staff that you are taking Pharmaniaga Atenolol Tablet. This is because you can get low blood pressure (hypotension) if you are given certain anaesthetics while you are taking Pharmaniaga Atenolol Tablet.

Talk to your doctor before taking Pharmaniaga Atenolol Tablet if you are pregnant, may become pregnant or are breast-feeding.

-Things you must not do

Unless you develop an allergic reaction, you must not stop or change the schedule of taking Pharmaniaga Atenolol without consulting your doctor.

Things to be careful of

Driving and using machines

Your medicine is not likely to affect you being able to drive or use any tools or machines. However, it is best to wait to see how your medicine affects you before trying these activities. If you feel dizzy or tired when taking this medicine, do not drive or use any tools or machines.

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Side effects

Like all medicines, Pharmaniaga Atenolol Tablet can cause side effects, although not everybody gets them. If you have an allergic reaction, see a doctor straight away. The signs may include hair loss or dry mouth.

Other possible side effects:
Decrease sexual ability, drowsiness, trouble in sleeping, nightmares, unusual tiredness and weakness.

Fainting, constipation, diarrhoea, nasal congestion, nausea (feeling sick), stomach discomfort, bradycardia, heart block, dizziness, headache, bronchospasm (narrowing of the bronchi caused by muscle contractions in the wall as an asthma attack), blockage in one of pulmonary arteries in lungs, congestive heart failure, mental depression, mood changes, excessive of thyroid hormone or autoimmune disorders.

Skin rash, hypersensitivity, confusion, hallucinations, hepatotoxicity (liver damage), increase of certain liver's enzyme, leucopenia (a reduction in the number of white blood cells), orthostic hypotension (low blood pressure when standing), thrombocytopenia (a low platelet count), sore or dry eyes, visual disturbances, burning or prickling sensation occur on the body, cold of hands and feets or muscle cramps frequently happen in person who already have decreased blood flow to the fingers.

Do not be concerned by this list of side effects. You may not get any of them. If any of the side effects get serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.moh.gov.my (Consumers → Reporting Side Efects to Medicine (ConSERF) or Vaccines (AEFI)).

Storage and Disposal of Pharmaniaga Atenolol Tablet

-Storage

Keep the medicines in a cool dry place where the temperature stays below 30°C. Protect from light.

Do not store it or any other medicine in the bathroom, or near a sink, or on a window sill.

Do not leave it in the car on hot days. Heat and dampness can destroy some medicines.

Do not use this medication after the expiry date which is printed on the product packaging. The expiry date refers to the last day of that month.

Keep it where children cannot reach it.

-Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product description

-What it looks like

Pharmaniaga Atenolol Tablet 50 mg:
An orange, round, film- coated tablet with a breakline on one side and plain on the other.

Pharmaniaga Atenolol Tablet 100 mg:
An orange, round, biconvex, film- coated tablet with a breakline on one side and Pharmaniaga icon on the other.

Medicines should not be split into half.

-Ingredients

Active ingredient(s):
Atenolol 50 mg / Atenolol 100 mg

Inactive ingredients:
Talcum, Croscarmellose sodium, Titanium dioxide, Polyethylene glycol 1000, Sunset Yellow Lake, Methocel E15, Methocel E5, Cornstarch, Povidone K29¬K32, Propylene glycol, Lactose, Isopropyl alcohol, Magnesium stearate.

-MAL Number:

Pharmaniaga Atenolol Tablet 50 mg:
MAL19973341AZ

Pharmaniaga Atenolol Tablet 100 mg:
MAL19920523AZ

Manufacturer

Pharmaniaga Manufacturing Berhad (198001006232),
11A, Jalan P/1, Kawasan Perusahaan Bangi, 43650 Bandar Baru Bangi,
Selangor Darul Ehsan,
Malaysia.

Product Registration Holder

Pharmaniaga Manufacturing Berhad (198001006232),
11A, Jalan P/1, Kawasan Perusahaan Bangi, 43650 Bandar Baru Bangi,
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