

REGRO 5% LOTION

Minoxidil (5%)

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What Regro is used for

Regro is used topically for the treatment of male pattern baldness for both male and female.

How Regro works

Minoxidil, the active ingredient in Regro, stimulates hair growth and slow down the rate of balding progression by aiding blood flow to the cells of the scalp which grow hair.

Before you use Regro

-When you must not take it

Do not use the Regro if:-

- you have a history of allergic reaction to minoxidil, alcohol and propylene glycol.
- you are pregnant or breastfeeding.
- you are under 18 years or over 65 years old.
- your scalp is red, inflamed, irritated, infected or painful.
- you are using at the same time with other topical preparation on the same scalp area. Hair spray and common hair products can be used after Regro has been applied.

-Before you start to take it

Ask a doctor or pharmacist if you:-

- are currently using, just completed or about to start on any other medicines.
- have any heart problems or taking medicines to treat high blood pressure. Using Regro with certain blood pressure lowering drugs such as guanethidine may cause a fall in blood pressure on standing.

-Taking other medicines

Using Regro with certain blood pressure lowering medicines may cause a fall in blood pressure on standing. Your treatment with Regro may not be as effective if you take diethyl-carbamazine or paracetamol regularly.

How to take Regro

-How much to take

Adults (18 to 65 years):

Apply one dose of 7 sprays (1ml) of Regro to the areas of baldness or hair loss two times a day. This dose should be used regardless of the size of the bald area. Do not exceed two doses (14 sprays or 2ml) per day. Massage scalp gently with fingertips after each spray. Wash hands well after use.

The methods of application are as follow:

1. For large areas of the scalp, use the Pump Sprayer. Aim and press the pump towards the centre of the balding area. Spread gently with fingertips to cover all the balding areas.
2. For small areas or areas under hair, use the extended tip applicator. Pull the Pump sprayer head out and fit the extended tip applicator firmly onto the spray shaft. Aim and press the pump towards the centre of the balding area. Spread gently with fingertips to cover all the balding areas.

-When to take it

Two times a day, preferably morning and night.

-How long to take it

The effectiveness of minoxidil can only be expected after 4 or more months of continuous application on the affected areas. Onset and degree of hair growth stimulation vary among individuals. Continuous treatment with Regro is needed to keep the new hair and also stop additional hair loss. After stopping treatment, the balding process will start again. It is important for you to understand that Regro does not

work well in all people, and how well it works depends on a number of things. You should discuss what results you might expect from treatment with your pharmacist or doctor.

If you respond to treatment with Regro, your initial regrowth may at first be soft, downy hair, and may hardly be visible. After further treatment, it is likely that your hair regrowth will change and become the same colour and thickness as the rest of your hair. If after 6 months of using Regro, no hair growth is seen, you should talk to your pharmacist or doctor about stopping the treatment as any gain from continued treatment is likely to be small.

Do not change your dose of Regro or stop using Regro without first asking your pharmacist or doctor for advice.

-If you forget to take it

If you forget to use Regro and it is time to apply the next dose, skip the dose you have missed and return to your usual schedule. Do not use more than 1ml per application. Do not use more than twice a day to make up for the dose you missed.

-If you take too much (overdose)

Please contact your doctor immediately.

While you are using Regro

-Things you must do

Ensure that scalp and hair should be completely dry. Use only on healthy and intact skin.

-Things you must not do

Do not apply to areas of the body other than the scalp. This product is for external use only.

-Things to be careful of

If REGRO accidentally comes into contact with the eye, mucous membrane or abraded skin, the area should be rinsed with plenty of cool water.

If accidentally swallowed, proceed to your nearest hospital immediately with the product. Some of the signs and symptoms

that may occur are fast heart rate, low blood pressure, swelling or puffiness of the body. Fluid retention can be managed with appropriate diuretic therapy and tachycardia can be controlled by the administration of a beta-adrenergic blocking agent.

Side Effects

All medicines can have side effects but you may not experience any of them. Common side effects include:-

- Scaling, dry skin, erythema/flushing, dermatitis, burning sensation and rash.

Other infrequent side effects include:-

- allergic reactions, allergic rhinitis, facial swelling
- seborrhea
- headache, light headedness, vertigo, weakness, dizziness
- edema, eye irritation and visual disturbances.

Rarely reported adverse reactions include:-

- alopecia, hair abnormalities
- hypotension, syncope
- palpitations, pulse rate change
- chest pain and shortness of breath.

If you do not feel well when using Regro, consult your doctor or pharmacist as soon as possible.

Rare but serious side effects include:-

- rapid heart rate, pain in chest, arm or shoulder
- unexplained rapid weight gain
- swelling of hands, face, ankles or stomach
- dizziness, lightheadedness or fainting and problems with vision.

If you experience any of these side effects, stop using Regro and seek urgent medical attention.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npdra.gov.my [Consumers → Reporting Side Effects to Medicines

(ConSERF) or Vaccines (AEFI)].

Storage and Disposal of Regro Tablet

-Storage

Keep below 30°C and away from heat, sparks and naked flames. Keep it where children cannot reach it.

-Disposal

Do not use after the expiry date stated on the label.

Take any unused liquid back to your pharmacist to be destroyed. Only keep the liquid if the doctor tells you to. Do not throw them away with your normal household water or waste. This will help to protect the environment.

Product Description

-What it looks like

Regro is a clear colourless to pale yellow solution.

-Ingredients

Active Ingredient

Minoxidil 5% w/v

Inactive ingredients

Propylene glycol, Chloroform spirit, Purified water

-MAL No.

MAL20000038AZ

Manufacturer

PT Actavis Indonesia
Jl. Raya Bogor Km. 28,
Kelurahan Pekayon, Kecamatan
Pasar Rebo
Kota Jakarta Timur, Provinsi
DKI Jakarta, Indonesia

Product Registration Holder

DCH Auriga (Malaysia) Sdn.
Bhd.
Lot 6, Persiaran Perusahaan
Seksyen 23, 40300 Shah Alam
Selangor, Malaysia

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