

# PRISOLONE TABLET

Prednisolone (5mg)

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## What Prisolone is used for

Conditions requiring steroids e.g. allergic disorders such as asthma and allergic skin reactions; blood disorders, collagen and rheumatic disorders; connective tissue disorders and gastrointestinal disorders such as inflammatory bowel disease.

## How Prisolone works

Prisolone belongs to a group of medicines called steroids, which occur naturally in the body. It is a medicine to treat various illnesses involving inflammation in the body, by reducing this inflammation.

## Before you use Prisolone

### - When you must not use it

- ulcer in stomach or intestine
- fragile bone
- psychoses
- infections including chickenpox and viral infection
- vaccination with live vaccine

### - Before you start to use it

Talk to your doctor before taking Prisolone, if you have: systemic sclerosis (an autoimmune disorder). Taking daily doses of 15mg or more may increase the risk of a serious complication called scleroderma renal crisis which may cause your blood pressure to increase and reduce urination. Tell your doctor before you start if you have:

- heart failure or high blood pressure
- diabetes
- kidney or liver function impairment
- inflammation in the large intestines
- muscle weakness
- underactive thyroid gland which can cause tiredness or weight gain
- infectious diseases
- tuberculosis

Prolonged treatment in children should be closely observed.

### - Taking other medicines

Taking with barbiturates (as sedative), phenytoin (for fits) or rifampicin (for tuberculosis) may reduce the effects of

steroids. Response to anticoagulants (prevent blood clots) and salicylates (for pain) may be reduced.

Concurrent use of potassium-depleting diuretics (for urination) may cause excessive potassium loss.

## How to take Prisolone

### - How much to use

Adult: Oral, 5 to 60mg a day, dosage being adjusted according to the response.

Children: As prescribed by the doctor.

### - When to use it

Always take Prisolone exactly as your doctor has told you.

### - How long to use it

You should check with your doctor or pharmacist.

### - If you forget to use it

Do not take a double dose to make up for a forgotten tablet.

### - If you use too much (overdose)

If taken too much Prisolone, contact your doctor, an emergency department or a poison center immediately.

## While you are using Prisolone

### - Things you must do

You must take your medication as directed. Inform doctor of medicines you are taking.

### - Things you must not do

Do not stop taking the medicine unless advised by your doctor.

Do not take any new medicines without consulting your doctor.

Do not give Prisolone to anyone else, even if they have the same symptoms or condition as you.

### - Things to be careful of

Safety for use in pregnancy and lactation has not been established.

## Side effects

Like all medicines, Prisolone can cause side effects. Please tell the doctor or pharmacist if you experience any of the following effects or any effects not listed.

Stop taking Prisolone and contact the doctor straight away if the following allergic reaction happens: puffy, swollen face, tongue or body, which may cause shortness of breath, increased heart rate and collapse. Tell your doctor or pharmacist if the following happens:

- low blood potassium level
- fragile bone
- acne or other skin problems

- bleeding in the stomach or intestine
- hormone imbalance
- high blood sugar

You may have increased susceptibility to Infections.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website [npra.gov.my](http://npra.gov.my)

[Consumers→Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

## Storage and Disposal of Prisolone

### - Storage

Store in cool, dry place below 30°C. Protect from light. Keep out of reach of children.

### - Disposal

Ask your pharmacist how to dispose of medicines no longer required.

## Product description

### - What it looks like

White, square, bevel-edged, top-scored tablet.

### - Ingredients

- Active ingredient: prednisolone
- Inactive ingredients: lactose monohydrate, cornstarch, magnesium stearate and croscarmellose sodium.

### - MAL Number:

MAL19900046AZ

## Manufacturer and Product Registration holder

Prime Pharmaceutical Sdn. Bhd.  
1505, Lorong Perusahaan Utama 1  
Taman Perindustrian Bukit Tengah  
14000 Bukit Mertajam, Penang, Malaysia.

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