

MEPRESIN 20 (OLMESARTAN MEDOXOMIL 20MG TABLET)

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Olmesartan Medoxomil 20mg/40mg Tablet

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What MEPRESIN is used for

Olmesartan Medoxomil is used to treat essential hypertension (high blood pressure) in adults. 'Essential' means that the high blood pressure is not caused by any other condition.

How MEPRESIN works

Olmesartan Medoxomil belongs to a class of medicines known as angiotensin II receptor antagonists. Angiotensin II is a substance produced in your body which causes your blood vessels to narrow, thus increasing your blood pressure. Olmesartan blocks the effect of angiotensin II so that the blood vessels relax, and your blood pressure is lowered.

Before you use MEPRESIN

- When you must not use it

Do not take MEPRESIN if you:

- are allergic to olmesartan medoxomil or to any of the other ingredients of MEPRESIN.
- are in the second and third trimesters of pregnancy.
- suffer from problems with drainage of the bile from the gallbladder (biliary obstruction).
- have diabetes or impaired kidney function and you are treated with a blood pressure lowering medicine

containing aliskiren.

Pregnancy and lactation

Do not take MEPRESIN if you are pregnant, trying to get pregnant or think you may be pregnant.

Do not take MEPRESIN if you are breast-feeding. Ask your doctor or pharmacist for advice before taking any medicine.

- Before you start to use it

Before you take MEPRESIN, tell your doctor if you:

- have diarrhoea, vomiting, or you are on a treatment with high doses of diuretics or on a low salt diet
- are taking medicinal products that affect the renin-angiotensin-aldosterone system
- have kidney problems or have had a recent kidney transplant
- have liver disease
- have low potassium levels in blood
- are using medicinal products made of ACE-inhibitors, angiotensin II receptor blockers, aliskiren, or lithium
- have heart failure or problems with your heart valves or heart muscles
- have Conn's syndrome (excess production of aldosterone)
- have galactose intolerance, Lapp-lactase deficiency or glucose-galactose malabsorption

As with any medicine which reduces blood pressure, an excessive drop in blood pressure in patients with blood flow disturbances of the heart or brain could lead to a heart attack or stroke. Your doctor will therefore check your blood pressure carefully.

- Taking other medicines

Tell your doctor if you are taking any other medicines, including any that you

buy without a prescription from a pharmacy, supermarket or health food shop, particularly the following:

- Potassium supplements, salt substitutes which contain potassium, potassium-sparing diuretics or heparin (for thinning the blood). Using these medicines at the same time as MEPRESIN may raise the levels of potassium in your blood.
- Lithium (a medicine used to treat mood swings and some types of depression) used at the same time as MEPRESIN may increase the toxicity of lithium. If you have to take lithium, your doctor will measure your lithium blood levels.
- Non-Steroidal Anti-Inflammatory (NSAIDs) medicines (medicines used to relieve pain, swelling and other symptoms of inflammation, including arthritis) used at the same time as MEPRESIN may increase the risk of kidney failure and the effect of MEPRESIN can be decreased by NSAIDs.
- Other blood pressure lowering medicines (ACE-inhibitors, angiotensin II receptor blockers or aliskiren), as the effect of MEPRESIN can be increased.
- Certain antacids (indigestion remedies), as the effect of MEPRESIN can be slightly decreased.
- Colesevelam hydrochloride, a drug that lowers the level of cholesterol in your blood, as the effect of MEPRESIN may be decreased. Your doctor may advise you to take MEPRESIN at least 4 hours before colesvelam hydrochloride

How to use MEPRESIN

- How much to use

The usual dose is 20mg once a day. The dose can go up to 40mg once a day. If you have kidney or liver problems, the maximum dose is 20mg once a day.

Follow all directions given to you by your doctor and pharmacist carefully. They may differ from the information contained in this

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leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

- When to use it

Use as directed by your doctor or pharmacist.

- How long to use it

Continue taking MEPRESIN for as long as your doctor recommends.

- If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it. Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

- If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Taking too many tablets may cause low blood pressure and slow down the heartbeat.

While you are using it

- Things you must do

Take your medicine exactly as your doctor has told you. Tell all the doctors, dentists and pharmacists treating you that you are taking MEPRESIN. Tell your doctor immediately if you become pregnant while taking this medication.

- Things you must not do

Do not stop taking the medicine unless advised by your doctor. Do not take any new medicines without consulting your

doctor. Do not give MEPRESIN to anyone else, even if they have the same symptoms or condition as you.

- Things to be careful of

Children and adolescents (under 18)
MEPRESIN is not recommended for children and adolescents under the age of 18.

Black patients

As with other similar drugs the blood pressure lowering effect of MEPRESIN is somewhat less in black patients.

Driving and using machines

You may feel sleepy or dizzy while being treated for your high blood pressure. If the tablets make you feel sick, dizzy or tired, or give you a headache, do not drive or use machines and contact your doctor immediately.

Side effects

Like all medicines, MEPRESIN can cause side effects, although not everybody gets them.

Common side effects:

Dizziness, headache, nausea, indigestion, diarrhoea, stomach ache, stomach flu, tiredness, sore throat, runny or stuffy nose, bronchitis, flu-like symptoms, cough, pain, pain in the chest, back, bones or joints, infection of the urinary tract, swelling of ankles, feet, legs, hands, or arms, blood in the urine.

Some changes in blood test results have also been seen and include the following: Increased fat levels (hypertriglyceridaemia), increased uric acid levels (hyperuricaemia), rise in blood urea, increases in tests of liver and muscle function.

Uncommon side effects:

Low platelet count; swelling of the face, together with itching and rash (anaphylactic reaction); dizziness; chest pain; vomiting; skin allergy, redness, rash and itchiness; muscle pain; face swelling; lack of energy;

Rare side effects:

High potassium in the blood; blood pressure to fall too low; skin swelling; muscle spasm; kidney disorders; lethargy; creatinine in blood increase

Very rare side effects:

Severe, chronic diarrhea that leads to weight loss

Visit your doctor or pharmacist immediately if you experience any side effects after taking this medicine.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website npra.moh.gov.my (Public → Reporting Medicinal Problems/ Side effects/ AEFI)

Storage and Disposal of MEPRESIN

- Storage

Keep this medicine out of the sight and reach of children. Store below 30 Celcius, Protect from light

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

- What it looks like

For 20mg: White to off white coloured, 8.60 mm ± 0.3mm round shape, film coated tablets debossed with "OLM" on one side and "20" on the other side.

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For 40mg: White to off white 15.10 mm ±
0.3mm oval shape, film coated tablets
debossed with 'OLM' on one side and '40'
on the other side.

- Ingredients

Active ingredient: Olmesartan Medoxomil

Inactive ingredients

Lactose Monohydrate, cellulose
microcrystalline, Low substituted hydroxyl
propyl cellulose, Hydroxypropyl cellulose,
Stearic Acid, Magnesium Stearate, Opadry
white

- MAL number(s):

20MG: MAL20126124AZ

40MG: MAL20126123AZ

Manufacturer

ALKEM LABORATORIES LTD.
Village Thana, Baddi, Dist. Solan (H.P),
India.

Product Registration Holder

Ascend Laboratories Sdn Bhd
Level 25, Menara Hong Leong,
No. 6, Jalan Damanlela,
50490 Bukit Damansara
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