

VALENS Gucil Powder

Cyamopsis tetragonoloba (10g/scoop)

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What *Valens Gucil* is used for

Valens Gucil is traditionally used for relief of diarrhea.

How *Valens Gucil* works

Valens Gucil Powder contains active ingredient called Cyamopsis tetragonoloba or Guar Gum. It is a fiber used as a thickening agent that normalizes the moisture content of the stool, absorbing excess liquid in diarrhea.

Before you use *Valens Gucil*

- When you must not use it

This product should not be used in children less than 1 year old.

- Before you start to use it

Use as directed by dietician or other medical practitioners only. Inform your dietician or other medical practitioners if you have any other medical problem. There is insufficient reliable data on the use of this product during pregnancy and lactation. Please inform your dietician or other medical practitioners if you are pregnant/breastfeeding or plan to pregnant/breastfeed before you start to use it.

- Taking other medicines

Please inform your dietician or other medical practitioners if you are taking any other medicines. These include prescription, non-prescription items and health supplements.

How to use *Valens Gucil*

- How much to use

Add 1-4 scoops daily (1 scoop = 10g) as directed by dietician or other medical practitioners, to soft food or liquid and stir until dissolved. Valens Gucil dissolves easily into food or liquid (hot or cold).

Measure recommended amount of Valens Gucil needed in standard dry measuring scoop provided. To be taken with food.

Enteral tube feeding: Add recommended amount of Valens Gucil based on the nutritional information and individual fiber requirements.

- When to use it

Use as directed by dietician or other medical practitioners.

- How long to use it

Continue taking Valens Gucil for as long as your dietician or other medical practitioner recommends.

- If you forget to use it

Please consult your dietician or other medical practitioners what to do if you forget to use it.

- If you use too much (overdose)

If you or anyone else accidentally consumed too much Valens Gucil Powder, please go to the nearest Emergency Department in the hospital.

While you are using it

- Things you must do

Take Valens Gucil exactly as your dieticians' or other medical practitioner's instructions.

- Things you must not do

Do not take any new medicines without consulting your doctor.

Do not give Valens Gucil to anyone else, even if they have the same symptoms or condition as you.

- Things to be careful of

Valens Gucil should not be used as sole source of nutrition.

Side effects

On the basis of experimental data and published scientific evidence, Valens Gucil is generally well tolerated and showed no side effects. However, flatulence may occur in rare occasion.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

Storage and Disposal of *Valens Gucil*

- Storage

Keep out of the reach of children. Tighten lid to avoid humidity. Use within 6 months of opening.

Store below 30°C.

- Disposal

Unused Valens Gucil should be disposed of appropriately. If in doubt, ask the pharmacists on ways to dispose. Measures should be imposed to protect the environment.

Product Description

- What it looks like

Off white to light yellow, tasteless and odourless granulated powder

- Ingredient

- Active ingredient:
Cyamopsis tetragonoloba

- MAL number:

MAL 14065005TC

Manufacturer

Winwa Medical Sdn Bhd
1952, Lorong I.K.S, Bukit Minyak 3,
Taman I.K.S. Bukit Minyak,
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Product Registration Holder

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