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What Fluifort is used for

Fluifort is used to treat the respiratory tract diseases accompanied by excessive mucous production.

How Fluifort works

Fluifort contains carbocysteine which is a mucolytic medicine. It reduces the thickness of mucus (sputum) formed in the lungs so that it is easier to be coughed up.

Before you use Fluifort

- When you must not use it

Do not use Fluifort if:

- you are allergic (hypersensitive) to carbocysteine or any of the other ingredients of Fluifort powder (*listed in Product Description*)
- you have ulcers in your stomach or duodenum
- the child is below 2 years old.

- Before you start to use it

Fluifort is unsuitable for phenylketonurics (metabolic problem resulting in seizures, behavioural problems and mental disorders)

Inform your doctor if you have:

- history of ulcers in your stomach or duodenum
- compromised thyroid function

Pregnancy and lactation

Please consult your doctor or pharmacist if you are pregnant, planning for pregnancy or breast-feeding before using any medicine.

Do not use during the first three months of pregnancy.

- Taking other medicines

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

How to use Fluifort

- How much to use

Adult: One sachet daily.

Directions for use:

Dissolve the contents of the sachet in half a glass of water and stir well before drinking.

Fluifort may be used for diabetic individuals.

Do not use for children.

Follow all directions given to you by your doctor and pharmacist carefully. They may differ from the information contained in this leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

- When to use it

Fluifort can be taken before, with or after food.

- How long to use it

The duration of treatment can range from 4-10 days to 20-30 days or longer.

Take Fluifort for the duration that your doctor or pharmacist recommends.

- If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it.

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

- If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have used too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

While you are using it

- Things you must do

Use your medicine exactly as your doctor has told you.

Tell all the doctors, dentists and pharmacists treating you that you are using Fluifort.

Tell your doctor immediately if you become pregnant while using this medication.

- Things you must not do

Do not stop using the medicine unless advised by your doctor.

Do not use any new medicines without consulting your doctor or pharmacist.

Do not give Fluifort to anyone else, even if they have the same symptoms or condition as you.

- Things to be careful of

Driving and using machines

Be careful driving or operating machinery until you know how Fluifort Sachet affects you.

Side effects

Like all medicines, Fluifort can cause side effects, although not everybody gets them.

Visit your doctor or pharmacist immediately if you experience any side effects after using this medicine.

Fluifort may cause severe allergy and serious skin reactions. Stop using Fluifort and seek medical assistance immediately if you experience any of the following symptoms:

- Gastrointestinal: diarrhoea, vomiting, nausea, gastrointestinal bleeding that may cause black stool
- Severe allergy: breathing difficulties, light headedness, skin swellings or rash
- Severe skin reaction: skin reddening, blisters, rash, fever, sore throat or eye irritation
- Hormonal imbalance: hypothyroidism (thyroid gland does not produce enough thyroid hormone).

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring visiting the website npra.gov.my [Consumers→ Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)]

Storage and Disposal of Fluifort

- Storage

Keep out of the reach and sight of children.

Store in a dry place below 30 °C.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

- What it looks like

Straw-yellow coloured powder, with orange smell.

Dissolved liquid: Yellowish white, turbid solution with orange odor.

- Ingredients

- Active ingredient
Carbocysteine lysine salt
- Inactive ingredients
Cedar natural flavour, orange powder, povidone K30, citric acid, mannitol, aspartame.

- MAL number:

MAL12095095XC

Manufacturer

Polipharm Co. Ltd.
109 Bangna-Trad Road, Bang Phli
District, Samut Prakarn, 10540
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Product Registration Holder

Eurodrug Laboratories (M) Sdn Bhd
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