

FERROTAB-200 TABLET (FILM COATED)

Ferrous fumarate (200mg)

What is in this leaflet

1. What Ferrotab is used for
2. How Ferrotab works
3. Before you use Ferrotab
4. How to use Ferrotab
5. While you are using it
6. Side effects
7. Storage and Disposal of Ferrotab
8. Product description
9. Manufacturer and Product Registration holder
10. Date of revision

What Ferrotab is used for

For prevention and treatment of iron deficiency anemia resulting from inadequate diet, reduced absorption, pregnancy and blood loss.

How Ferrotab works

Iron is an essential component in formation of hemoglobin (red component of blood cells), adequate amounts of which are necessary for effective making of red blood cells in the body and oxygen transport of the blood.

Before you use Ferrotab

- When you must not use it

- Do not take Ferrotab:
- if allergic to any ingredients in the tablet.
- in conditions of hemochromatosis (hereditary disorder when iron is deposited in tissues), hemosiderosis (iron overload disorder) and other conditions, unless accompanied by iron deficiency.
- if receiving iron supplement by injection.

- Before you start to use it

- Careful if there is impaired liver function, gastrointestinal disease and intestinal ulcer.
- Avoid regular use of large amounts of iron supplements several times daily for more than 6 months unless approved by doctor.

- Taking other medicines

- Tell your doctor if you are taking:
- ascorbic acid
 - oral tetracyclines (antibiotic)
 - antacid (for gastric ulcer)
 - tea

How to use Ferrotab

- How much to use

Adults: prevention: oral, 200–300mg daily. Treatment: oral, 200mg 3 or 4 times daily, the dosage being adjusted gradually, as needed and tolerated. Children 6–12 years: prevention: oral, 100mg daily. Treatment: oral, 100mg 3 times daily, or as directed. Follow all directions given by your doctor and pharmacist carefully. They

may differ from information in this leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

- When to use it

Tablets to be taken 1 hour before or 2 hours after meals; or with food.

- How long to use it

Continue taking Ferrotab for as long as your doctor recommends.

- If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it. Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

- If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

While you are using Ferrotab

- Things you must do

Take your medicine exactly as your doctor has told you. Tell the doctor, dentist and pharmacist treating you that you are taking Ferrotab. Tell your doctor immediately if you are pregnant while taking this medication.

- Things you must not do

Do not stop taking the medicine unless advised by your doctor. Do not take any new medicines without consulting your doctor or pharmacist. Do not give Ferrotab to anyone else, even if they have the same symptoms or condition as you.

- Things to be careful of

Large doses are not recommended without doctor's advice.

Side effects

Gastrointestinal discomfort, nausea, vomiting, constipation, diarrhoea and darkened feces may occur.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npa.gov.my [Consumers→ Reporting Side Effects to Medicines (ConSERF)] or

Vaccines (AEFI)].

Storage and Disposal of Ferrotab

- Storage

Store in cool, dry place below 30°C. Protect from light. Keep out of reach of children.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required.

Product description

- What it looks like

Brown, round, biconvex, top-scored and film-coated tablet.

- Ingredients

- Active ingredient: ferrous fumarate
- Inactive ingredients: lactose monohydrate, cornstarch, polyvinylpyrrolidone, magnesium stearate, hydroxypropyl methylcellulose and deionised water.

- MAL number:

MAL19930088XZ

Manufacturer and Product Registration Holder

Prime Pharmaceutical Sdn. Bhd.
1505, Lorong Perusahaan Utama 1
Taman Perindustrian Bukit Tengah
14000 Bukit Mertajam, Penang, Malaysia.

Date of revision

06/10/2025

Serial number

NPRA(R4/1)301117/00335