VITALPROZ GLUCOSAMINE + CHONDROITIN + MSM CAPSULE

Glucosamine Sulphate Sodium Chloride 314mg, Chondroitin Sulphate Sodium 200mg, Methylsulfonylmethane 100mg

What is in this leaflet

1. What VitalProz Glucosamine + Chondroitin + MSM Capsule is used for
2. How VitalProz Glucosamine + Chondroitin + MSM Capsule works
3. Before you use VitalProz Glucosamine + Chondroitin + MSM Capsule
4. How to use VitalProz Glucosamine + Chondroitin + MSM Capsule
5. While you are using it
6. Side effects
7. Storage and Disposal of VitalProz Glucosamine + Chondroitin + MSM Capsule
8. Product Description
9. Manufacturer and Product Registration Holder
10. Date of revision
11. Serial Number

What VitalProz Glucosamine + Chondroitin + MSM Capsule is used for

It is used as adjuvant therapy for osteoarthritis.

How VitalProz Glucosamine + Chondroitin + MSM Capsule works

It contains glucosamine which can stimulate the production of cartilage-building compounds, restore damaged cells of cartilage tissue and have some anti-inflammatory abilities. It also contains chondroitin that is needed for the making of cartilage- building compounds and helps to keep cartilage healthy by absorbing and retaining water in the joint as well as methylsulfonylmethane that can help to form connective tissues.

Before you use VitalProz Glucosamine + Chondroitin + MSM Capsule

- When you must not use it

Do not use it if you are allergic to any ingredients that are contained in this capsule.

Do not use it if you are allergic to seafood.

- Before you start to use it

1) Effects on glucose metabolism & antidiabetic agents: It has been hypothesized that glucosamine may impair insulin secretion through competitive inhibition of glucokinase in pancreatic beta cells and/or alteration of peripheral glucose uptake. Glucosamine may increase insulin resistance and consequently affect glucose tolerance. It may reduce antidiabetic agent effectiveness e.g. when used with these antidiabetic agents: Acarbose, Acetohexamide, Chlorpropamide, Glipizide, Glyburide, Metformin, Miglitol, Pioglitazone, Repaglinide, Rosiglitazone, Glimepiride, Tolbutamide, Troglitazone, Glucosamine is likely safe in patients with well-controlled diabetes (HbA1c less than 6.5%) taking one or two oral antidiabetic medications or controlled by diet only. In patients with higher HbA1c levels or those taking insulin, monitor blood glucose levels closely/more frequently.

2) Reduced effectiveness when used with glucosamine: Doxorubicin, Etoposide, Teniposide

3)Warfarin - Elevations of International Normalized Ratio serum values and potentiation of anticoagulant effects - If concomitant therapy is necessary, the patient's INR should be more closely monitored

4) Avoid combination with chitosan as it may form complexes with chondroitin sulphate, thus decreasing its absorption

Available evidence is inconclusive or inadequate for use in pregnant or lactating mothers. Until more information is available, this product should only be used under medical supervision in pregnancy and lactating mothers if the potential benefit to the mother justifies the potential risk to the fetus.

Administration during the first 3 months of pregnancy must be avoided.

- Taking other medicines

Please inform the doctor or pharmacist if taking other medicines.

How to use VitalProz Glucosamine + Chondroitin + MSM Capsule

- How much to use

Best taken on an empty stomach, 30 mins before meals.

Light or moderate osteoarthritis symptoms:

2 capsules twice daily for at least 6 weeks (or according to medical prescription).

Severe osteoarthritis symptoms:

Initial therapy: 2 capsules to be taken 3 times daily for at least 8 weeks (or according to medical prescription).

Follow-up therapy: Maintenance therapy of 2 capsules twice daily should be followed for 3-4 months (or according to medical prescription).

The treatment should be repeated every other 6 months or less according to medical prescription.

Follow all directions given to you by your doctor and pharmacist carefully. They may differ from the information contained in this leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

- When to use it

Please follow the advice of the doctor or pharmacist.

- How long to use it

Maintenance therapy should be followed for 3-4 months (or according to medical prescription) by administration of 2 capsules twice daily.

The treatment should be repeated every other 6 months or less according to medical prescription.

- If you use too much (overdose)

If you have used too much VitalProz Glucosamine + Chondroitin + MSM Capsule, contact your doctor, an emergency department or a poisoning center immediately.

VITALPROZ GLUCOSAMINE + CHONDROITIN + MSM CAPSULE

Glucosamine Sulphate Sodium Chloride 314mg, Chondroitin Sulphate Sodium 200mg, Methylsulfonylmethane 100mg

While you are using VitalProz Glucosamine + Chondroitin + MSM Capsule

- Things you must do

Inform your doctor or pharmacist of all the medications you are taking.

- Things you must not do

Do not take any new medicines without consulting your doctor or pharmacist.

Do not give VitalProz Glucosamine + Chondroitin + MSM Capsule to anyone else, even if they have the same symptoms or condition as you.

Side effects

Cardiovascular: Peripheral oedema, tachycardia was reported in a few patients following larger clinical trials investigating oral administration in osteoarthritis. Causal relationships have not been established.

Central Nervous System: Drowsiness, headache, insomnia have been observed rarely during therapy (less than 1%).

Gastrointestinal: Nausea, vomiting, diarrhea, dyspepsia or epigastric pain, constipation, heartburn and anorexia have been described rarely during oral therapy with glucosamine.

Skin: Skin reactions such as erythema and pruritus have been reported with therapeutic administration of glucosamine.

Visit your doctor or pharmacist immediately if you experience any side effects after using this medicine.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

Storage and Disposal of VitalProz Glucosamine + Chondroitin + MSM Capsule

- Storage

Store below 30°C. Protect from light and moisture.
Keep out of reach of children.

- Disposal

Medicines should not be disposed of via wastewater or household waste.
Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

- What it looks like

White colour powder filled in hard capsule.
Capsule colour: scarlet-scarlet.
Capsule size 0
No marking on capsule.

- Ingredients

- Active ingredients
  Glucosamine Sulphate Sodium Chloride 314mg (equivalent to Glucosamine Sulphate 250mg), Chondroitin Sulphate Sodium 200mg, Methylsulfonylmethane 100mg.

- Inactive ingredients:
  No excipients.

- MAL number:

MAL26106021XC

Manufacturer

Syarikat Wen Ken Drug Sdn Bhd
24, Jalan Lambak, Taman Johor, 81200
Johor Bahru, Johor, Malaysia.

Product Registration Holder

HL Pharmaceuticals Sdn Bhd
No. 760 & 762, Jalan Sentul, 51000
Kuala Lumpur

Date of revision

10.08.2026

Serial Number

NPRA (R2) 26/166