

VOTARIDE 500MG/5ML POTASSIUM CHLORIDE ORAL SOLUTION

Potassium Chloride (100mg/ml)

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What Votaride Oral Solution is used for

Votaride Oral Solution is used to prevent or to treat low blood levels of potassium (hypokalemia).

Potassium levels can be low as a result of a disease or from taking certain medicines, or after a prolonged illness with diarrhea or vomiting.

How Votaride Oral Solution works

Votaride Oral Solution works by replacing lost potassium and preventing a deficiency in the body.

Potassium is a mineral that your body needs for proper functioning of the heart, muscles, kidneys, nerves, and digestive system.

Before you use Votaride Oral Solution

- When you must not use it

Do not take this medicine if:

- you are allergic to Potassium Chloride or any other ingredients of this medicine (listed in Product Description);
- you feel very thirsty with a dry mouth (you could be dehydrated);
- you have ever been diagnosed with metabolic acidosis, a condition where there is increased level of acid in the blood;
- you have kidney failure;
- you have untreated Addison's Syndrome (underactive adrenal glands);
- you have high levels of potassium in your blood (hyperkalemia);

- you have high levels of chloride in your blood (hyperchloremia); or
- you take a "potassium-sparing" diuretic (water pill) such as amiloride, spironolactone, eplerenone or triamterene.

- Before you start to use it

To make sure this medicine is safe for you, tell your doctor if you have ever had:

- kidney disease;
- cirrhosis or other liver disease;
- an adrenal gland disorder;
- a large tissue injury such as a severe burn;
- severe dehydration;
- diabetes;
- heart disease or high blood pressure;
- stomach or intestinal bleeding; or
- chronic diarrhea (such as ulcerative colitis, Crohn's disease).

Pregnancy and lactation

Please consult your doctor or pharmacist if you are pregnant, planning for pregnancy or breast-feeding before using any medicine.

- Taking other medicines

Tell your doctor about all your current medicines and any you start or stop using, especially:

- a diuretic or "water pill";
- heart or blood pressure medication; or
- medicines for inflammation or pain such as "Non-Steroidal Anti-Inflammatory Drugs NSAIDs."

This list is not complete. Other drugs may interact with potassium chloride, including any that you buy without a prescription from a pharmacy, supermarket, or health food shop.

How to use Votaride Oral Solution

Shake well before use.

- How much to use

Treatment of hypokalemia:

Adults: Daily doses range from 40 to 100 mEq/day given in 2 to 5 divided doses; limit doses to 40 mEq per dose. Total daily dose should not exceed 200 mEq.

Child (up to 16 years old): The initial dose is 2 to 4 mEq/kg/day in divided doses; not to exceed 1 mEq/kg as a single dose or 40 mEq whichever is lower; Total daily dose should not exceed 100 mEq.

Maintenance or prevention of hypokalemia:

Adults: Typical dose is 20 mEq/day.

Child (up to 16 years old): Typical dose is 1 mEq/kg/day. Do not exceed 3 mEq/kg/day.

Follow all directions given to you by your doctor and pharmacist carefully. They may differ from the information contained in this leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

- When to use it

Use as directed by your doctor or pharmacist.

- How long to use it

Use Votaride Oral Solution for the duration that the doctor recommends.

- If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it.

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

- If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have used too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Taking too much may cause you to experience burning or prickling sensation on your hands and legs, mental confusion, pale & cold skin, leg weakness, or have an uneven heartbeat.

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While you are using it

- Things you must do

Use your medicine exactly as your doctor has told you.

Tell all the doctors, dentists and pharmacists treating you that you are using Votaride Oral Solution.

Tell your doctor immediately if you become pregnant while using this medication.

- Things you must not do

Do not stop using the medicine unless advised by your doctor.

Do not use any new medicines without consulting your doctor or pharmacist.

Do not give Votaride Oral Solution to anyone else, even if they have the same symptoms or condition as you.

- Things to be careful of

It may cause stomach discomfort. This product must be diluted in at least a glass of water or juice before consumption. Take this product immediately after meals or with food to lessen possible stomach upset.

Be careful driving or operating machinery until you know how Votaride Oral Solution affects you.

Side effects

Like all medicines, Votaride Oral Solution can cause side effects, although not everybody gets them.

Some side effects include stomach discomfort, diarrhea, nausea or vomiting. You may reduce the stomach discomfort by taking medication with or after food. Inform your healthcare professional if there is no improvement or if these side effect worsens.

Visit your doctor or pharmacist immediately if you experience any of the following side effects after using this medicine.

- allergic reactions like skin rash, itching or hives, swelling of the face, lips, or tongue
- black, tarry stools
- breathing problems
- confusion
- fast, irregular heartbeat

- feeling faint or lightheaded
- low blood pressure
- numbness or tingling in hands or feet
- unusually weak or tired
- weakness, heaviness of legs

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website nptra.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)]

Storage and Disposal of Votaride Oral Solution

- Storage

- Keep out of the reach and sight of children.
- Store below 30°C.
- Protect from light.
- Keep cap tightly closed.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

- What it looks like

Orange flavoured with off-white to yellow-coloured translucent solution.

- Ingredients

- Active ingredient
Each 15 ml contains Potassium Chloride 1.5 g (providing potassium 20 mEq and chloride 20 mEq)
- Inactive ingredients
Methyl Hydroxybenzoate, Propyl Hydroxybenzoate, Sucralose, Sodium Carboxymethylcellulose, Propylene Glycol, Sodium Citrate Dihydrate, Citric Acid Anhydrous, Orange Flavour, Purified Water.

- MAL number:

MAL*****XC

Manufacturer

Winwa Medical Sdn. Bhd.
1952, Lorong I.K.S. Bukit Minyak 3,
Taman I.K.S. Bukit Minyak,
14000 Bukit Mertajam,
Pulau Pinang, Malaysia.

Product Registration Holder

Pharm-D Sdn. Bhd.
No. 8B, Jalan 1/137C,
Bedford Business Park,
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58000 Kuala Lumpur, Malaysia.

Date of revision

18/12/2024

Serial number

NPRA (R2) 24/159