

Alpharme Amlodipine 5mg Tablet

Amlodipine Besilate 6.944mg equivalent to amlodipine 5mg

Alpharme Amlodipine 10mg Tablet

Amlodipine Besilate 13.888mg equivalent to amlodipine 10mg

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What Alpharme Amlodipine is used for

Alpharme Amlodipine is used to treat high blood pressure (hypertension) or a certain type of chest pain called angina, a rare form of which is Prinzmetal's or variant angina.

How Alpharme Amlodipine works

Alpharme Amlodipine is one of a group of medicines called calcium antagonists.

In patients with high blood pressure, Alpharme Amlodipine works by relaxing blood vessels, so that blood passes through them more easily.

In patient with angina, Alpharme Amlodipine works by improving blood supply to the heart muscle which then receives more oxygen and as a result chest pain is prevented. It does not provide immediate relief of chest pain from angina.

Before you use Alpharme Amlodipine

When you must not use it

Do not use Alpharme Amlodipine if you have hypersensitivity to dihydropyridines and amlodipine or any of the inactive ingredients.

Before you start to use it

Tell your doctor if you:

- Ever had heart disease
- Ever had liver problems
- Are pregnant, or plan to become pregnant.
- Amlodipine has been shown to pass into breast milk in small amount. Ask your doctor or pharmacist for advice before taking any medicine.

Taking other medicines

Please tell your doctor or pharmacist if you are taking or have recently taken any other medicines, including medicines obtained without a prescription because they may interact with each other.

Please tell your doctor or pharmacist if you are taking:

- Simvastatin
- Sildenafil
- Tacrolimus
- mTOR inhibitors such as sirolimus, temsirolimus, and everolimus
- CYP3A4 inhibitors (e.g. Ketoconazole, Itraconazole, Ritonavir, Clarithromycin)
- CYP3A4 inducers (e.g. Rifampicin, Hypericum Perforatum)

How to use Alpharme Amlodipine

How much to use

For both hypertension and angina, the usual initial dose is 5mg amlodipine once daily which may be increased to a maximum dose of 10mg depending on the individual response.

Always take Alpharme Amlodipine exactly as your doctor

has told you. You should check with your doctor or pharmacist if you are not sure.

When to use it

It is best to take your medicine at the same time each day with a drink or water. Do not take Alpharme Amlodipine with grapefruit juice.

How long to use it

Your doctor will advise you how long to take your medicine. Your condition may return if you stop using your medicine before you are advised.

If you forget to use it

If you forget to take a dose, just take your next scheduled dose at the correct time. Do not take a double dose to make up for a forgotten dose.

If you use too much (overdose)

If you accidentally take too many Alpharme Amlodipine tablets (more than your usual daily dose), contact your doctor or nearest hospital for advice.

While you are using Alpharme Amlodipine

Things you must do

If you think you might be pregnant, or are planning to get pregnant, you must tell your doctor before you take Alpharme Amlodipine.

If you are breast-feeding or about to start breastfeeding you must tell your doctor before taking Alpharme Amlodipine.

Ask your doctor or pharmacist for advice before taking any medicine.

Things you must not do

Do not stop taking the medicine unless advised by your doctor.

Do not take any new medicines without consulting your doctor.

Things to be careful of

Grapefruit juice and grapefruit

Grapefruit juice and grapefruit should not be consumed by people who are taking Alpharme Amlodipine. This is because grapefruit and grapefruit juice can increase the level of active ingredient amlodipine in the blood, which can cause an unpredictable increase in the blood pressure lowering effect of Alpharme Amlodipine.

Driving and using machines

Alpharme Amlodipine is unlikely to affect your ability to drive or use machines.

Side effects

Alpharme Amlodipine may cause the following side effects. The most common side effects are:

- Headache
- Dizziness
- Extreme sleepiness
- Flushing (hot or warm feeling in your face)
- Heart palpitations (very fast heartbeat)
- Stomach pain, nausea
- Swelling of your legs or ankles
- Tiredness

Less common side effects are:

- Leucopenia (decreased of white blood cells in the blood), thrombocytopenia (deficiency of platelets in the blood)
- High blood sugar
- Insomnia, mood changes
- Hypertonia (increased in muscle tension)
- Hypoesthesia/paraesthesia peripheral neuropathy (reduced sense of touch or sensation)
- Fainting, taste perversion, tremor
- Visual disturbances
- Tinnitus (ringing in the ears)
- Hypotension (low blood pressure), vasculitis (inflammation of blood vessels)
- Cough, shortness of breath, stuffy nose
- Altered bowel habits, dry mouth, indigestion (including gastritis)

- Gingival hyperplasia (gum enlargement), pancreatitis, vomiting
- Sudden hair loss, increased sweating, purpura (red or purple spots on skin), skin discoloration, skin rash
- Joint pain, back pain, muscle cramps, muscle pain
- Increased urinary frequency, urinary disorder, nocturia (wake up during the night to urinate)
- Gynecomastia (swollen male breast), impotence
- Weakness, feeling of discomfort, pain
- Weight increased/ decreased

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npa.gov.my [Consumers→ Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)]

Storage and disposal of Alpharme Amlodipine

Storage

Store below 30°C.

Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product description

What it looks like

Alpharme Amlodipine 5mg Tablet 5mg is white to almost white tablets of oblong shape, with a score on one side of the tablets.

Alpharme Amlodipine 10mg Tablet is white to almost white tablets of oblong shape, with a score on one side of the tablets.

Ingredients

Active ingredient:

The active substance of Alpharme Amlodipine is amlodipine besilate.

Inactive ingredients:

Microcrystalline cellulose, calcium hydrogen phosphate anhydrous, sodium starch glycolate, magnesium stearate.

MAL number

Alpharme Amlodipine 5mg Tablet
MAL _____

Alpharme Amlodipine 10mg Tablet
MAL _____

Manufacturer

Bluepharma
– Industria Farmaceutica, S.A
S. Martinho do Bispo,
3045-016 Coimbra.
Portugal

Product Registration Holder

Alpharme PLC Sdn. Bhd.
Lot 6-01, 6th Floor, Choo Plaza,
41, Lorong Abu Siti,
10400 Georgetown, Penang,
Malaysia.

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