ROWATANAL® CREAM

Bismuth subgallate/ menthol/ calcium carbonate/ zinc oxide (2% w/w / 1% w/w / 5% w/w / 8% w/w)

What is in this leaflet

1. What Rowatanal® is used for
2. How Rowatanal® works
3. Before you use Rowatanal®
4. How to use Rowatanal®
5. While you are using it
6. Side effects
7. Storage and Disposal of Rowatanal®
8. Product Description
9. Manufacturer and Product Registration Holder
10. Date of revision

What Rowatanal® is used for

For the treatment of piles (hemorrhoids) and irritation at the back passage (rectum).

How Rowatanal® works

Rowatanal® Cream has antiseptic and astringent (cleansing) properties. It relieves the intense itching and burning sensation associated with haemorrhoids.

Before you use Rowatanal®

- When you must not use it

Do not use Rowatanal® if you:

are allergic to menthol, bismuth subgallate, calcium carbonate, zinc oxide or any of the other ingredients of this medicine (see section Product Description).

- Before you start to use it

Talk to your doctor or pharmacist before using Rowatanal® if your piles are bleeding or have been present for some time.

If the condition persists or worsens you should also consult your doctor.

Rowatanal® contains glycerine, lanolin and nipastat (parahydroxybenzoates). This medicine contains glycerine, which may have a mild laxative effect. It contains lanolin, which may cause local skin reactions (e.g. contact dermatitis). It also contains nipastat which may cause allergic reactions (possibly delayed).

Pregnancy and Breastfeeding

This product should not be used during pregnancy and breastfeeding unless considered essential by your physician.

Ask your doctor or pharmacist for advice before taking any medicine.

- Taking other medicines

Tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines, including medicines obtained without a prescription.

How to use Rowatanal®

- How much to use

For internal haemorrhoids, there is a cannula nozzle provided which can be used to apply the cream into the back passage (rectum).

- When to use it

Apply 2-3 times daily and after bowel movement.

- How long to use it

You should use Rowatanal® as directed by your doctor or physician.

- If you forget to use it

Use the cream as soon as you remember, then continue as before. If you have any further questions on the use of this product contact your doctor or pharmacist.

- If you use too much (overdose)

No cases have been reported.

While you are using it

- *Things you must do*

Use your medicine exactly as your doctor has told you.

Tell all the doctors, dentists and pharmacists treating you that you are using Rowatanal®.

Tell your doctor immediately if you become pregnant while using this medication.

- *Things you must not do*

Do not stop using the medicine unless advised by your doctor.

Do not take any new medicines without consulting your doctor.

Do not give Rowatanal® to anyone else, even if they have the same symptoms or condition as you.

- *Things to be careful of*

Driving and using machines

Rowatanal® does not normally have any effect on your driving or ability to use machines.

Side effects

Like all medicines, this medicine can cause side effects, although not everyone gets them.

Side effects have been reported rarely with use of this and similar products. Side effects include a brief cooling sensation on application of the cream. Sensitivity reactions have been reported very rarely.

You may report any side effects or adverse drug reactions directly to the

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National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers→ Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)]

Storage and Disposal of Rowatanal®

- Storage

Do not store above 30°C. Do not use this medicine after the expiry date, which is stated on both the outer carton and on the tube after 'Exp'. The expiry date refers to the last day of that month.

- Disposal

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

Product Description

- What it looks like

Rowatanal® Cream is a pale yellow cream with a faint smell of Menthol.

- Ingredients

- Active ingredient(s)

Menthol, bismuth subgallate, calcium carbonate and zinc oxide.

- Inactive ingredients

Nipastat, Glycerine, Hard paraffin, lanolin anhydrous, purified water, Tegomuls "O", Emulgin B1.

- MAL number:

MAL19921538AZ

Manufacturer

Rowa Pharmaceuticals Ltd.,
Bantry,
Co. Cork,
Ireland.

Product Registration Holder

DCH Auriga (Malaysia) Sdn. Bhd.,
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