

LETRODAY 2.5 (Letrozole Tablets 2.5mg)

Letrozole 2.5mg

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What is LETRODAY 2.5 used for

Letrozole is used to treat breast cancer in women who have gone through menopause (i.e., cessation of periods).

It is also used to prevent cancer from recurring. It can be used as first treatment before breast cancer surgery in case immediate surgery is not suitable or it can be used as first treatment after breast cancer surgery or following five years treatment with a medicine called Tamoxifen.

Letrozole can be used to prevent the spread of breast tumour to other parts of the body in patients with advanced breast cancer.

If you have any questions about how Letrozole works or why this medicine has been prescribed for you, please ask your doctor.

How LETRODAY 2.5 works

LETRODAY 2.5 contains an active substance called Letrozole. It belongs to a group of medicines called aromatase inhibitors. It is a hormonal (or 'endocrine') breast cancer treatment. Growth of breast cancer is frequently stimulated by oestrogens which are female sex hormones. Letrozole reduces the amount of oestrogen by blocking an enzyme called aromatase that is involved in the production of oestrogens and therefore may block the growth of breast cancer that requires oestrogens

to grow. This results in slowed down or stopped tumour growth and/or spreading to other parts of the body.

Before you use LETRODAY 2.5

-When you must not use it

Do not take this medicine if you are unsure about your menopausal status or if you are still having your period regularly. Please check with your doctor.

If you are allergic to any of the ingredients of this product as listed at the end of this leaflet.

If you are pregnant, trying to start a family or think you might be pregnant.

If you are breastfeeding.

-Before you start to use it

Please check with your doctor on your menopausal status before using LETRODAY 2.5.

Inform your doctor if you have reduced kidney or liver function before using LETRODAY 2.5.

Inform your doctor if you have a history of osteoporosis, bone fractures or are at risk of these two conditions.

If you have tendonitis (inflammation of the tendon) or tears of the tendon, please let your doctor know prior to taking LETRODAY 2.5.

Inform your doctor if you are on any other medication that affects your hormones such as Tamoxifen as it will interact with LETRODAY 2.5.

LETRODAY 2.5 is not recommended if you are severely lactose intolerant as this product contains lactose.

Follow all your doctor or pharmacist instructions carefully. They may differ from the general recommendations in this leaflet.

In case you are not confident about consuming this medication, please

obtain advice from your doctor or pharmacist.

-Taking other medications

Tell your doctor if you are currently taking any other medication, including any that you have bought without a prescription from a pharmacy, supermarket, or a health food shop. The potency of LETRODAY 2.5 can be diminished by a medicine called Tamoxifen or other anti-oestrogens. If you are currently on Tamoxifen or other anti-oestrogens, you are advised not to take LETRODAY 2.5.

If you are on Phenytoin (a medicine used to treat epilepsy) or Clopidogrel (a medicine to thin the blood), please inform your doctor.

How to use LETRODAY 2.5

-How much to use

In all situations, the recommended dose is one tablet of LETRODAY 2.5 to be taken once a day.

The duration of treatment will depend on your progression and the advice of your doctor after assessing you.

Follow all directions given by your doctor and pharmacist carefully. They may differ from the information contained in this leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

-When to use it

Use as directed by your doctor or pharmacist.

-How long to use it

Continue using LETRODAY 2.5 for as long as your doctor recommends it.

-If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it.

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Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

-If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

While you are using it

-Things you must do

Take your medicine exactly as your doctor has told you.

Tell all the doctors, dentists and pharmacists treating you that you are taking LETRODAY 2.5.

Inform your doctor immediately if you become pregnant while on this medication.

-Things you must not do

Do not stop taking this medication unless told by your doctor.

Do not take any new medicines without consulting your doctor or pharmacist first.

Do not share this medication with anyone else even if they show the same symptoms as you. This medication has been prescribed for you only.

-Things to be careful of

Effects on Ability to Drive and Use Machine - Minor effects such as fatigue, dizziness and sleepiness has been observed while on LETRODAY 2.5. Caution must be advised while driving or operating machinery.

Lactose intolerance - LETRODAY 2.5 contains lactose as part of its ingredients. If you are allergic or

lactose intolerant, contact your doctor before taking this medicine.

Side effects

Like all medicines, LETRODAY 2.5 can cause side effects although not everybody gets them.

Inform your doctor or pharmacist immediately if you experience any side effects while taking this medicine.

LETRODAY 2.5 is generally well tolerated. The observed side effects are mainly mild or moderate in nature, and most are associated with oestrogen deprivation.

Some of the common side effects are listed as below:

- Decreased or increased appetite
- Depression
- Headache
- Dizziness
- Palpitations (fast or uneven heartbeat)
- Hot flushes
- High blood pressure
- Nausea/ vomiting
- Gastric pain/ abdominal pain
- Constipation/ diarrhoea
- Excessive sweating
- Hair loss
- Rash
- Dry skin
- Joint pain/ muscle pain
- Bone pain
- Osteoporosis/ bone fractures
- Arthritis
- Bleeding from the vagina
- Fatigue
- Chest pain
- Swelling of arms and/or legs
- Weight gain

If you experience any of these side effects in the list or not in the list, please inform your doctor.

You may report any side effects or adverse drug reaction directly to the National Centre for Adverse Drug

Reaction Monitoring by visiting the website npra.gov.my [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)]

Storage and Disposal of LETRODAY 2.5

-Storage

Do not store above 30°C. Store in original package and protect from light.

-Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help protect the environment.

Product Description

-What it looks like

Dark yellow, film coated round slightly biconvex, bevelled edge tablets with L2.5 embossing on one side and plain on the other side.

-Ingredients

- Active ingredient(s)
Letrozole
- Inactive ingredient(s)
Lactose monohydrate, Microcrystalline cellulose, Sodium starch glycolate (type A), Purified water, Maize starch, Colloidal anhydrous silica, Magnesium stearate and Opadry yellow 03F520312

-MAL number

MALXXXXXXXXAZ

LETRODAY 2.5 (Letrozole Tablets 2.5mg)

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Manufacturer

Eugia Pharma Specialities Limited (Unit-1)
Sy. No. 550, 551 & 552, Kolthur Village
Shamirpet Mandal,
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Product Registration Holder

Synervv Sdn. Bhd.,
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Malaysia

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