

STUGERON[®] TABLET

Cinnarizine (25mg)

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What STUGERON[®] is used for

STUGERON[®] is used to treat the following:

- **balance disorders** – STUGERON[®] relieves the dizziness and spinning sensation ('vertigo') caused by problems of the inner ear. It also relieves the associated symptoms, like persistent ringing in the ears ('tinnitus'), rapid and uncontrollable movements of the eyes, nausea and vomiting;

STUGERON[®] also prevents motion sickness.

How STUGERON[®] works

The medicine in STUGERON[®] is cinnarizine that helps symptoms caused by balance or movement problems.

Before you use STUGERON[®]

- When you must not use it
Do not take STUGERON[®] tablets if:
 - You are allergic to cinnarizine or any of the other ingredients in STUGERON[®] tablets (listed in "Product Description – Ingredients")
 - Your child is under 5 years old
 Do not take this medicine if any of the above applies to you. If you are not sure, talk to your doctor or pharmacist before taking STUGERON[®] tablets.
- Pregnancy and breastfeeding
If you are pregnant or plan to be pregnant, inform your doctor, who will decide if you can take STUGERON[®].

STUGERON[®] should be used during pregnancy only if the therapeutic benefits justify the potential risks for the fetus.

If you are taking STUGERON[®], you are advised not to breastfeed since there is no data on the excretion of STUGERON[®] in human breast milk.

- Before you start to use it
Parkinson's disease
If you have Parkinson's disease, tell your doctor, who will decide if you can take STUGERON[®].

- Taking other medicines
Medicines for depression and medicines that slow up your reactions (sleeping pills, tranquillizers and strong painkillers) can have an increased calming effect when taken with STUGERON[®].

Tell your doctor if you are taking any other medicines.

Alcohol and STUGERON[®] strengthen each other's effect. You should therefore limit the amount of alcohol you drink while on STUGERON[®].

How to use STUGERON[®]

STUGERON[®] comes as tablets. You should take the medicine after meals. The tablets are best taken with a little water.

Your doctor will tell you how much STUGERON[®] you should take.

- How much to use
For balance disorders, the recommended dose is:
1 tablet three times a day

For motion sickness, the recommended dose is:
Adults and adolescents aged 13 years and above:
1 tablet

Children aged 6 to 12 years:
1/2 tablet

You should take STUGERON[®] at least half hour before you leave for a trip, and for long trips you can take it every 6 hours after that.

- When to use it
Always take STUGERON[®] exactly as your doctor has told you. You should

check with your doctor if you are not sure.

- How long to use it
Continue taking STUGERON[®] for as long as your doctor recommends.
- If you forget to use it
Consult your doctor or pharmacist on what you should do if you forget to use it.

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

- If you use too much (overdose)
Taking too much STUGERON[®], can lead to the following signs and symptoms: alterations in consciousness ranging from sleepiness to loss of consciousness, vomiting, muscle weakness or incoordination, and convulsions. Death was reported in association with cinnarizine overdose. If an overdose of STUGERON[®] is suspected, you should call your doctor.

While you are using it

- Things you must do
Take your medicine exactly as your doctor has told you.

Tell all the doctors, dentists and pharmacists treating you that you are taking STUGERON[®].

Tell your doctor immediately if you become pregnant while taking this medication.

- Things you must not do
Do not take any new medicines without consulting your doctor.

Do not give STUGERON[®] to anyone else, even if they have the same symptoms or condition as you.

- Things to be careful of
Driving and using machines
Especially at the start of treatment STUGERON[®] can cause drowsiness, which can make you less alert and

reduce your driving ability. So you should be careful about using machines or driving while on STUGERON®.

Side effects

- Like all medicine, this medicine can cause side effects, although not everybody gets them. Feeling sleepy
- Nausea
- Weight gain
- Daytime sleepiness
- Vomiting
- Stomach pain
- Indigestion
- Excessive sweating
- Feeling very tired
- Slow, jerking or twisting movements that you cannot control
- Problems controlling movements of the body or limbs
- Slow movements, with tremor, stiffness and a shuffling walk
- Muscle tremors
- Liver problem that causes yellowing of the skin or eyes (jaundice)
- Red to gray colored growth on the skin
- Itchy skin rash
- Red, scaly skin rash that may be worse by sunlight
- Muscle stiffness

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers → Reporting side effects to medicines (ConSERF) or vaccines (AEFI)].

Storage and Disposal of STUGERON®

- Storage
This medicine can be kept for only a limited period. Do not use STUGERON® after the date (month and year) printed after "EXP", even if it has been stored properly.

Store below 30°C.
Protect from light.

You are advised to return expired medicine to your pharmacist.

Keep out of the sight and reach of children.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product description

- What it looks like
STUGERON® 25 mg tablets are white and round with a score line, and with 'JANSSEN' printed on one side and 'S/25' on the other.
- Ingredients
 - Active ingredients
Cinnarizine.
 - Inactive ingredients
The tablets also contain cotton seed oil hydrogenated, lactose monohydrate, maize starch, polyvidone, sucrose, talc and purified water.
- MAL number
MAL19871481AZ

Manufacturer

Janssen Cilag S.p.A.
Via C.Janssen
Borgo San Michele
Latina, Italy

Product registration holder

Johnson & Johnson Sdn Bhd (3718-D)
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Date of revision

12/06/2023 (MY PI based on CCDS vMay2019)

Serial number

NPRA (R1/4) 07062023/111