

ROWACHOL[®] CAPSULE

Pinene/ Camphene/ Cineol/ Menthone/ Menthol/ Borneol (17 mg/ 5 mg/2 mg/6 mg/ 32 mg/5 mg)

What is in this leaflet

1. What Rowachol[®] is used for
2. How Rowachol[®] works
3. Before you use Rowachol[®]
4. How to use Rowachol[®]
5. While you are using it
6. Side effects
7. Storage and Disposal of Rowachol[®]
8. Product Description
9. Manufacturer and Product Registration Number
10. Date of revision

What Rowachol[®] is used for

Rowachol[®] is indicated for the treatment of hepato-biliary disorders such as gallstones, inflammation of gallbladder, functional disorders of gallbladder and inflammatory liver conditions.

How Rowachol[®] works

Rowachol[®] works by breaking up (dissolving or disintegrating) or expulsion of gallstones. Rowachol[®] increases bile production and relaxes the bile ducts. This helps reduce painful spasms of bile ducts. It also makes it easier for any gallstones present to be passed out (expelled) with the bile.

Before you use Rowachol[®]

- When you must not use it

Do not take Rowachol[®]:

- if you are allergic to pinene, borneol, menthol, menthone, camphene, cineole or any of the other ingredients of this medicine (listed in Product Description).

- Before you start to use it

Reducing fat intake in the diet is advisable.

Pregnancy and lactation

Although no birth defects effects have been reported, it is advisable that pregnant women should not take Rowachol[®] during the first trimester of pregnancy.

- Taking other medicines

Talk to your doctor or pharmacist before taking Rowachol[®] if you are taking medicines to thin your blood or medicines that are broken down by the liver.

How to use Rowachol[®]

- How much to use

Adults: Unless otherwise directed by the physician, the usual dose is 1 - 2 capsules 3 times daily before meals.

Children 6-14 years: The usual dose is 1 capsule twice daily before meals.

- When to use it

Take Rowachol[®] before meals.

- How long to use it

Take Rowachol[®] as directed by your doctor or physician.

- If you forget to use it

Do not take a double dose to make up for a forgotten dose. Just take it as soon as you remember. Then go on taking your next dose at the usual time.

- If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or

anyone else may have use too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

While you are using it

- Things you must do

Take your medicine exactly as your doctor has told you.

Tell all the doctors, dentists and pharmacists treating you that you are taking product Rowachol[®].

Tell your doctor immediately if you become pregnant while taking this medication.

- Things you must not do

Do not stop taking the medicine unless advised by your doctor.

Do not take any new medicines without consulting your doctor.

Do not give Rowachol[®] to anyone else, even if they have the same symptoms or condition as you.

- Things to be careful of

Driving and using machines

If the capsules make you feel unwell, do not drive or use machines and contact your doctor immediately.

Side effects

No untoward side effects have been reported. A slight taste of peppermint may occur initially.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the

ROWACHOL® CAPSULE

Pinene/ Camphene/ Cineol/ Menthone/ Menthol/ Borneol (17 mg/ 5 mg/2 mg/6 mg/ 32 mg/5 mg)

website npra.gov.my [Consumers→
Reporting Side Effects to Medicines
(ConSERF) or Vaccines (AEFI)]

Storage and Disposal of Rowachol®

- *Storage*

Store below 30°C.

- *Disposal*

Do not throw away any medicines via
wastewater or household waste. Ask
your pharmacist how to throw away
medicines you no longer use. These
measures will help protect the
environment.

Product Description

- *What it looks like*

Green, spherical, enteric-coated soft
gelatin capsules containing a pale
yellow or greenish-yellow oil.

- *Ingredients*

- Active ingredient(s)

Pinene ($\alpha+\beta$), Camphene, Cineol,
Menthone, Menthol, Borneol

- Inactive ingredients

Olive oil, gelatin, glycerin 85%,
sodium ethyl hydroxybenzoate,
sodium propyl hydroxybenzoate,
sodium copper chlorophyllin.

- *MAL number:*

MAL19913018X

Manufacturer

Rowa Pharmaceuticals Ltd.,
Bantry,
Co. Cork,
Ireland.

Product Registration Holder

DCH Auriga (Malaysia) Sdn. Bhd.,
Lot 6, Persiaran Perusahaan,
Seksyen 23, 40300 Shah Alam,
Selangor,
Malaysia

Date of revision

08/06/2022

Serial Number

NPRA(R4/1)201221/00093