

COUNTERPAIN PATCH

Glycol Salicylate 1.4% w/w, l-Menthol 4.9% w/w, dl-Camphor 0.9% w/w, Tocopherol Acetate 2.0% w/w

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This leaflet answers some common questions about Counterpain Patch. It does not contain all the available information. It does not take the place of talking to your pharmacist or doctor.

All medicines have risks and benefits. Your pharmacist or doctor has weighed the risks of you taking Counterpain Patch against the benefits they expect it will have for you.

If you have any concerns about taking this medicine, ask your pharmacist or doctor.

Keep this leaflet with the medicine. You may need to read it again.

What Counterpain Patch is used for

Counterpain Patch is used to relief of aches and pains in muscles and joints associated with lumbago, bruise, sprain, stiff shoulder, arthralgia, aching muscle, muscle fatigue, chilblains, bone-fracture pains.

How Counterpain Patch works

Counterpain Patch contains the active ingredients Glycol Salicylate 1.4% w/w, l-Menthol 4.9% w/w, dl-Camphor 0.9% w/w and Tocopherol Acetate (Vitamin E) 2.0% w/w.

Glycol Salicylate a salicylic acid derivative used similarly to methyl salicylate in topical rubefacient preparations for the relief of muscular and rheumatic pain.

l-Menthol is an organic compound that occurs naturally in mint plants, but it can also be made synthetically.

When applied to the skin menthol dilates the blood vessels, causing a sensation of coldness followed by an analgesic effect.

dl-Camphor acts as a rubefacient and mild analgesic.

Tocopherol Acetate is a powerful antioxidant that plays a role in immune function, DNA repair, and cell-membrane stabilization.

Before you use Counterpain Patch

- When you must not use it

Do not use Counterpain Patch:

- If you are allergic to external products or to the active ingredients contained in the formulation.

- Before you start to use it

Tell your pharmacist or doctor:

- If you are allergic to Glycol Salicylate or l-Menthol or dl-Camphor or Tocopherol Acetate or other salicylates (e.g. Salsalate); or if you have any other allergies.

Pregnancy and breast feeding:

- Consult your doctor or pharmacist for advice before taking this medicine if you are pregnant or breast-feeding.

- Taking other medicines

Tell your pharmacist or doctor if you are taking any other products (such as over the counter drug,

prescribed drug and herbal products).

How to use Counterpain Patch



Ensure the affected area is clean and dry. Remove the smaller film and stick the exposed patch on the affected area.



Stick the other part by removing the film. May use up to 4 to 6 hours.

- How much to use

Adult and children above 7 years old: Apply several times a day (maximum 4 times/day).

This product contains camphor and as such, can cause convulsion. Contraindicated in children below 2 years of age. Caution must be exercised when older children are treated. Avoid direct application into the nostrils.

Consult with your doctor if you want to apply this medicine to children under 12 years of age.

Do not apply this medicine to children under 7 years of age.

Before use, apply a small piece of the patch on the soft area inside the arm to make sure that no symptoms, such as eruptions, redness, itching and rashes, occur.

- When to use it

When the symptom of aches and pains in muscles and joints appear.

- How long to use it

Consult your doctor if your pain persists for more than 5 to 6 days.

- If you forget to use it

If you miss a dose, use it as soon as you remember.

- If you use too much (overdose)

No case of overdose has been reported. In the event of overdose with obvious clinical manifestations, stop use and consult a doctor or pharmacist.

While you are using it

- Things you must do

If you are about to start taking on any other new medicine, tell your pharmacist or doctor that you are using Counterpain Patch.

- Things you must not do

Do not apply this medication to skin that is injured or irritated (e.g., cut, rashes and sunburned).

Do not apply this medication around the eyes, mucous membranes, or eczema.

- Things to be careful of

If your skin is sensitive, avoid repeated use at the same site.

Side effects

Counterpain Patch may have unwanted side effects in some people.

Stop using this medication and tell your doctor immediately if any of these side effects occur:

- Rash
- Itching
- Redness
- Eruption

If you notice other effects not listed above, contact your doctor or pharmacist.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website portal.bpfk.gov.my (Consumers → Reporting)

Storage and Disposal of Counterpain Patch

- Storage

Store below 30°C.
Avoid direct sunlight.
Keep out of reach of children.
After opening, fold the opening of the package for storage.

- Disposal

Dispose the medicine after the expiry date. Consult your pharmacist on how to safely dispose of any medicines no longer required.

Product description

- What it looks like

Counterpain Patch is a 10cm × 7cm plaster.

Counterpain Patch is available in 4 patches per box.

- Ingredients

Active ingredients:

Each patch contains 1.4% w/w of Glycol Salicylate, 4.9% w/w of l-Menthol, 0.9% w/w of dl-Camphor and 2.0% w/w of Tocopherol Acetate (Vitamin E).

Inactive ingredients:

Styrene-isoprene-styrene block copolymer, Polyisobutylene, Liquid paraffin, Ester gum, Titanium oxide, Silicon dioxide, Thymol, 2-Mercaptobenzimidazole, and Dibutylhydroxytoluene.

- MAL number

MAL15085068X

Manufacturer and Product Registration Holder

- Manufacturer

TOKUHON Corporation, Saitama, JAPAN

- Product Registration Holder

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