QUEST GLUCOSAMINE SULPHATE 2KCL 1500MG TABLET

Glucosamine Sulphate Potassium Chloride (1500mg)

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What Quest Glucosamine Sulphate is used for

Quest Glucosamine Sulphate is adjunctive use in *osteoarthritis* (a condition that causes joints to become painful and stiff).

How Quest Glucosamine Sulphate works

Glucosamine helps to form cartilage tissue in the body. Glucosamine is also present in tendons and ligaments. It acts to improve the viscosity of synovial fluid by increasing synovial fluid production, thereby providing lubricant activity.

Before you use Quest Glucosamine Sulphate

- *When you must not use it*

Do not take this medicine if you have hypersensitivity to glucosamine sulphate. Since Glucosamine can be made from the shells of shrimp, crab, and other shellfish, people with shellfish allergy or iodine hypersensitivity may have an allergic reaction to glucosamine products.

Administration during the first three months of pregnancy must be avoided.

- *Before you start to use it*

Glucosamine is a causal therapy and the therapeutic effect can only be seen after approximately 1 week from the beginning. Therefore, in case of intense pains, it is advisable to take an anti-inflammatory drug in addition during the first days of treatment with glucosamine.

Tell your doctor and pharmacist if you have had any of the following medical conditions:
- Diabetes

Please consult your doctor or pharmacist if you are pregnant, planning for pregnancy or breastfeeding before using any medicine.

- *Taking other medicines*

Inform your doctor if you are taking antidiabetic medication such as metformin and sulfonylureas or use insulin. Glucosamine may cause high blood glucose levels.

How to use Quest Glucosamine Sulphate

How much to use

One tablet once daily with food.

- *When to use it*

Use as directed by your doctor or pharmacist.

- *How long to use it*

Use Quest Glucosamine Sulphate for the duration that the doctor recommends.

- *If you forget to use it*

Consult your doctor or pharmacist on what you should do if you forget to use it.

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

- *If you use too much (overdose)*

Symptoms may include mild heartburn and epigastric pain, nausea and abdominal pain. In the event of an accidental overdose, consult a qualified health professional.

While you are using it

- *Things you must do*

Use your medicine exactly as your doctor has told you.

Tell all the doctors, dentists and pharmacists treating you that you are using Quest Glucosamine Sulphate.

Monitor blood glucose level closely if you are using insulin or have high HbA1c levels.

- *Things you must not do*

Do not stop using the medicine unless advised by your doctor.

Do not use any new medicines without consulting your doctor or pharmacist.

Do not give Quest Glucosamine Sulphate to anyone else, even if they have the same symptoms or condition as you.

- *Things to be careful of*

Driving and using machines

The effect on ability to drive and use machine is not known.
If the tablet make you feel drowsy or give you a headache, do not drive or use machines and contact your doctor immediately.

Side effects

Like all medicines, Quest Glucosamine Sulphate can cause side effects, although not everybody gets them.

Visit your doctor or pharmacist immediately if you experience any side effects after using this medicine.

Cardiovascular:
Peripheral oedema (swelling in yourlower legs or hands), tachycardia (a condition where the heart beats at a faster rate than normal)

Central nervous system:
Drowsiness, headache, insomnia

Gastrointestinal:
Nausea, vomiting, diarrhoea, dyspepsia (indigestion) or epigastric pain, constipation, heartburn and anorexia

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Skin:
Skin reaction such as erythema (redness of skin) and pruritus (itchy skin)

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers -> Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)]

Storage and Disposal of Quest Glucosamine Sulphate

- *Storage*

Store in a dry place, below 30°C. Protect from light and moisture.

- *Disposal*

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.,

Product Description

- *What it looks like*

White to off white/ yellow tablets with yellow speckles

- *Ingredients*

Active ingredient:
Glucosamine Sulphate Potassium Chloride

Inactive ingredients:
Microcrystalline Cellulose PH102, Silicified Microcrystalline Cellulose, Magnesium Stearate, Precipitated Silicon Dioxide, Soya Lecithin, Croscarmellose Sodium, Opadry White, and Hydroxy Propyl Methyl Cellulose, purified water.

- *MAL number(s):*

MALXXX

Manufacturer

Quest Vitamins Middle East FZE
Plot No. S20708A, Street 230
Building 13, Jebel Ali Free Zone
Dubai 17836, United Arab Emirates.

Product Registration Holder

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