

200ml Bottle | Dimension : 18.5cm x 7cm

Batch no:

VitaHealth has been established since 1947.

Mfg Date:

Manufactured by:  
Eckhart Corp.  
2410 West Zion Road,  
Salisbury, Maryland 21801 USA.

Under license from:  
Vita Health Laboratories (Aust) Pty. Ltd.  
1/102 Bath Road,  
Kirrawee NSW 2232, Australia.

Product registration holder:  
VitaHealth Malaysia Sdn. Bhd.  
23, Jalan Jurunilai U1/20,  
Hicom Glenmarie Industrial Park,  
Seksyen U1, 40150 Shah Alam,  
Selangor Darul Ehsan, Malaysia.  
Tel: 03-5569 6323 enquiries@vitahealth.com.my

Exp Date:

Store in a dry place below 25°C.  
Protect from light and moisture.  
Keep out of reach of children.  
Jauhkan daripada capaian kanak-kanak.



# Multivitamins & Minerals

25 nutrients  
General health maintenance  
Health supplement



Once-a-day dose

100 Softgels



VitaHealth Multivitamins & Minerals is a comprehensive combination of 25 key ingredients, including antioxidants and lipotropic nutrients, hermetically sealed in a softgel for general health maintenance.

As a health supplement.

#### Directions:

Adults – Take 1 softgel, once daily, after a meal or as recommended by a doctor or pharmacist.

#### Each softgel contains:

|                                      |        |                             |        |
|--------------------------------------|--------|-----------------------------|--------|
| Iron .....                           | 20mg   | Vitamin C .....             | 75mg   |
| Safflower Oil .....                  | 250mg  | Vitamin D2 .....            | 400IU  |
| <i>providing linoleic acid 186mg</i> |        | Natural Vitamin E .....     | 2IU    |
| Methionine .....                     | 10mg   | <i>(d-alpha-tocopherol)</i> |        |
| Choline Bitartrate .....             | 31.4mg | Calcium .....               | 75.2mg |
| Inositol .....                       | 15mg   | Copper .....                | 0.45mg |
| Vitamin A .....                      | 5000IU | Iodine .....                | 75mcg  |
| Vitamin B1 .....                     | 5mg    | Magnesium .....             | 3mg    |
| Vitamin B2 .....                     | 2.5mg  | Manganese .....             | 0.5mg  |
| Nicotinamide .....                   | 40mg   | Molybdenum .....            | 0.1mg  |
| Calcium Pantothenate .....           | 4mg    | Phosphorus .....            | 58.1mg |
| Vitamin B6 .....                     | 0.5mg  | Potassium .....             | 2mg    |
| Vitamin B12 .....                    | 1mcg   | Zinc .....                  | 0.5mg  |
| Folic Acid .....                     | 0.5mg  |                             |        |

Source of gelatin: Bovine

Applicable for all pack sizes