

PHARMANIAGA FRUSEMIDE TABLET

Frusemide (40mg)

What is in this leaflet

1. What Pharmaniaga Frusemide Tablet is used for
2. How Pharmaniaga Frusemide Tablet works
3. Before you use Pharmaniaga Frusemide Tablet
4. How to use Pharmaniaga Frusemide Tablet
5. While you are using it
6. Side effects
7. Storage and Disposal of Pharmaniaga Frusemide Tablet
8. Product Description
9. Manufacturer and Product Registration Holder
10. Date of Revision

What Pharmaniaga Frusemide Tablet is used for

Pharmaniaga Frusemide Tablet is used to treat swelling of the ankles, feet, legs or even the brain or lungs. This swelling is called oedema and can occur in some heart, lung, liver or kidney conditions.

Pharmaniaga Frusemide Tablet may be used in some patients with more serious kidney problems who may have some fluid retention.

Pharmaniaga Frusemide Tablet may also be used to lower high blood pressure (which is also called hypertension).

Pharmaniaga Frusemide Tablet may be taken alone or in combination with other medicines to treat your condition.

Your doctor may have prescribed Pharmaniaga Frusemide Tablet for another purpose.

How Pharmaniaga Frusemide Tablet works

Pharmaniaga Frusemide Tablet helps to reduce the amount of excess fluid in the body by increasing the amount of urine produced.

Before you use Pharmaniaga Frusemide Tablet

-When you must not use it

Do not take Pharmaniaga Frusemide Tablet if you have:

- Certain kidney problems.
- No production or no passing of urine.
- Low blood pressure (hypotension).
- Low sodium levels in your blood.
- Low potassium levels in your blood.
- Dehydration.

Do not take Pharmaniaga Frusemide Tablet if you are allergic to:

- His medicine or any of the ingredients listed at the end of this leaflet
- Medicines called sulfonamides (eg. some types of antibiotics which are also referred to as 'sulfur antibiotics') or sulfonylureas which are medicines which can be used to treat diabetes.

Some symptoms of an allergic reaction include skin rash, itching, shortness of breath or swelling of the face, lips or tongue, which may cause difficulty in swallowing or breathing.

Do not take Pharmaniaga Frusemide Tablet if you are pregnant.

Do not take Pharmaniaga Frusemide Tablet if you are breastfeeding or planning to breast-feed.

The active drug, Pharmaniaga Frusemide Tablet, passes into breast milk and there is a possibility your baby may be affected.

-Before you start to use it

Tell your doctor if you have allergies to:

- Any of the ingredients listed at the end of this leaflet
- Any other medicines called sulfonamides or sulfonylureas
- Any other substances, such as foods, preservatives or dyes.
-

Tell your doctor if you are pregnant or intend to become pregnant.

Like most medicines of this kind, Pharmaniaga Frusemide Tablet is not recommended to be used during pregnancy. If there is a need to consider Pharmaniaga Frusemide Tablet during your pregnancy,

your doctor will discuss the risks and benefits of taking it if you are pregnant.

Tell your doctor if you are breastfeeding or planning to breast-feed.

Pharmaniaga Frusemide Tablet passes into breast milk and there is a possibility your baby may be affected. Your doctor will discuss the risks and benefits of taking it if you are breast-feeding or planning to breast-feed.

Tell your doctor if you have or have had any medical conditions, especially the following:

- liver problems
- kidney problems
- heart problems
- diabetes
- gout, a disease with painful, swollen joints
- passing less urine than is normal for you
- difficulty passing urine
- no production or no passing of urine
- prostate problems

Tell your doctor if you are on a salt restricted diet.

If you have not told your doctor about any of the above, tell them before you take Pharmaniaga Frusemide Tablet.

-Taking other medicines

Tell your doctor or pharmacist if you are taking any other medicines, including any that you buy without a prescription from your pharmacy, supermarket or health food store.

Some medicines should not be taken with Pharmaniaga Frusemide Tablet. This includes large amounts of laxatives.

Some medicines may interfere with Pharmaniaga Frusemide Tablet. These include

- Certain other fluid tablets or diuretic medicines.
- Medicines used to treat high blood pressure and some other heart conditions, especially ACE inhibitors or angiotensin receptor antagonists.

PHARMANIAGA FRUSEMIDE TABLET

Frusemide (40mg)

- Digoxin and other medicines used to treat heart failure.
- Non-steroidal anti-inflammatory drugs (NSAIDs) and aspirin, medicines used to relieve pain, swelling and other symptoms of inflammation, including arthritis.
- Medicines used to relax muscles before or during surgery.
- Lithium, a medicine used to treat mood swings and some types of depression.
- Medicines used in emergency situations such as adrenaline and noradrenaline.
- Cisplatin, a medicine used to treat cancer.
- Theophylline, a medicine used to treat asthma.
- Certain antibiotics, especially cephalosporins.
- Amphotericin, a medicine used to treat fungal infections.
- Barbiturates, medicine used to treat epilepsy, to produce calmness, or to help you sleep.
- Narcotic/strong pain killers such as Codeine and Morphine.
- Insulin and tablets used to treat diabetes
- Sucralfate, a medicine used to treat stomach ulcers
- Anticonvulsant medicines such as chloral hydrate or phenytoin
- Corticosteroids such as cortisone, Prednisone or Dexamethasone
- Medicines used during scans to see the images of your body.

These medicines may be affected by Pharmaniaga Frusemide Tablet, or may affect how well it works. You may need to use different amounts of your medicine, or take different medicines. Your doctor or pharmacist will advise you.

You should not eat large amounts of liquorice when you are taking Pharmaniaga Frusemide Tablet.

Your doctor or pharmacist has more information on medicines to be careful with or to avoid while taking Pharmaniaga Frusemide Tablet.

How to use Pharmaniaga Frusemide Tablet

-How much to use

Follow the directions given to you by your doctor and pharmacist carefully.

Generally, treatment is initiated in adults with a daily dose of half to one tablet daily.

These directions may differ from the information contained in this leaflet.

Ask your doctor or pharmacist if you are unsure of the correct dose for you. They will tell you exactly how much to take.

Follow the instructions they give you. If you take the wrong dose, Pharmaniaga Frusemide Tablet may not work as well and your problem may not improve.

-When to use it

Pharmaniaga Frusemide Tablet is usually taken once or twice a day.

Take Pharmaniaga Frusemide Tablet on an empty stomach. Food can interfere with their absorption.

Take Pharmaniaga Frusemide Tablet at about the same time each day unless your doctor tells you otherwise.

Taking your medicine at the same time each day will have the best effect. It will also help you remember when to take the medicine.

If your doctor prescribes Pharmaniaga Frusemide Tablet to be taken once a day, it is best done in the morning, for example, before breakfast.

If you are taking Pharmaniaga Frusemide Tablet more than once a day, take your first dose immediately before breakfast and take your last dose around 2:00 pm (on an empty stomach), unless your doctor tells you otherwise.

Pharmaniaga Frusemide Tablet may increase the amount of urine you pass, it will also increase the number of times you need to go to the toilet. By taking your last dose around 2:00 pm, there may be less chance that your sleep is disturbed.

-How long to use it

Oedema:

Continue taking your medicine for as long as your doctor tells you.

The medicine helps control your condition and lowers the fluid build up in your body.

Hypertension:

Continue taking your medicine for as long as your doctor tells you.

The medicine helps control your blood pressure, but it does not cure it. Continue taking the medicine until your doctor tells you to stop.

Ask your doctor or pharmacist if you are not sure how long to take the medicine for.

-If you forget to use it

It is important to take your medicine every day as regular treatment works better.

However, if you forget to take a dose of Pharmaniaga Frusemide Tablet, take the next dose at the usual time. Do not take a double dose to make up for a forgotten dose.

-If you take too much (overdose)

If you accidentally take too many tablets, contact your doctor or nearest hospital accident and emergency department immediately. Do this even if there are no signs of discomfort or poisoning.

You may need urgent medical attention. If you take too much Pharmaniaga Frusemide Tablet, you may feel confused, dehydrated, dizzy or you may pass excessive urine.

While you are using it

-Things you must do

Tell all the doctors, dentists and pharmacists who are treating you that you are taking Pharmaniaga Frusemide Tablet. If you are about to be started on any new medicine, tell your doctor and pharmacist that you are taking Pharmaniaga Frusemide Tablet.

If you plan to have a surgery that needs a general anaesthetic, tell your doctor or dentist that you are taking this medicine.

PHARMANIAGA FRUSEMIDE TABLET

Frusemide (40mg)

Your blood pressure may drop suddenly.

If you become pregnant while you are taking this medicine, tell your doctor or pharmacist immediately.

Tell your doctor if you have excessive vomiting or diarrhoea while taking Pharmaniaga Frusemide Tablet or if you experience any of the following symptoms:

- Dry mouth or thirst.
- Fainting.
- Weakness, tiredness or drowsiness.
- Muscle pain or cramps.
- Fast heart beat.
- Passing less urine than normal.

If you experience these symptoms, you may be dehydrated because you are losing too much water.

Make sure you drink enough water during any exercise and during hot weather when you are taking Pharmaniaga Frusemide Tablet, especially if you sweat a lot.

If you do not drink enough water while taking Pharmaniaga Frusemide Tablet, you may feel faint or light-headed or sick. This is because your blood pressure is dropping suddenly and you are dehydrating. If you continue to feel unwell, tell your doctor.

If you are about to have any blood tests, tell your doctor that you are taking Pharmaniaga Frusemide Tablet.

There may be some interference with the results of these tests.

If you are taking Pharmaniaga Frusemide Tablet to treat high blood pressure, make sure you have your blood pressure checked when your doctor says to make sure Pharmaniaga Frusemide Tablet is working properly.

-Things you must not do

Do not give this medicine to anyone else, even if they have the same condition as you.

Do not use this medicine to treat any other complaints unless your doctor tells you to. Do not stop taking Pharmaniaga Frusemide Tablet, or change the dosage, without checking with your doctor.

-Things to be careful of

If you feel light-headed, dizzy or faint, get up slowly when getting out of bed or standing up.

Diuretic medicines may cause dizziness or light-headedness in some people. Make sure you know how you react to your medicine before you drive a car, operate machinery, or do anything else that could be dangerous if you are dizzy or light-headed.

If this occurs do not drive.

If you drink alcohol or take strong painkillers, dizziness or lightheadedness may be worse.

The effects of alcohol could be made worse while taking Pharmaniaga Frusemide Tablet. It is not recommended that you drink alcohol while taking Pharmaniaga Frusemide Tablet.

If you are taking Pharmaniaga Frusemide Tablet for a long period of time, you should check with your doctor to determine whether or not you should eat more potassium-containing foods or take potassium supplements.

However, increasing the amount of potassium in your diet may not be necessary and could be harmful. Check with your doctor.

Side effects

All medicines have some unwanted side effects. Sometimes they are serious, but most of the time they are not. Your doctor has weighed the risks of using this medicine against the benefits they expect it will have for you.

Do not be alarmed by this list of possible side effects.

You may not experience any of them.

Tell your doctor or pharmacist as soon as possible if you do not feel well while you are taking Pharmaniaga Frusemide Tablet. Pharmaniaga Frusemide Tablet helps most people with high blood pressure or fluid

retention, but it may have unwanted side effects in a few people.

Tell your doctor if you notice any of the following and they worry you:

- Weakness or tiredness.
- Muscle pains or cramps
- Restlessness
- Drowsiness or a lack of energy.
- Dizziness or light-headedness
- Headache.
- Vomiting or nausea.
- Diarrhoea.
- Blurred or impaired vision.

These are more common side effects of Pharmaniaga Frusemide Tablet. Mostly they are mild or short-lived.

Tell your doctor as soon as possible if you notice any of the following:

- Irregular or fast heartbeat.
- Passing less urine than is normal for you.
- Severe stomach pain, often with nausea or vomiting.
- Severe dizziness or a spinning sensation.
- Increased sensitivity to sunlight.
- Flaking or peeling of the skin.
- Symptoms of anaemia such as tiredness, being short of breath when exercising, dizziness and looking pale.
- Loss of control of your bladder or bowels (incontinence).
- Gout, a disease with painful, swollen joints.

These may be serious side effects of Pharmaniaga Frusemide Tablet. You may need urgent medical attention. Serious side effects are uncommon.

If any of the following happen, tell your doctor immediately or go to Accident and Emergency at your nearest hospital:

- Sudden signs of allergy such as rash, itching or hives (pinkish, itchy raised areas) on the skin, swelling of the face, lips, tongue or other parts of the body, shortness of breath, wheezing or trouble breathing.
- Chest pain.
- Fainting or having a rapid, weak pulse.
- Lockjaw.

PHARMANIAGA FRUSEMIDE TABLET

Frusemide (40mg)

- Red, often itchy spots similar to the rash seen with measles which starts on the limbs and sometimes on the face and body. The spots may blister and may progress to form raised red, pale-centred marks. Those affected may have fever, sore throat, headache with or without diarrhea.
- Yellowing of the skin and/or eyes (jaundice).

These are serious side effects. You may need urgent medical attention or hospitalisation. These side effects are very rare.

Tell your doctor or pharmacist if you notice anything else that is making you feel unwell.

Other side effects not listed above may occur in some people.

Ask your doctor or pharmacist to answer any questions you may have.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring visiting the website npra.gov.my (Consumer -> Reporting Side Effects to Medicine (ConSERF) or Vaccines (AEFI)).

Storage and Disposal of Pharmaniaga Frusemide Tablet

-Storage

Keep out of the reach and sight of children.

Keep the medicines in a cool dry place where the temperature stays below 30°C.

Keep container tightly closed. Protect from light.

Do not store in the bathroom or near a sink, or on a window sill.

Do not leave it in the car on hot days. Heat and dampness can destroy some medicines.

Do not use this medicine after the expiry date stamped on the pack. The expiry date refers to the last day of that month.

-Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

-What it looks like

A white to off-white, round, biconvex tablet with scoreline on one side and a hexagon shaped marking on the other

-Ingredients:

-Active ingredient(s):

Frusemide 40 mg

-Inactive ingredient(s):

Cornstarch, Povidone K29/32, Talcum, Magnesium Stearate, Sodium Starch Glycolate, Lactose.

-Nombor MAL

MAL19870221AZ

Manufacturer:

Pharmaniaga Manufacturing Berhad (198001006232),
11A, Jalan P/1, Kawasan Perusahaan Bangi, 43650 Bandar Baru Bangi, Selangor Darul Ehsan, Malaysia.

Product Registration Holder:

Pharmaniaga Manufacturing Berhad (198001006232),
No. 11A, Jalan P/1, Kawasan Perusahaan Bangi, 43650 Bandar Baru Bangi, Selangor Darul Ehsan, Malaysia.

Date of revision:

19/07/2024

Serial number

NPRA(R2/1)201126/568