NUVASTATIC EFFERVESCING POWDER

Standardized extract of *Orthosiphon stamineus* leaves (1000mg) with approximate 6% rosmarinic acid

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What is NUVASTATIC used for

Traditionally used for general health

How NUVASTATIC works

NUVASTATIC contains standardized extract of *Orthosiphon stamineus* leaves (1000 mg per sachet) as its active ingredient.

Orthosiphon stamineus is a traditional herbal ingredient that is traditionally used to support general health. The exact mechanism of action has not been established.

Before you use NUVASTATIC

- *When you must not use it*

  Do not take this product if you are allergic to standardized extract of *Orthosiphon stamineus* leaves or any other ingredients of this product (listed in Product Description).

- *Before you start to use it*

  Check with your doctor or pharmacist before taking NUVASTATIC if you:
  - have impaired kidney function.
  - have impaired liver function.

  This is a traditional preparation.

  Please consult your doctor or pharmacist before taking this product.

  Pregnancy and lactation

  Please consult your doctor or pharmacist if you are pregnant, planning for pregnancy or breast-feeding before using any product.

- *Taking other medicines*

  Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

  There is no information available on interactions with other medicines. Inform your doctor or pharmacist if you are taking, have recently taken, or might take any other medicines.

How to use NUVASTATIC

Follow all directions given to you by your doctor and pharmacist carefully. They may differ from the information contained in this leaflet. If you do not understand the instructions on the label, ask doctor or pharmacist for help.

- *How much to use*

  Adults: Take 1-2 sachets once daily.

- *When to use it*

  Take NUVASTATIC once daily after a meal, preferably at the same time each day, or as directed by your doctor or pharmacist.

  Dissolve one sachet in 350 mL of warm or cold water. Stir until completely dissolved before drinking.

- *How long to use it*

  Take NUVASTATIC for as long as recommended by your doctor or pharmacist. If your symptoms persist or worsen, consult your healthcare professional.

- *If you forget to use it*

  If you forget to take a dose, take it as soon as you remember. If it is almost time for your next dose, skip the missed dose and take your next dose at the usual time. Do not take a double dose to make up for the missed dose.

- *If you use too much (overdose)*

  Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you or anyone else may have use too much of this product. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

While you are using NUVASTATIC

- *Things you must do*

  Use your medicine exactly as your doctor has told you.

  Tell all the doctors, dentists and pharmacists treating you that you are using NUVASTATIC.

  Tell your doctor immediately if you become pregnant while using this medication.

- *Things you must not do*

  Do not stop using the medicine unless advised by your doctor.

  Do not use any new medicines without consulting your doctor or pharmacist.

  Do not give NUVASTATIC to anyone else, even if they have the same symptoms or condition as you.

- *Things to be careful of*

  Do not drive or operate machinery until you know how the product affects you.

Side effects

Like all medicines, NUVASTATIC can cause side effects, although not everybody gets them.

Visit your doctor or pharmacist immediately if you experience any side effects after using this medicine.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.gov.my ([*Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI*)]).

Storage and disposal of NUVASTATIC

- *Storage*

  Keep out of the reach of children.

  Store below 30˚C. Protect from light and moisture.

  Do not use this product after the expiry date or if the sachets are leaking.

- *Disposal*

  Medicines should not be disposed of through waste water or household

waste. Please consult your pharmacist about the proper way to dispose of medications that are no longer needed. These measures can help protect the environment.

Product Description

- *What it looks like*

The product is light brown granular powder. It has lemon taste with odour of herbal.

- *Ingredients*

- Active ingredient

- Standardized extract of *Orthosiphon stamineus* leaves (1000 mg per sachet).

- Inactive ingredients

- Anhydrous citric acid BP.
- Sodium bicarbonate.
- Magnesium aluminometasilicate.
- Sucralose.
- Citrus flavour.
- Beta cyclodextrin.

- *MAL Number*

MAL19126079T

Manufacturer & Product Registration Holder

NATURECEUTICALS SDN. BHD.
A1-1, A1-2 & A1-3, Lot 5, Persiaran 2/1, Kedah Halal Park, Kawasan Perindustrian Sungai Petani, 08000 Sungai Petani, Kedah, Malaysia.

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