

# ROWATINEX<sup>®</sup> CAPSULE

Pinene ( $\alpha + \beta$ )/ Camphene/ Cineol/ Fenchone/ Borneol/ Anethol (31 mg/ 15 mg/ 3 mg/ 4 mg/ 10 mg/ 4 mg)

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## What Rowatinex<sup>®</sup> is used for

Rowatinex<sup>®</sup> is indicated for the treatment of urinary tract spasm and inflammation associated with urolithiasis. Rowatinex<sup>®</sup> also assists in the dissolution and expulsion of stones in the renal system.

## How Rowatinex<sup>®</sup> works

Rowatinex<sup>®</sup> promotes diuresis and relaxes urinary tract spasm, thus assisting the passage of stones. The therapeutic effect of the balanced combination of terpenes reduces urinary tract inflammation stimulating renal blood flow through the kidneys and increasing the output of a less concentrated urine.

## Before you use Rowatinex<sup>®</sup>

### - When you must not use it

Do not take Rowatinex<sup>®</sup>: - if you are allergic to  $\alpha$ -pinene,  $\beta$ -pinene, camphene, borneol, anethol, fenchone, cineole or any of the other ingredients of this medicine (listed in Product Description).

### - Before you start to use it

Liquid intake should be increased during therapy. The product should

only be used with caution in patients on anticoagulants or drugs dependent on the liver for metabolism and excretion.

## Pregnancy and Breast-feeding

Although no birth effects have been reported, it is advisable that pregnant women should not take Rowatinex<sup>®</sup> during the first trimester of pregnancy.

### - Taking other medicines

Talk to your doctor or pharmacist before taking Rowatinex<sup>®</sup> if you are taking medicines to thin your blood or medicines that are broken down by the liver.

## How to use Rowatinex<sup>®</sup>

### - How much to use

*Adults:* Unless otherwise directed by the physician, the usual dose is 1 - 2 capsules three times daily before meals. In case of colic 2 - 3 capsules four - five times daily.

*Children 6-14 years:* The usual dose is 1 capsule twice daily before meals.

### - When to use it

You should take Rowatinex<sup>®</sup> before meals.

### - How long to use it

You should use Rowatinex<sup>®</sup> as directed by your doctor or physician.

### - If you forget to use it

Do not take a double dose to make up for a forgotten dose. Just take it as soon as you remember. Then go on taking your next dose at the usual time.

### - If you use too much (overdose)

If you have taken more capsules than you should, talk to your doctor or pharmacist.

## While you are using it

### - Things you must do

Take your medicine exactly as your doctor has told you.

Tell all the doctors, dentists and pharmacists treating you that you are taking Rowatinex<sup>®</sup>.

Tell your doctor immediately if you become pregnant while taking this medication.

### - Things you must not do

Do not stop taking the medicine unless advised by your doctor.

Do not take any new medicines without consulting your doctor.

Do not give Rowatinex<sup>®</sup> to anyone else, even if they have the same symptoms or condition as you.

### - Things to be careful of

#### *Driving and using machines*

Rowatinex<sup>®</sup> is unlikely to have any effect on your driving or ability to use machines. If the capsules make you feel sick, dizzy or tired, or give you a headache, do not drive or use machines and contact your doctor immediately.

## Side effects

No untoward side effects have been reported.

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You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website [npra.gov.my](http://npra.gov.my) [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)]

## Storage and Disposal of Rowatinex<sup>®</sup>

### - Storage

Store below 30°C.

### - Disposal

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

## Product Description

### - What it looks like

Yellow, spherical, enteric-coated soft gelatin capsules containing a pale yellow or greenish-yellow oil.

### - Ingredients

- Active ingredient(s)

Pinene ( $\alpha + \beta$ ), Camphene, Cineol, Fenchone, Borneol, Anethol.

- Inactive ingredients

gelatin, glycerol 85%, sodium ethyl hydroxybenzoate, sodium propyl hydroxybenzoate, sunset yellow (E110), quinoline yellow E104, Olive oil, water.

### - MAL number:

MAL19913019X

## Manufacturer

Rowa Pharmaceuticals Ltd.,  
Bantry,  
Co. Cork,  
Ireland.

## Product Registration Holder

DCH Auriga (Malaysia) Sdn. Bhd.,  
Lot 6, Persiaran Perusahaan,  
Seksyen 23, 40300 Shah Alam,  
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Malaysia

## Date of revision

- 27/05/2020

## Serial Number

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